

This report contains summary data from the Prescription Drug Monitoring Program (PDMP). Data is provided as a courtesy for the board and is intended to be used for informational purposes only.

### News

- We are currently advertising for a Project Assistant to work on a sustainable plan to monitoring reporting compliance.
- The Communications module was enabled on February 8, 2022. Specific user configurations were completed on February 22, 2022.
- We are currently data sharing with 17 states and the Military Health System.
- We conducted a delegate audit during the month of March. Of the 982 providers who had delegates, 719 did not reverify their delegates during the audit.
- The 2021 Awareness and Feedback Questionnaire results are posted on the pdmp website under the resources tab. (APRN and Delegate user role factsheets are attached to this report).

### Upcoming Activities

- The 2022 Awareness and Feedback Questionnaire will launch in June. An announcement will be made through AWARxE and posted to users' dashboards.
- The division received funding to hire a consultant to conduct a review and assessment of the PDMP. The RFP will be issued soon, and work will begin as soon as possible. The division is looking forward to the opportunity to have a third-party do an analysis and provide feedback.

### Registration Portal

Number of licensed Nurses: 1,757

Prescriptive Authority: 1,454

Number with DEA Registrations: 1,446

Number of PDMP Nursing registrations: 1,333

Directly Dispensing Controlled Substances: 88

Number of providers who received a prescriber report card: 592

### AWARxE (PDMP)

Number registered with the PDMP: 1,173

Does not include anyone registered with an IHS, VA, or Military user role.

### Review

Federally scheduled II – III controlled substances over a three-day supply (some specialties omitted).

Q4 2021: 45%

Q1 2022: 45%

### Recommendations

- Promote increased reviewing. Mandatory review applies to non-refillable federally scheduled II – III controlled substances over a three-day supply (for further exemptions see AS 17.30.200(k)).
- Encourage the option of using delegates to assist with reviews.
- Provide guidance to licensees on prescribing practices related to the use of dangerous combinations.
- Remind providers who are directly dispensing to report daily, including zero reports.

# PDMP NURSE PRACTITIONER HIGHLIGHTS\*

The **2021 Prescription Drug Monitoring Program (PDMP) Awareness Feedback** survey was distributed to prescribers in Alaska to gauge their experience with the PDMP. This pamphlet shows the results of this survey for nurse practitioners who prescribe controlled substances. **There were 159 respondents.**

