

**STATE OF ALASKA
DEPARTMENT OF COMMERCE, COMMUNITY AND ECONOMIC DEVELOPMENT
DIVISION OF CORPORATIONS, BUSINESS AND PROFESSIONAL LICENSING**

BOARD OF MARITAL AND FAMILY THERAPY

**MINUTES OF MEETING
JULY 15, 2011**

By authority of AS 08.01.070(2), and in compliance with the provisions of AS 44.62, Article 6, a scheduled meeting of the Board of Marital and Family Therapy was held March 18, 2011, beginning at 9:00 a.m. The meeting was held at the 550 W. 7th Ave/Suite 1270, Anchorage, Alaska.

Call to Order/Roll Call

The meeting was called to order by Chair Patricia White at 9:15 am.

Board Members present, constituting a quorum:

Patricia White, Licensed Marriage and Family Therapist
Kennith McCarty, Licensed Marriage and Family Therapist
Leon Webber, Licensed Marriage and Family therapist
JoAnn Young, Public Member

Board Members absent:

Father John Downing, Public Member

Attending from the Division of Corporations, Business and Professional Licensing were:

Don Habeger, Director
Gary Keiser, Investigator
Eleanor Vinson, Licensing Examiner

1. Review Agenda

The Board reviewed the agenda. There were four items added to correspondence.

2. Review Minutes

The Board reviewed the minutes from the March 18, 2011, meeting.

On a motion duly made Leon Webber, seconded by JoAnn Young, and approved unanimously, it was

RESOLVED to accept as amended, the March 18, 2011 meeting minutes.

3. Investigator's Report

The Board's Investigator, Gary Keiser, presented the report. Since the last meeting, there has been one complaint opened.

4. Application/Audit Review

The Board reviewed 118 applications 1 audit review. The Board requested more information on some of the applications for continuing education approval.

On a motion duly made Leon Webber, seconded by JoAnn Young, and approved unanimously, it was

RESOLVED go into executive session with staff under authority of AS 44.62.310 in order to discuss applications

Into executive session 11:12 am

Out of executive session 11:52 am

On a motion duly made Leon Webber, seconded by JoAnn Young, and approved unanimously, it was

RESOLVED to accept the following applications and audits:

CONTINUING EDUCATION AUDITS

NEWHOUSE, KATHERINE

CONTINUING EDUCATION PROVIDERS APPROVAL APPLICATIONS

CODI

12 Step Facilitation

ASAM

Assessment for Professionals

Cognitive Behavioral Therapy

Documentation

Family Psychoeducation

Global Assessment & Functioning

Integrated Treatment

Medication Management

Motivational Enhancement Therapy

Personality Disorders & Addiction

Risk Assessment

Trauma Focused CBT

Working with Resistant Clients

RURAL PROVIDERS' CONFERENCE

Healthy Families the Yup'ik Way

Heart of a Grizzly

Preventing Underage Drinking in Alaska

The Importance of Nutrition in Recovery

Trauma Attachment and Early Brain Development

Wellness Messages: HIV Prevention for Our Families

PROGRAM SERVICES CONTINUING EDUCATION

Addiction and Co-existing Conditions Intensive

Addiction and Domestic Violence

Addiction Pharmacology in Teen and Young Adults

Addiction Severity Index

Addiction Signs and Symptoms: Intensive

Addiction Signs and Symptoms Module One: Definition and Principles of Addiction Treatment

Addiction Signs and Symptoms Module Two: Stimulants, Depressants, and Cannabis Abuse

Addiction Signs and Symptoms Module Three: Hallucinogens, Narcotics, Inhalants, Designer/Club Drugs and Steroid Abuse

Adolescent Substance Abuse Intervention Series: Family Support Network

Adolescent Substance Abuse Intervention Series: Adolescent Community Reinforcement Approach

Adolescent Substance Abuse Intervention Series: Adolescent Substance Abuse Assessment

