

This report contains summary data from the Prescription Drug Monitoring Program (PDMP). Data is provided as a courtesy for the board and is intended to be used for informational purposes only.

News

- The results of the 2023 PDMP Awareness and Feedback Questionnaire have been posted to the website. The summary of Nursing provider participation is attached with the Delegate participation report.
- [Statewide Gateway Integration](#) is ongoing.
- Auto-approval has been enabled!
- We have applied for grants with our partners at Department of Health for funding from the Centers and Disease Control and Prevention (CDC) and the Bureau of Justice Assistance. Awards will be announced this fall.

Registration

Some licensed providers may be registered as an IHS, Military, or VA Prescriber and would not be counted in the number registered in AWARxE (PDMP).

Portal

Number of licensed APRN's: 1947
Controlled Substance Prescriptive Authority: 1,505
Number with DEA Registrations: 1,436
Number of PDMP Designations: 1,399
Directly Dispensing Controlled Substances: 78

AWARxE (PDMP)

Number registered in the PDMP: 1,256

Use – Review Compliance

Federally Scheduled II – III controlled substances, over a three-day supply (emergency, surgical and oncology specialties are omitted). The database does not capture treatment codes and is therefore not able to account for prescription(s) not reviewed due to some of the exemptions in AS 17.30.200(k)(4)(A).

Q1 2023: 44%

Q2 2023: 47%

Delinquent Reporters

We are working to enable the tools to monitor compliance. We are reaching out to providers to ensure they understand how and when to report.


Recommendations

- Promote increased reviewing. Mandatory review applies to non-refillable federally scheduled II – III controlled substances over a three-day supply (for further exemptions see AS 17.30.200(k)).
- Remind providers who are directly dispensing to report daily, including zero reports.
- Sign up for [Statewide Gateway Integration](#).
- Encourage the use of authorized delegates.

PDMP NURSE PRACTITIONER HIGHLIGHTS

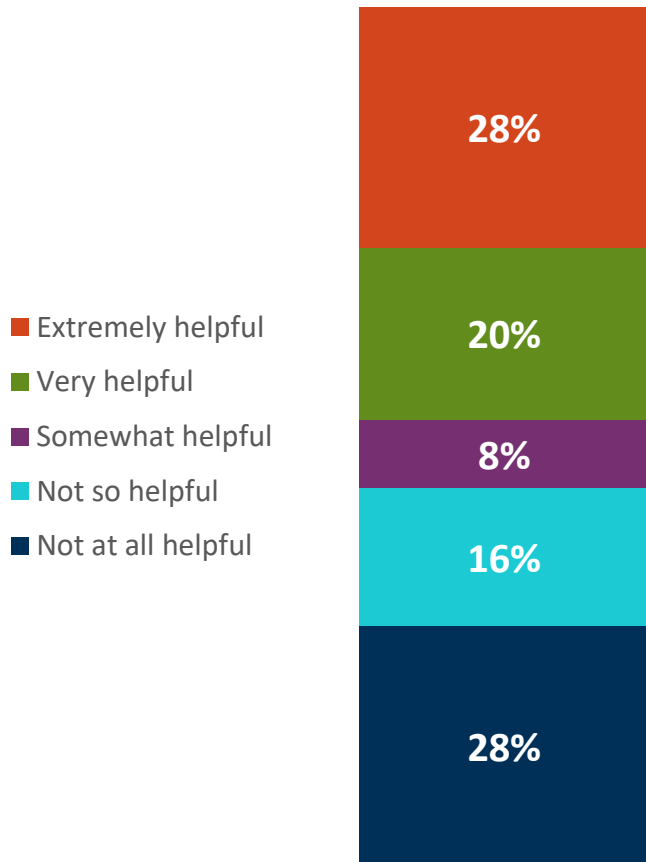
The **2023 Prescription Drug Monitoring Program (PDMP) Awareness Feedback** survey was distributed to prescribers in Alaska to gauge their experience with the PDMP. This fact sheet shows the results of this survey for the **69** prescribing nurse practitioners (NP) who responded to the survey. The majority (87%) of NPs have been using the PDMP for at least 3-4 years.