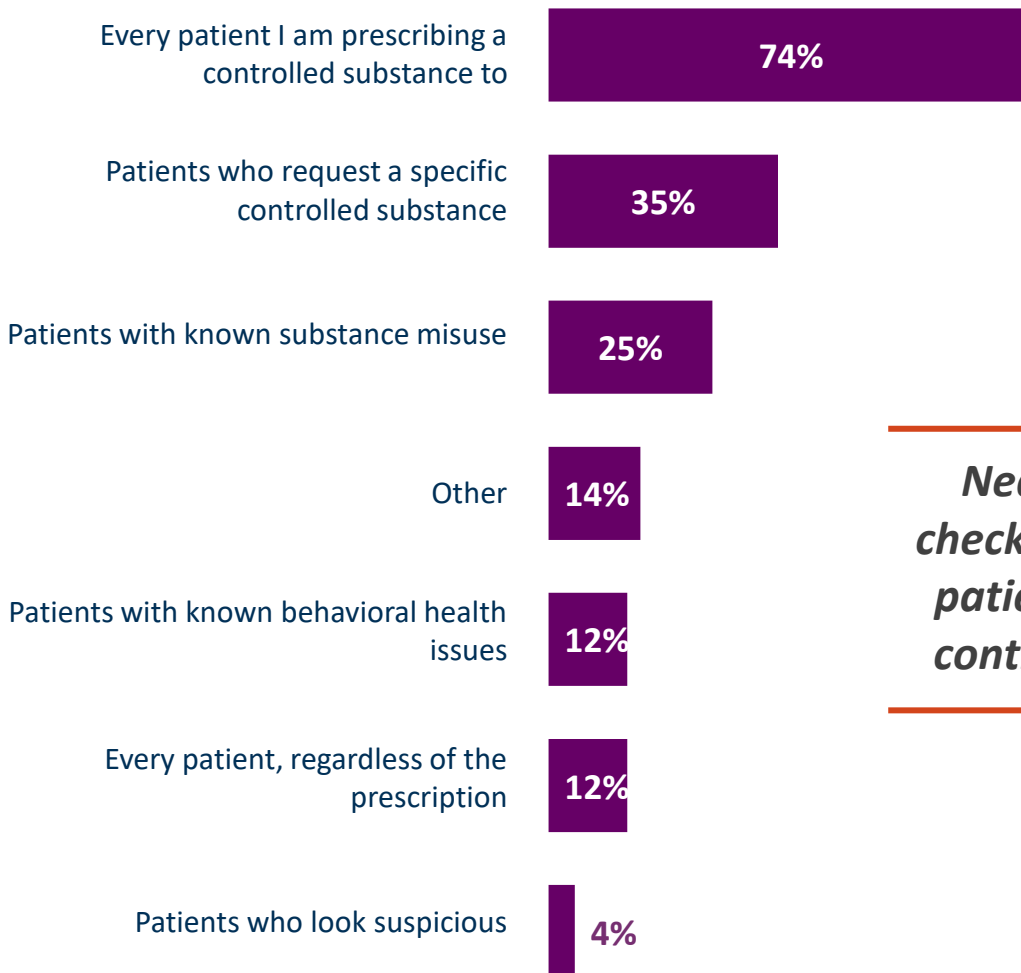
Please see main report for details.



# 71%

*of NPs prescribe controlled substances at least monthly.*

## How do NPs decide when to check PDMP?



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*Nearly 3 out of 4 NPs check the PDMP for every patient they prescribe a controlled substance to.*

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Note: Percents add up to more than 100% because of multiple selections.

