Alaska State Medical Board Board Issued Guidelines

Subject:	Expedited Partner Therapy
Implemented:	May 12-13, 2011

The Medical Board discussed practical options for treating partners of patients diagnosed with sexually transmitted diseases, including

- whether to prescribe, dispense, or furnish a prescription to each partner
- whether to prescribe, dispense, or furnish a prescription to the patient with enough refills for partner use, or
- whether to just refer to public health for treatment.

They determined that the appropriate option is at the discretion of the treating physician.

Under normal circumstances, this type of practice would be considered unprofessional conduct. However, the Board has created an exemption for expedited partner therapy, under Professional Regulation 12 AAC 40.967(29)(B).

The State Epidemiology section has published a bulletin with expedited partner therapy recommendations for Alaska providers: http://www.epi.hss.state.ak.us/bulletins/docs/b2011_01.pdf