Please see main report for details.



80%
of NPs prescribe controlled substances at least monthly.

How helpful is your licensing board regarding PDMP registration?

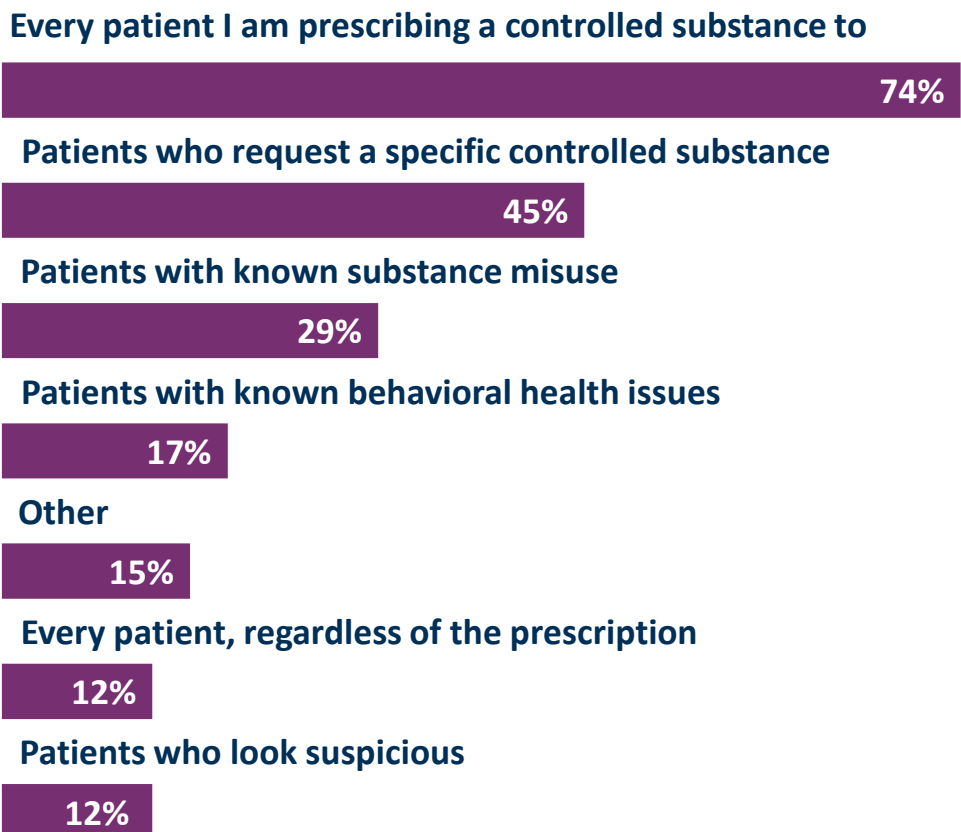


Half of responding NPs indicated they have not attempted to contact their board.

*Of NPs who did, **56%** found their board at least somewhat helpful.*

Note: Percents do not include respondents who said they had not contacted their board.