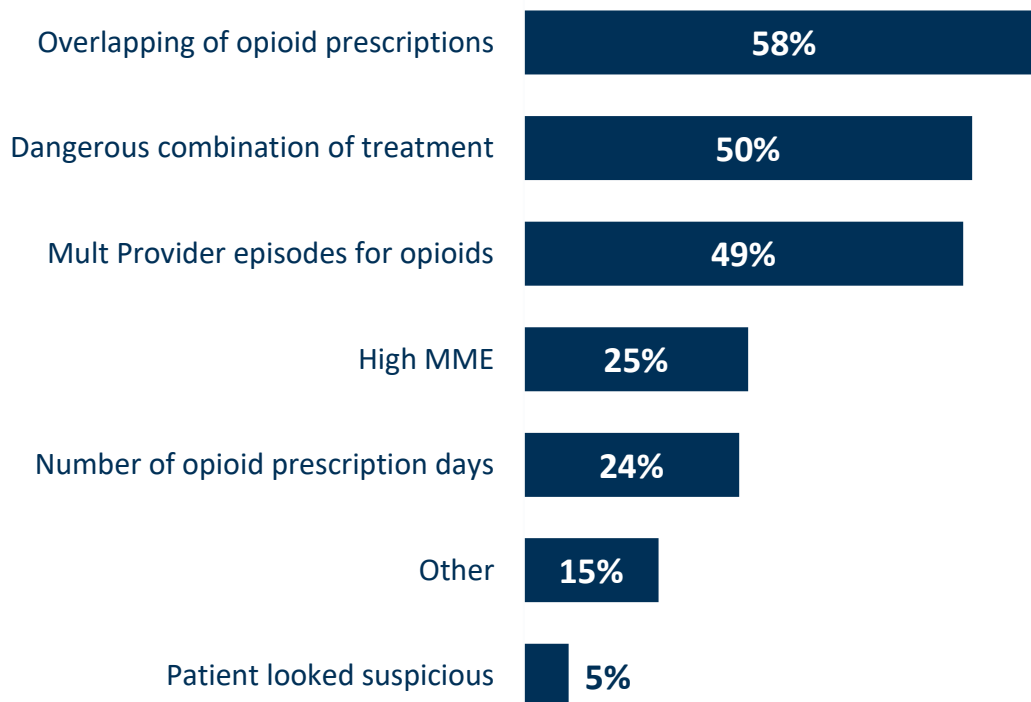
\* Includes APRN, NP, CNM, CNS, CRNA

## Denial of prescriptions

**63%**

*denied a prescription because of information found in PDMP*

### Reasons for Denial



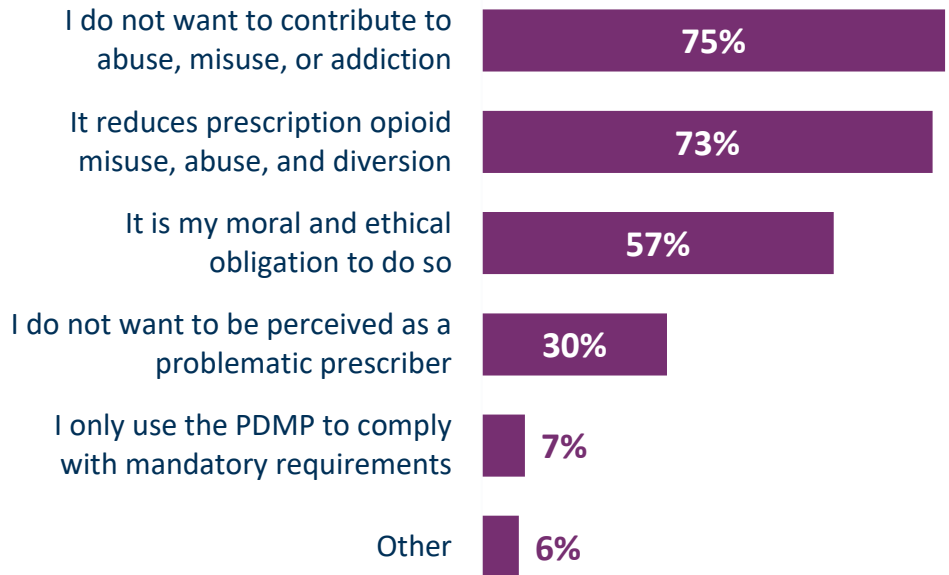
*Note: Percents add up to more than 100% because of multiple selections.*

**84%** of NPs found patient prescription history extremely or very valuable for informing decision making.

## PDMP usage and barriers to usage

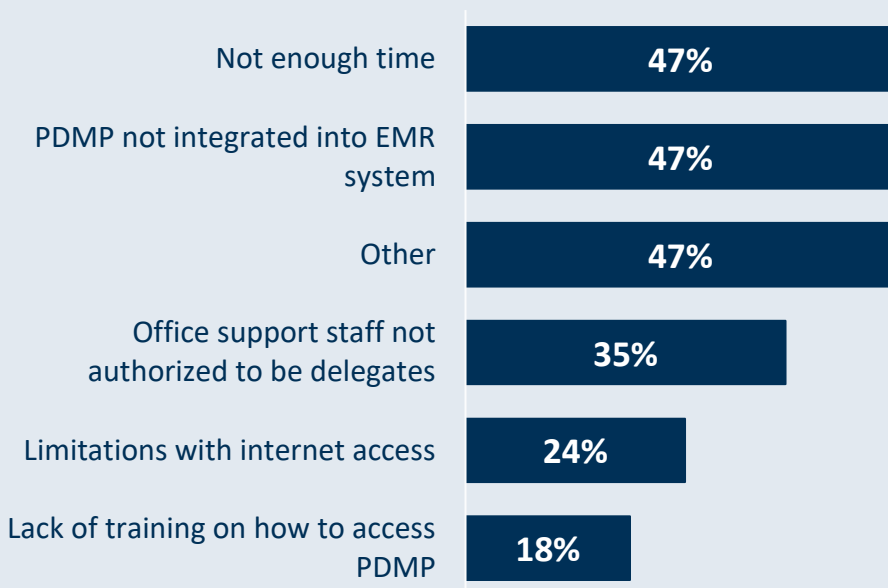
**Most NPs reported using the PDMP to combat the opioid epidemic.**

### Why NPs use PDMP



Note: Graph shows the top 3 and bottom 3 responses for NPs.