Adolescent Substance Abuse Intervention Series: Motivational Enhancement and Cognitive Behavioral Therapy

Adolescent Substance Abuse Intervention Series: Multidimensional Family Therapy

Adolescent Substance Abuse Intervention Series: Supplemental CBT

Enhancement of MET/CBT

Anger Management

Attention Deficit: A disorder with childhood onset

Behavioral Health Practice Errors

CFR 42: Confidentiality for Adolescents and Criminal Justice Clients

Clinical Psychopharmacology

Co-Occurring Disorders

Compensating Practice Employees and Professionals

Conduct Disorder: The most common and severe childhood disorder

Confidentiality: A Right to Privacy

Cultural Issues in Substance Abuse Treatment

Dissociative Disorders and Hyperarousal

Documentation: Planning Treatment and Noting Progress

Domestic Violence and Substance Abuse Assessment

Domestic Violence Update

Domestic Violence: a Systems Perspective

Domestic Violence: Core Course

Domestic Violence: The Basics

Dual Disorders

Ethics and Boundary Issues: Ethical Decision Making

Ethics and Boundary Issues: Confidentiality

Ethics and Boundary Issues: Multiple Relationships

Ethics Update

Ethics: Core Course

Evaluating Practice Employee Performance

Financial Management Skills

HIV Update

HIV/AIDS and TB in the Substance Abuse Population

How to hire practice employees and professionals

Legal Vigilance: Business Law and Your Practice

Marketing your Practice

Medical Errors and Patient Safety: Research Reports One

Medical Errors and Patient Safety: Research Reports Two

Mental Health Practice Error Vignettes

Palliative Care: Mental Health Issues of Older Adults: Module One Theories of Aging

Palliative Care: Mental Health Issues of Older Adults Module Two: Mental Health Problems of the Elderly

Palliative Care: Mental Health Issues of Older Adults Module Three: Caregivers, and Care Delivery

Palliative Care: Mental Health Issues of Older Adults Module Four: Contextual Issues of Elder Care

Preventing Errors in Mental Health Practice

Responses to Trauma, Neglect, and Abuse

Sexual Abuse and Trauma

Substance Abuse Professional Qualification Training for US D.O.T. SAP Evaluations

Substance Abuse Professional Renewal Training
Module One: FMCSA

Substance Abuse Professional Renewal Training
Module Two: FRA

Substance Abuse Professional Renewal Training
Module Three: FAA

Substance Abuse Professional Renewal Training
Module Four: PHMSA

Substance Abuse Professional Renewal Training
Module Five: FTA

Substance Abuse Professional Renewal Training
Module Six: USCG

The Spiritual Connection: Values, Faith and Psychotherapy

Treatment Planning and Progress Notation

Understanding Federal Confidentiality Legislation

US Nuclear Regulatory Commission Substance Abuse Expert Qualification Training and Examination

5 HR Supervision Refresher Course for Approved Supervisors

HIV/AIDS an Overview

Identifying Child Molesters: Preventing Child Sexual Abuse by Recognizing the Pattern of Offenders

Issues in Supervision Two

The Socially Skilled Child Molester: Differentiating the Guilty from the Falsely Accused

5. Public Comment

There was no public comment.

6. Old Business

a. AKMFT Liaison report

Ken McCarty is the Board liaison with AKMFT, the state wide organization. He reported that the group is concerned with the high licensure costs.

He also reported that they are working on language for a statute regarding what providers may bill Medicaid. He asked the Board to send a letter of support to the Legislature. Chair White will check and see if a Board is allowed to send such a letter

Board member Webber asked Ken, as the Liaison, to go to AKMFT and advise them that the Board is looking more closely at applications for continuing education credits. Part of the process is to ensure that the courses are promoting competence. The board will particularly look at the presenters and their education, training, and experience.

b. Use of Skype for therapy/Clampitt

Previously, the AAMFT had championed Mytherapynet.com as a secure site to use for distance counseling, but had received information from a licensee that this may not be a better site than Skype.