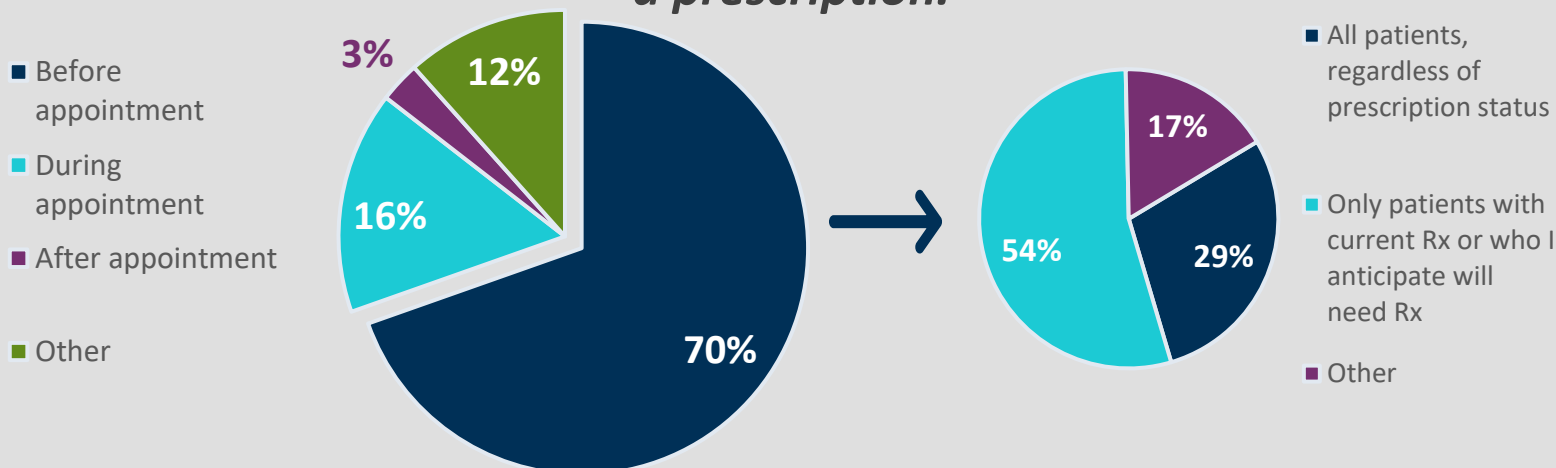
When do NPs check the PDMP?



74%
Check the PDMP for every patient they are prescribing a controlled substance to

Note: Percents add up to more than 100% because of multiple selection.

*Most NPs review patients in the PDMP **before** their appointment, and about half (54%) of those that they review beforehand are patients with a current prescription or who they anticipate will need a prescription.*



Do NPs Dispense?



3%

Just two (3%) NPs reported that they directly dispense controlled substances

0%

Of NPs zero report on days they do not directly dispense



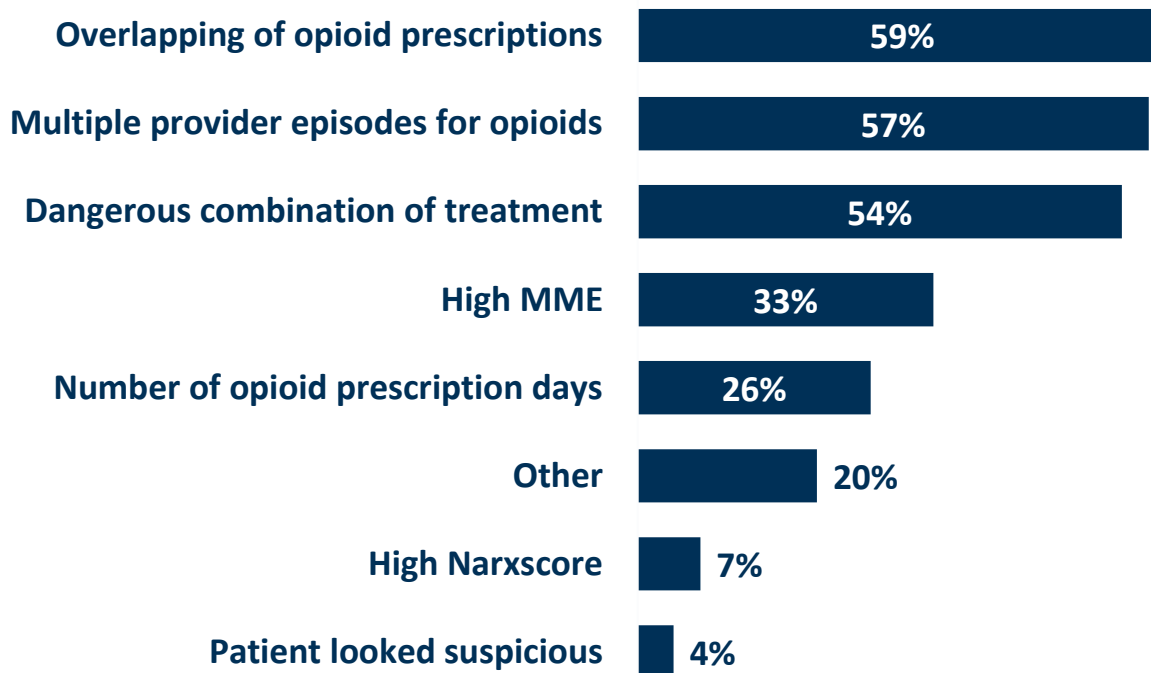
■ Immediately ■ Only when I directly dispense