### Barriers to using PDMP



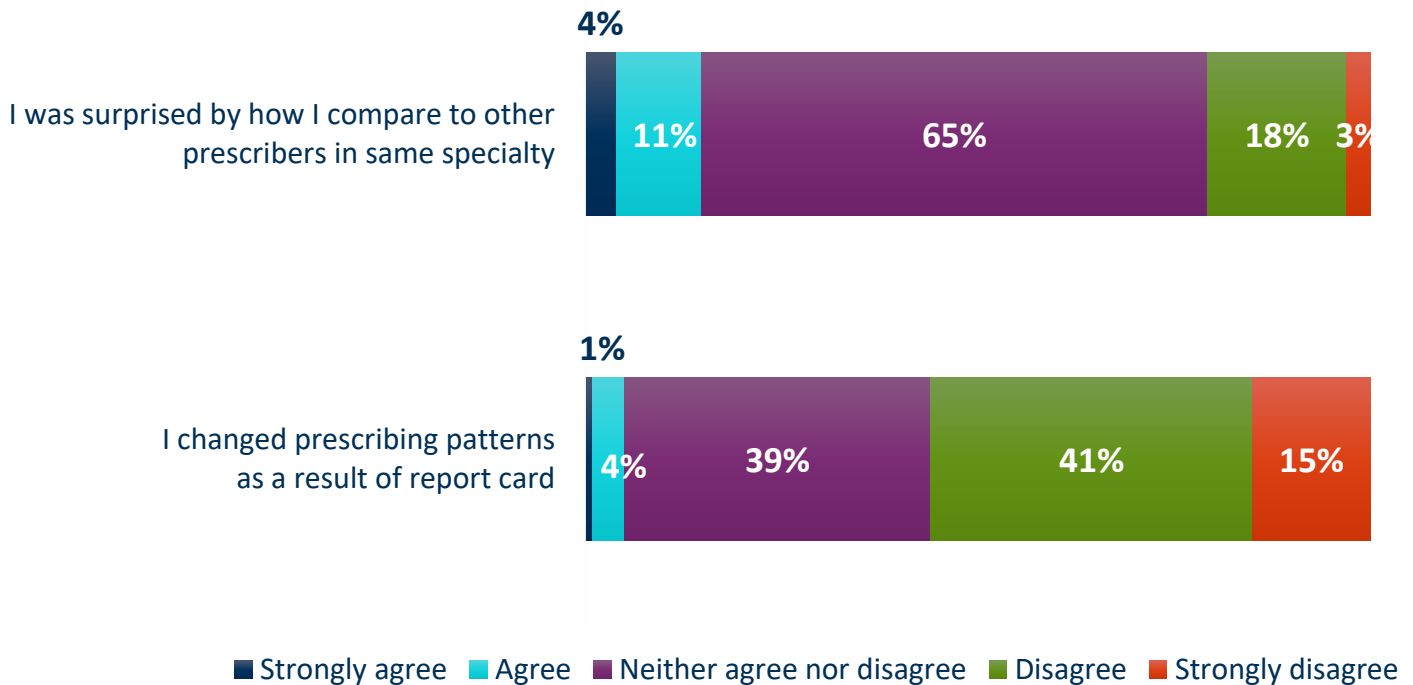
**22%**  
*experienced barriers to using the PDMP*

Note: Percents add up to more than 100% because of multiple selection.

