


PDMP NURSE PRACTITIONER HIGHLIGHTS

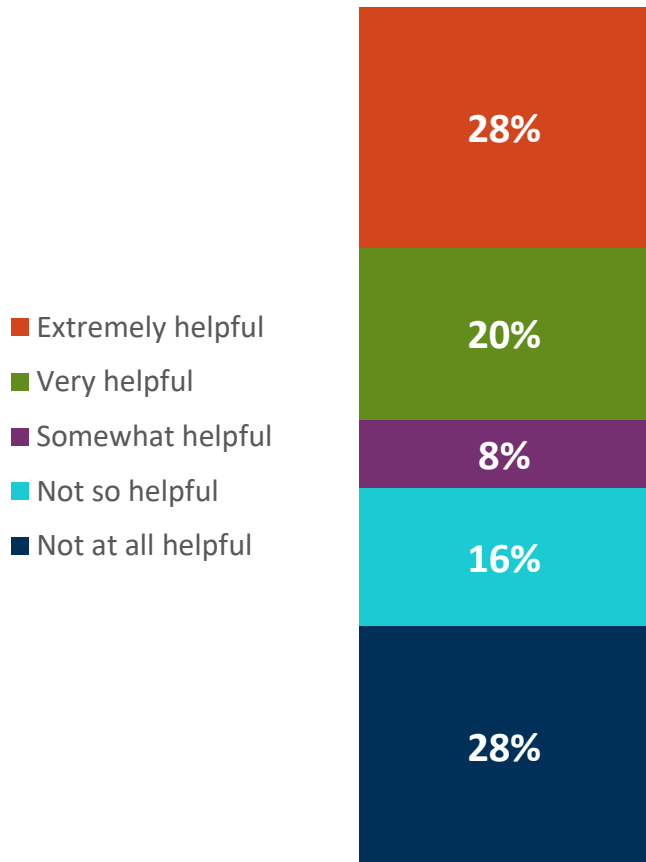
The **2023 Prescription Drug Monitoring Program (PDMP) Awareness Feedback** survey was distributed to prescribers in Alaska to gauge their experience with the PDMP. This fact sheet shows the results of this survey for the **69** prescribing nurse practitioners (NP) who responded to the survey. The majority (87%) of NPs have been using the PDMP for at least 3-4 years.

Please see main report for details.



80%
of NPs prescribe controlled substances at least monthly.

How helpful is your licensing board regarding PDMP registration?



Half of responding NPs indicated they have not attempted to contact their board.

*Of NPs who did, **56%** found their board at least somewhat helpful.*

Note: Percents do not include respondents who said they had not contacted their board.

When do NPs check the PDMP?

Every patient I am prescribing a controlled substance to

74%

74%

Check the PDMP for every patient they are prescribing a controlled substance to

Patients who request a specific controlled substance

45%

Patients with known substance misuse

29%

Patients with known behavioral health issues

17%

Other

15%

Every patient, regardless of the prescription

12%

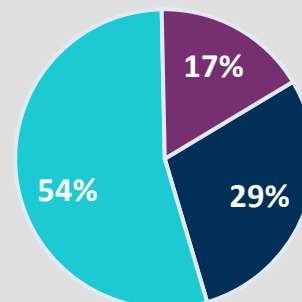
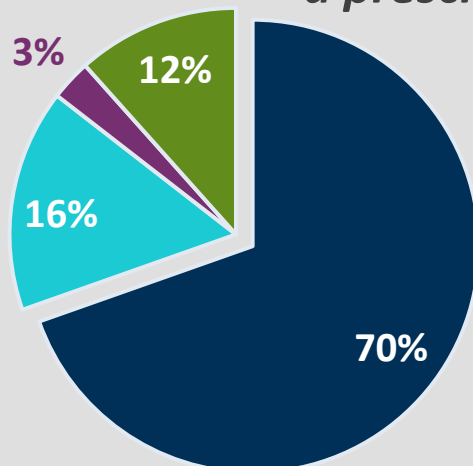
Patients who look suspicious

12%

Note: Percents add up to more than 100% because of multiple selection.