Denial of prescriptions

67%

of responding NPs reported denying a prescription because of information found in PDMP

Reasons for Denial



Note: Percents add up to more than 100% because of multiple selection.



8 out of 10 NPs found patient prescription history extremely or very valuable for informing decision making.

PDMP usage and barriers to usage

Why NPs use PDMP

It reduces prescription opioid misuse, abuse, and diversion



It is mandatory to do so



It is my moral and ethical obligation to do so



I do not want to be viewed by patients as an easy provider to obtain prescriptions



I believe I am making a difference



For self-preservation



I do not want to be perceived as a problematic prescriber by my peers



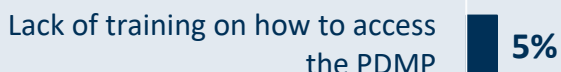
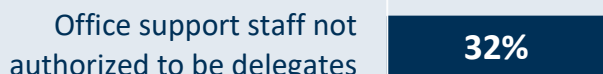
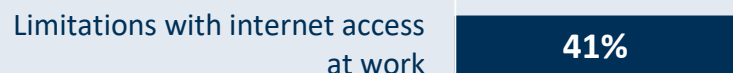
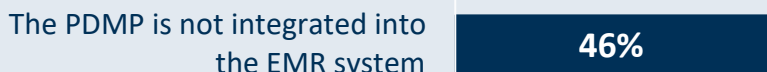
Other



Most NPs reported using the PDMP to reduce misuse, abuse, and diversion

Note: Percents add up to more than 100% because of multiple selection.

Barriers to using PDMP



32%
experienced barriers to using the PDMP

Nearly all NPs who selected other reported the slowness of the PDMP being the main barrier.

Note: Percents add up to more than 100% because of multiple selection.

Report card & enhancements

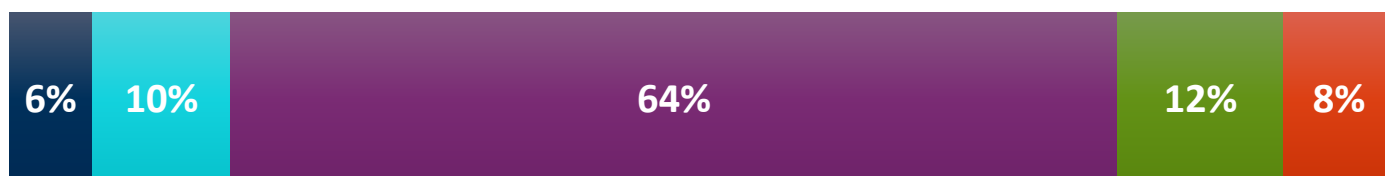


75% of NPs receive a prescriber report card.

I changed prescribing patterns as a result of report card



I was surprised by how I compare to other prescribers in same specialty



■ Strongly agree ■ Agree ■ Neither agree nor disagree ■ Disagree ■ Strongly disagree

*Note: percents are calculated out of respondents who indicated that they receive a report card.