## Report card & enhancements



**74%** of NPs receive a  
prescriber report card.



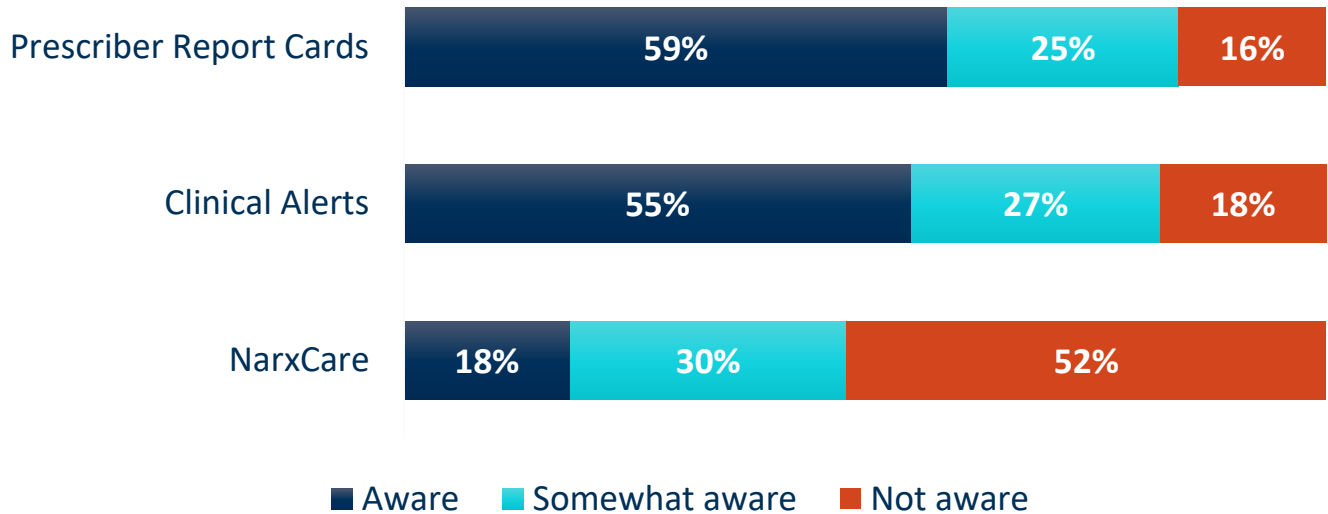
\*Note: percents are calculated out of respondents who indicated that they do receive a report card.

*Most NPs are not surprised by how they compared to other prescribers.*

*Only a few changed prescribing patterns based on report card.*

**45%**  
*of NPs have reviewed their compliance report in the PDMP. However, a large proportion (37%) also reported that they did not know they could.*