*Most NPs review patients in the PDMP **before** their appointment, and about half (54%) of those that they review beforehand are patients with a current prescription or who they anticipate will need a prescription.*

- Before appointment
- During appointment
- After appointment
- Other



- All patients, regardless of prescription status
- Only patients with current Rx or who I anticipate will need Rx
- Other

Do NPs Dispense?



3%

Just two (3%) NPs reported that they directly dispense controlled substances

0%

Of NPs zero report on days they do not directly dispense



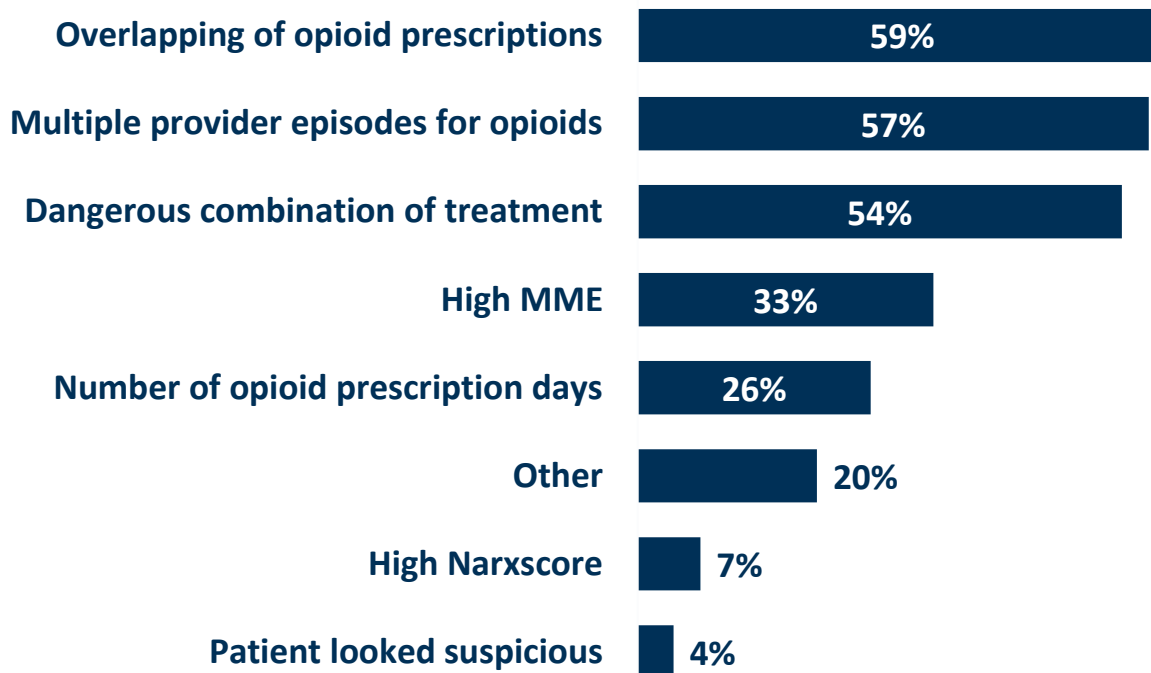
■ Immediately ■ Only when I directly dispense

Denial of prescriptions

67%

of responding NPs reported denying a prescription because of information found in PDMP

Reasons for Denial



Note: Percents add up to more than 100% because of multiple selection.



8 out of 10 NPs found patient prescription history extremely or very valuable for informing decision making.

PDMP usage and barriers to usage

Why NPs use PDMP

It reduces prescription opioid misuse, abuse, and diversion



It is mandatory to do so



It is my moral and ethical obligation to do so



I do not want to be viewed by patients as an easy provider to obtain prescriptions



I believe I am making a difference



For self-preservation



I do not want to be perceived as a problematic prescriber by my peers



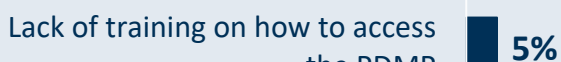
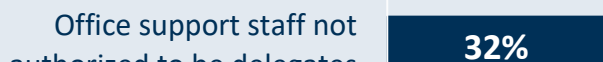
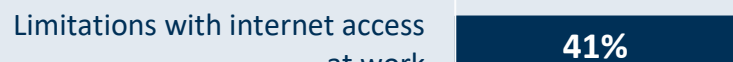
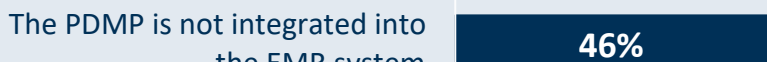
Other



Most NPs reported using the PDMP to reduce misuse, abuse, and diversion

Note: Percents add up to more than 100% because of multiple selection.