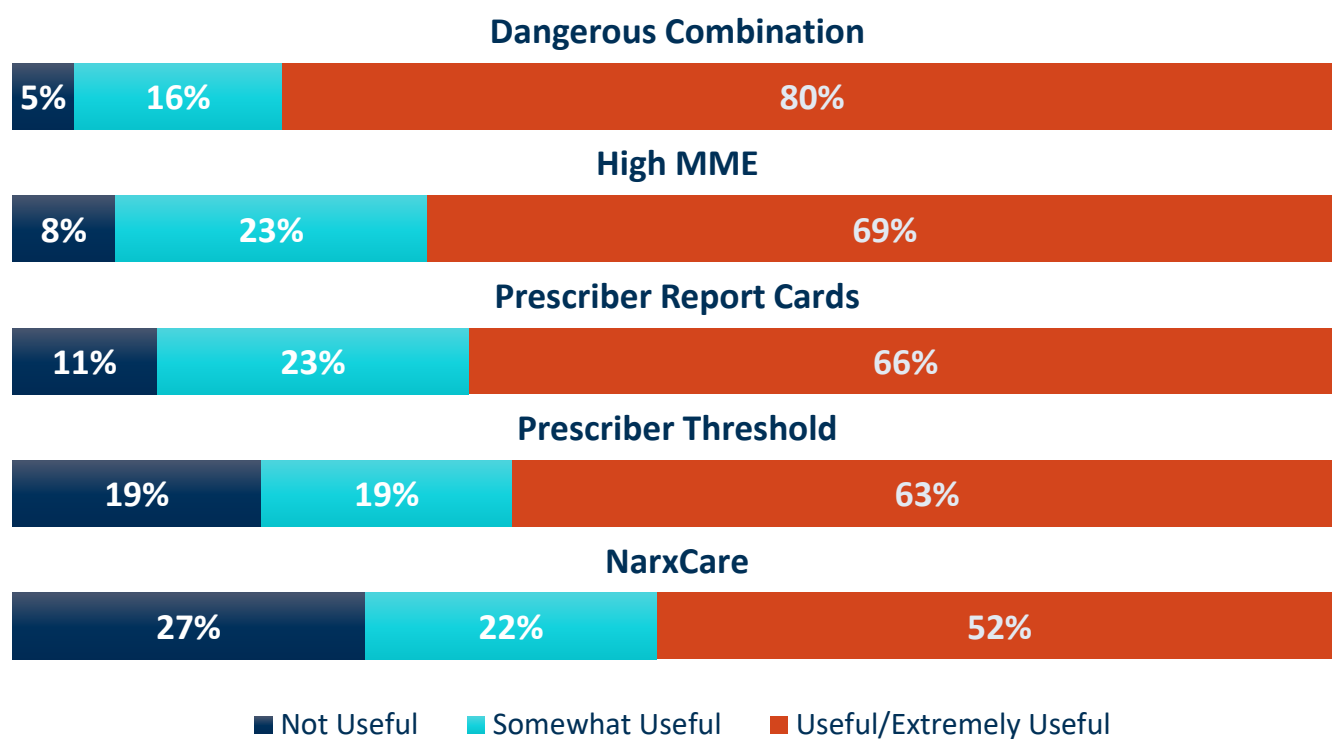
Most NPs were not surprised by how they compared to other prescribers.

Few (10%) changed prescribing patterns based on report card.

28% of NPs have reviewed their compliance report in the PDMP

53% reported that they did not know they could review their compliance report

Usefulness of PDMP Enhancements



The most useful enhancements are dangerous combination alerts and high MME alerts while NarxCare is considered the least useful.

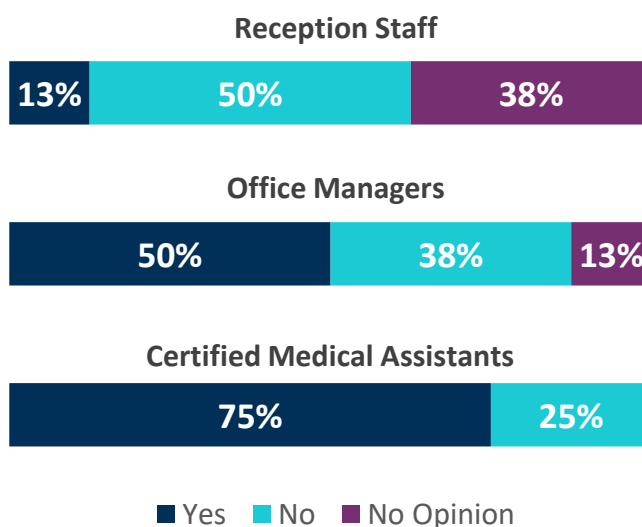
Use of authorized delegates



13% of NPs have authorized delegates on their accounts.