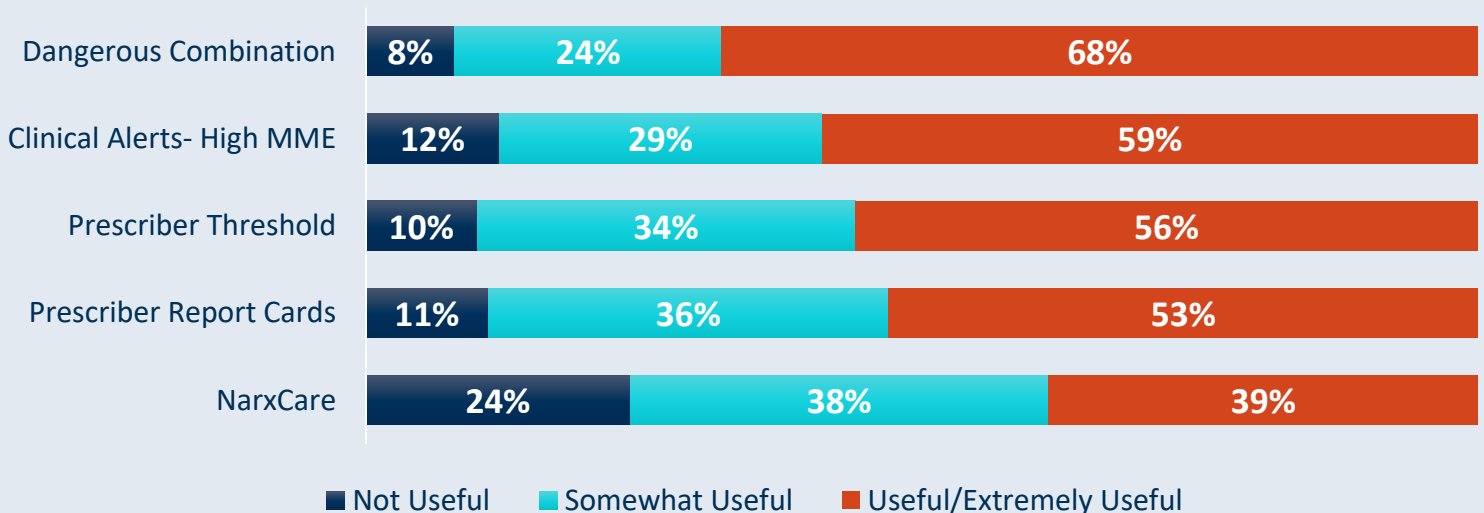
## Awareness of PDMP enhancements



*NPs were most aware of prescriber report cards and least aware of NarxCare enhancements.*

*The most useful PDMP enhancements are danger combination alerts, while NarxCare is considered the least useful.*

## Usefulness of PDMP enhancements



## Impacts of COVID-19

COVID-19 pandemic has affected PDMP use



Increased patient queries due to seeing more patients during pandemic



Reviewed less patients due to not seeing patients as frequently



■ Agree/Somewhat Agree    ■ Neither agree nor disagree    ■ Disagree/Somewhat Disagree

***Generally, NPs did not feel their PDMP use was affected by COVID-19. However, 25% reported reviewing less patients due to not seeing them as frequently. Only 9% saw an increase in patient queries due to the pandemic.***



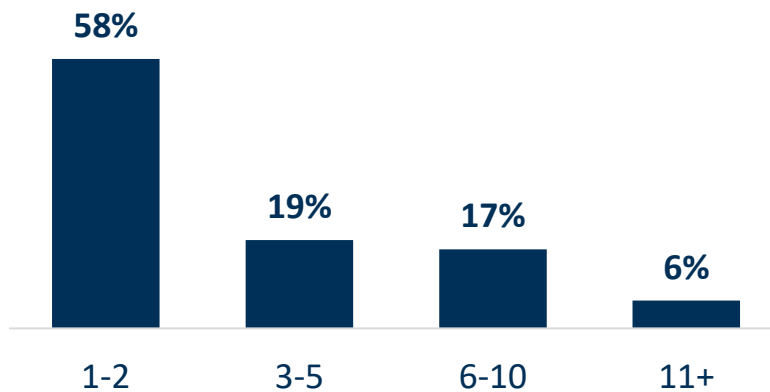
# PDMP DELEGATES HIGHLIGHTS

The **2021 Prescription Drug Monitoring Program (PDMP) Awareness Feedback survey** was distributed to users in Alaska to gauge their experience with the PDMP. This pamphlet shows the results of this survey for delegates who prescribe controlled substances. **There were 69 respondents.**

Please see main report for details.