Barriers to using PDMP



32%
experienced barriers to using the PDMP

Nearly all NPs who selected other reported the slowness of the PDMP being the main barrier.

Note: Percents add up to more than 100% because of multiple selection.

Report card & enhancements

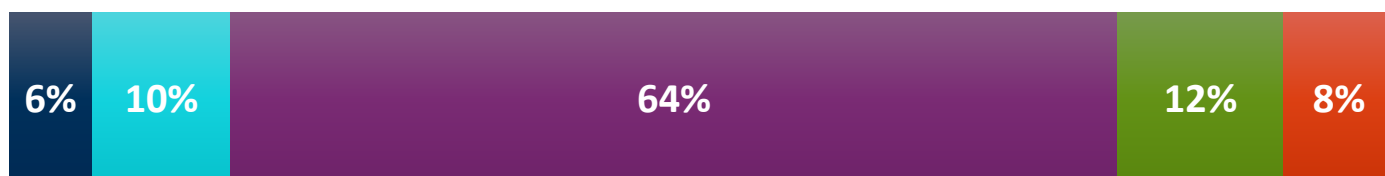


75% of NPs receive a prescriber report card.

I changed prescribing patterns as a result of report card



I was surprised by how I compare to other prescribers in same specialty



■ Strongly agree ■ Agree ■ Neither agree nor disagree ■ Disagree ■ Strongly disagree

*Note: percents are calculated out of respondents who indicated that they receive a report card.

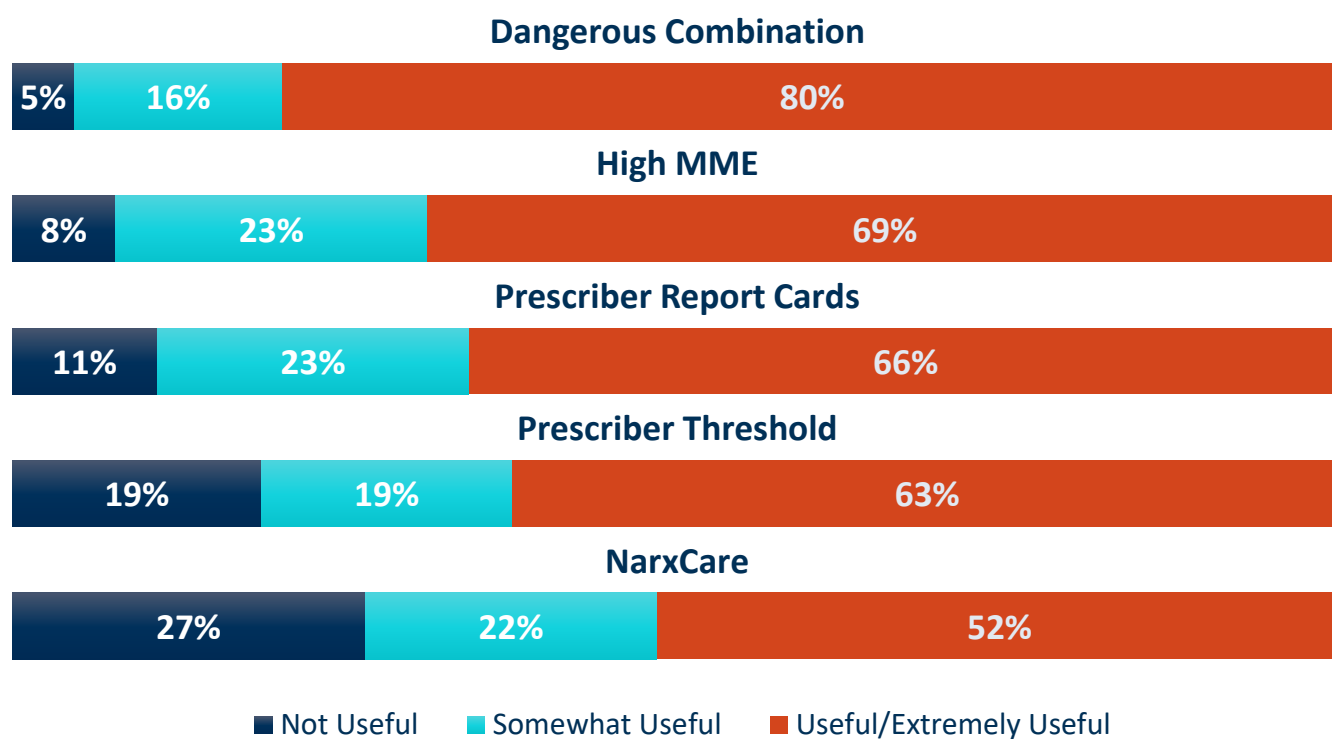
Most NPs were not surprised by how they compared to other prescribers.