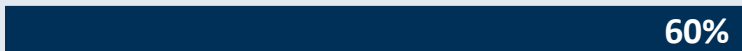
Most NPs with authorized delegates had 1-2 delegates on their account (75%) and found delegates to be very or extremely helpful (63%).

Who should be delegates?



24% of NPs who don't have delegates are interested in learning about adding delegates.

I prefer to check on my own



Other



I don't understand how to allow them



Too much responsibility to share



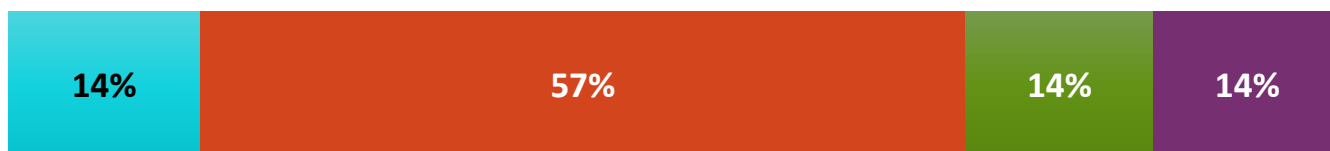
The majority of NPs don't have delegates because they prefer to check on their own.

Impacts of COVID-19

Increased patient queries due to seeing more patients during pandemic



Reviewed less patients due to not seeing patients as frequently



■ Strongly Agree ■ Agree ■ Neither Agree nor Disagree ■ Disagree ■ Strongly Disagree

Only 11% of NPs said their PDMP use was affected by COVID-19. Those indicating an impact largely reported not changing the frequency in which they conducted patient PDMP reviews.



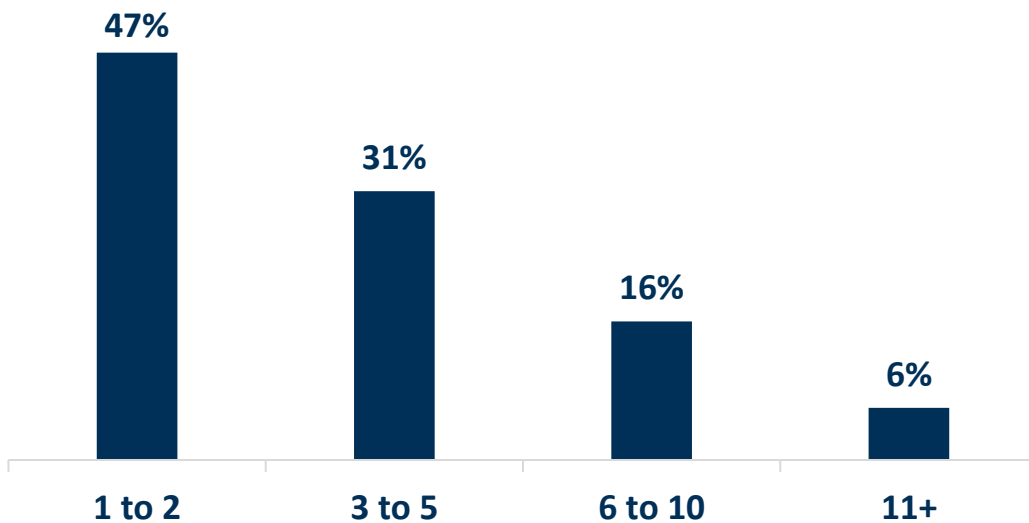
PDMP DELEGATES HIGHLIGHTS

The **2023 Prescription Drug Monitoring Program (PDMP) Awareness Feedback survey** was distributed to users in Alaska to gauge their experience with the PDMP. This fact sheet shows the results of this survey for **38 delegates** who participated. Half of the delegates have used the PDMP for at least **3-4 years**.