## Delegate background

Number of PDMP users delegates are registered with



**86%**

*of delegates work for a prescriber in a hospital or office.*

**14%**

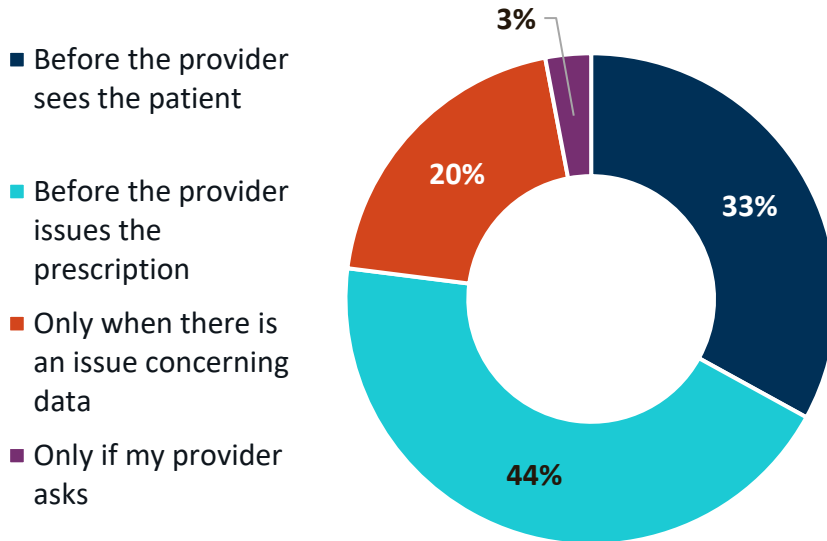
*of delegates work for a pharmacist.*



# DELEGATES HIGHLIGHTS

## Sharing PDMP Information

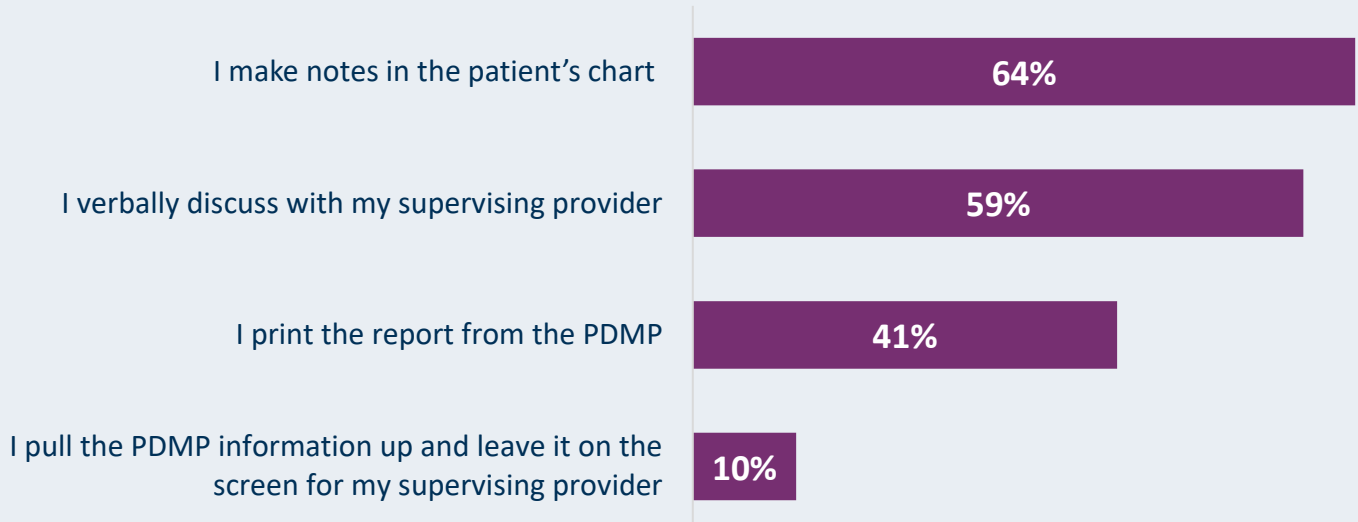
### When delegates share PDMP information with their supervising provider



*A **third** of delegates share information before the provider sees the patient.*

*Delegates use a combination of methods to share information with the supervising provider.*