Few (10%) changed prescribing patterns based on report card.

28% of NPs have reviewed their compliance report in the PDMP

53% reported that they did not know they could review their compliance report

Usefulness of PDMP Enhancements



The most useful enhancements are dangerous combination alerts and high MME alerts while NarxCare is considered the least useful.

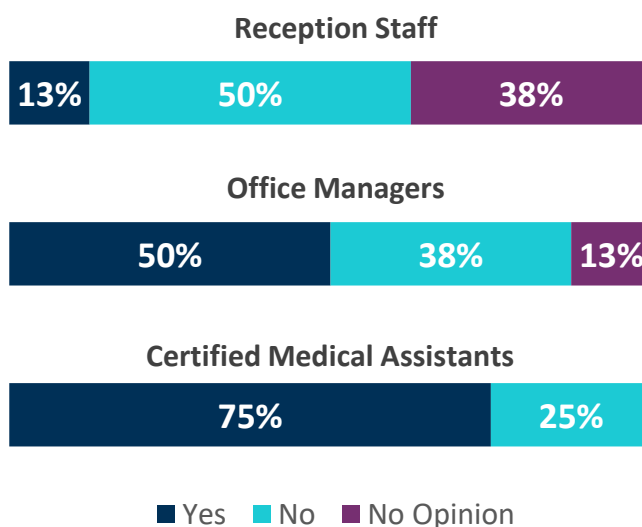
Use of authorized delegates



13% of NPs have authorized delegates on their accounts.

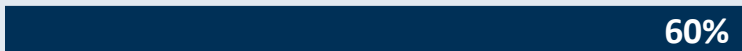
Most NPs with authorized delegates had 1-2 delegates on their account (75%) and found delegates to be very or extremely helpful (63%).

Who should be delegates?

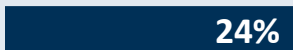


24% of NPs who don't have delegates are interested in learning about adding delegates.

I prefer to check on my own



Other



I don't understand how to allow them



Too much responsibility to share



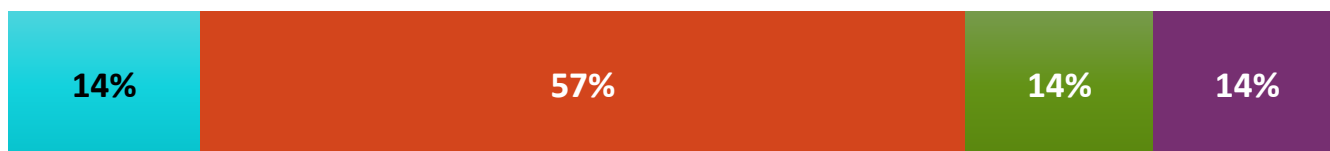
The majority of NPs don't have delegates because they prefer to check on their own.

Impacts of COVID-19

Increased patient queries due to seeing more patients during pandemic



Reviewed less patients due to not seeing patients as frequently



■ Strongly Agree ■ Agree ■ Neither Agree nor Disagree ■ Disagree ■ Strongly Disagree

Only 11% of NPs said their PDMP use was affected by COVID-19. Those indicating an impact largely reported not changing the frequency in which they conducted patient PDMP reviews.