Please see main report for details.

Delegate background

Number of PDMP users with whom delegates are registered



91%

of delegates work for a prescriber in a hospital or office.

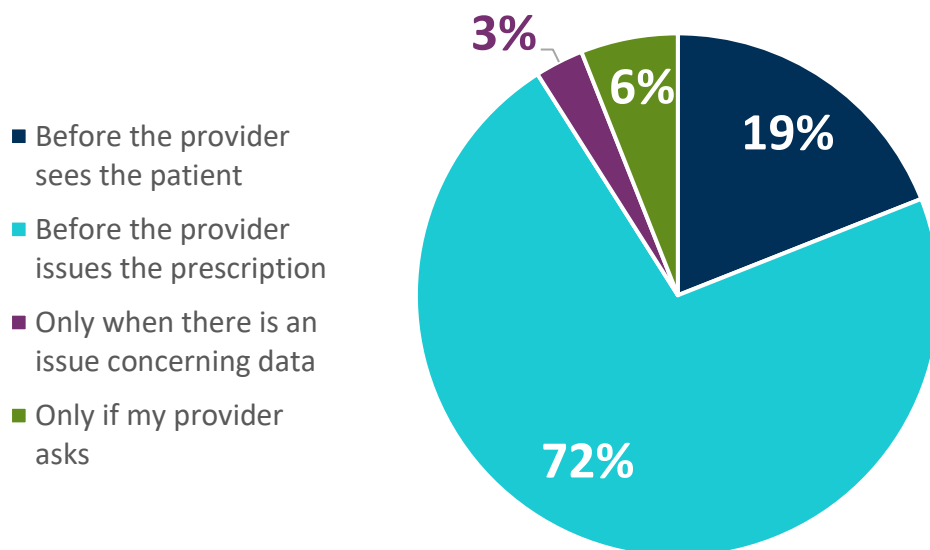
9%

of delegates work for a pharmacist.

DELEGATES HIGHLIGHTS

Sharing PDMP Information

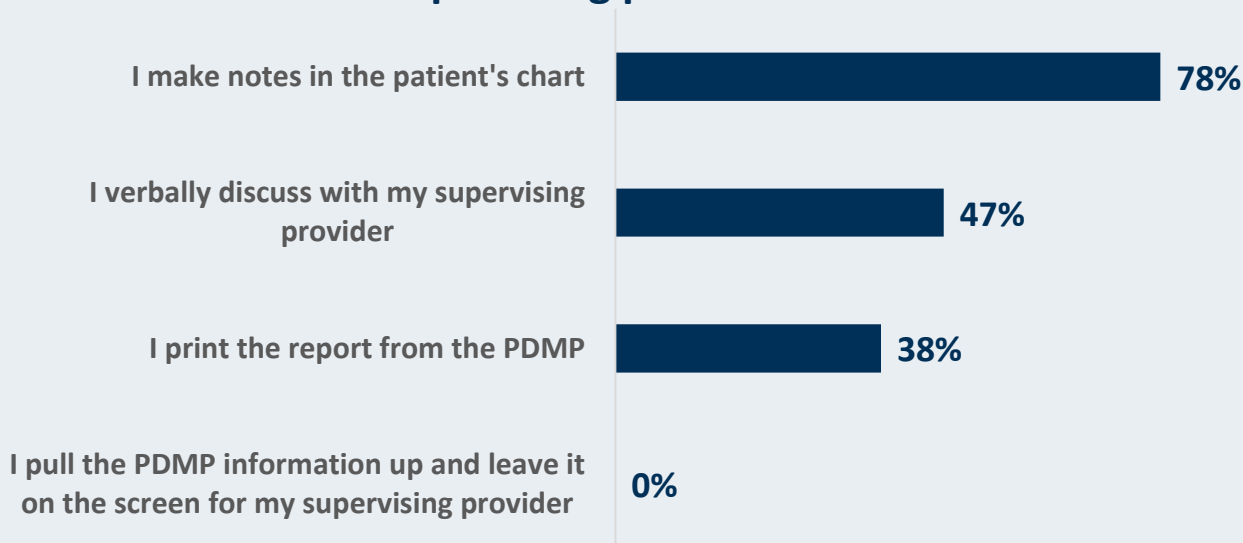
When delegates share PDMP information with their supervising provider