### How delegates share PDMP information with the supervising provider

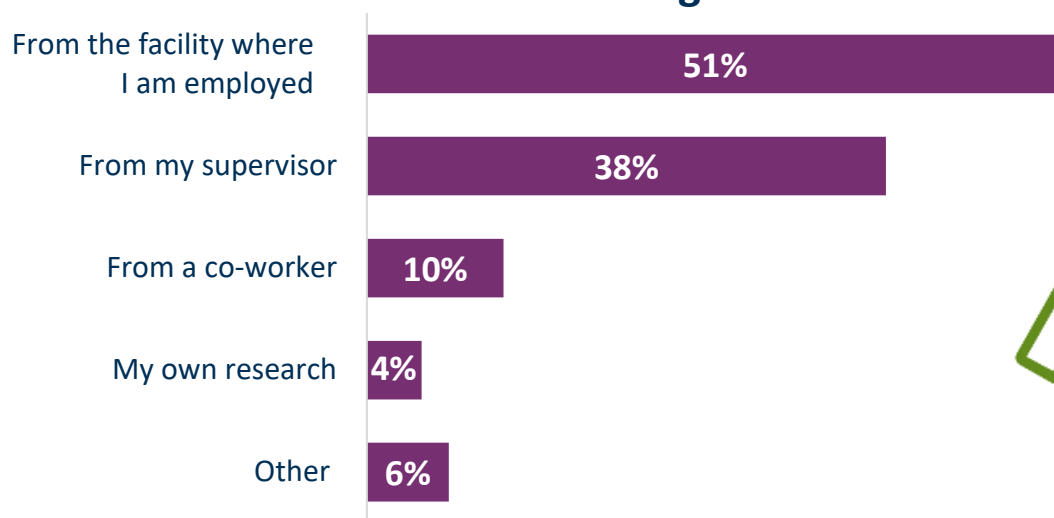


*Note: Percents add up to more than 100% because of multiple selections.*

# DELEGATES HIGHLIGHTS

## Delegate integration into clinical practice

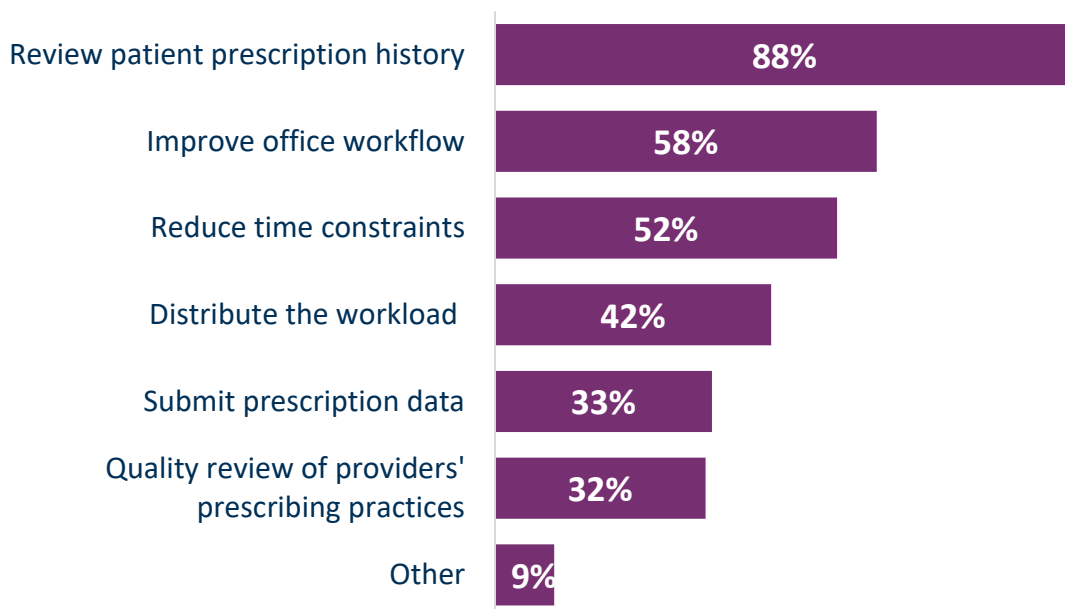
### How delegates learn about the opportunity to become a delegate



Note: Percents add up to more than 100% because of multiple selections.

***Delegates feel their role is most useful for reviewing prescription history, improving office workflow, and saving time***

### How delegates perceive their role to be useful



Note: Percents add up to more than 100% because of multiple selections.