72% of delegates share information before the provider issues the prescription.

Nearly 4 out of 5 of delegates share PDMP info by making notes in the patient's chart

How delegates share PDMP information with the supervising provider



Note: Percents add up to more than 100% because of multiple selection.

DELEGATES HIGHLIGHTS

Delegate integration into clinical practice

How delegates learn about the opportunity to become a delegate

From the facility where I am employed

69%

From my supervisor

16%

My own research

6%

From a co-worker

6%

Other

3%



Note: Percents add up to more than 100% because of multiple selection.

How delegates perceive their role to be useful

Delegates feel their role is most useful for reviewing prescription history, improving office workflow, and saving time

To review patient prescription history

94%

Improving office workflow

49%

Reducing time constraints

39%

Quality review of providers prescribing practices

24%

Distributing workload

21%

To submit prescription data

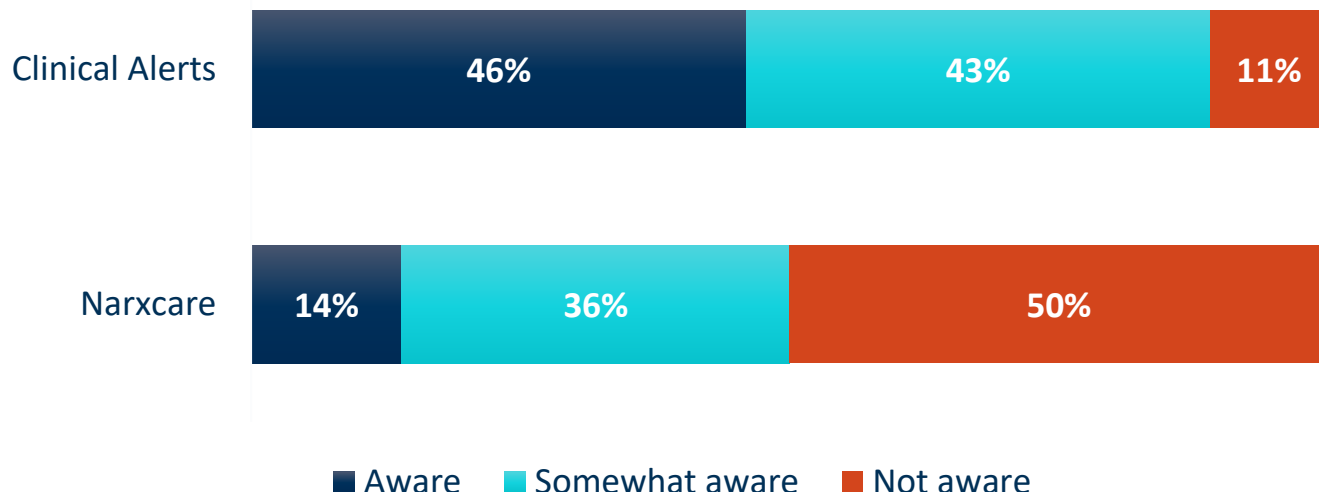
21%

Other

3%

Note: Percents add up to more than 100% because of multiple selection.

Awareness of PDMP enhancements



Delegates were most aware of clinical alerts and least aware of NarxCare enhancements.

The most useful PDMP enhancements are dangerous combination alerts, while NarxCare is considered the least useful.

Usefulness of PDMP enhancements