Board Member Webber is attending the conference this year and will bring more information to the Board regarding on-line therapy in reference to MFTs and what needs to be basic information to give to licensees.

c. Regulations change to 12 AAC 19.210

The Board had previously worked on changing the regulations related to supervision. They had wanted an approved supervisor for marital and family therapist licensing to have to be licensed as an MFT for five continuous years. The Board previously voted to submit it for public comment. The public comment period is not yet over, so no action taken at this time.

d. Practice Protection

Board Member McCarty would like to see practice protection put into the statutes. It was noted that it could become overly narrow. Chair White questioned what they would be trying to protect. McCarty will look into it.

e. Multiple course approvals

There was long discussion on what there should be included in provider applications, especially when there are many courses taught by one instructor. The consensus of the Board is that, from now on, all continuing education provider approval forms (applications) must include information on the instructors' education, specialized training and experience in the areas being taught to show that the person is qualified to teach the course.

7. New Business

a. Email vote /meeting vote

There was discussion regarding only voting on applications at the meetings, rather than by mail or email ballot. The members wish to be able to discuss some aspects and cannot do that by email. Some board members will be out of reach by email or mail until the meeting in December. It will be decided at the next meeting to see if it has caused hardships in a way that the Board would reconsider. Staff will be able to ask the Board in the case of emergency, such as military personnel needs.

On a motion duly made by Leon Webber, seconded by JoAnn Young, and approved unanimously, it was

RESOLVED to suspend email voting on all applications and make determinations at Board meetings.

Introduction - Director Don Habeger

There was a long discussion regarding licensure fees with Director Don Habeger, who was attending the meeting and had introduced himself to the new members. The Director explained that there were a number of moving parts when determining fees and CBPL had undergone some changes and staff responsibilities.

A new Administrative Officer will be hired so budget reports will soon be part of the agenda again.

There was a legislative Audit of the Department regarding how the Department allocated costs. There will be a different fee structure for some of the department.

Director Habeger answered questions and helped guide the Board in the wording for the regulation change regarding fees for continuing education approvals.

b. Fee for license status

There was extensive discussion regarding charging fees for continuing education provider approvals. At this time, the Board does not charge, but the Board determined that there should be a fee charged per course approval. The approval would expire with the biannual renewal (October 31 of every even year-the next one is 10/30/2012). They also agreed that conferences would have to submit an approval request for each course, not just the general conference.

The motion would mean that there would have to be a regulation created. This would be least expensive if done at the same time as the renewal regulations were done. Individual workshop providers will have to apply even if it is in a conference. It is the Board's intention that each course reviewed will be charged a fee.

On a motion duly made by Leon Webber, seconded by Ken McCarty, with a friendly amendment, and approved unanimously, it was

RESOLVED to charge a fee for each course submitted for Continuing Education Providers Approval and the approval will follow the biennial renewal timeframe.

There was continued discussion regarding what fee amount would be charged.

On a motion duly made by Leon Webber, seconded by JoAnn Young, and approved unanimously, it was

RESOLVED to charge a fee of \$25.00 per course for Continuing Education Providers Approval Forms.

c. Travel to National Board meeting

The Board consensus is to send Board Member Leon Webber to the next AMFTRB meeting.

d. Travel to AMFT annual meeting

The Board chose to not send any member to this national meeting in order to save money.

e. Distance supervision regulation

Jennifer Leonard had enquired about supervision through Skype from a rural location in Alaska. She also asked if there was a restriction on the percentage of hours that an applicant may receive distance supervision through Skype or other electronic means.

The Board agreed that they would accept distance supervision for licensure hours through Skype or other electronic means, as long as it was with an approved supervisor and in accordance with their laws. There are no restrictions as to the percentage of your supervision that is conducted through Skype or other electronic means.

f. Military temporary licenses

This was an "FYI" regarding a new law that has taken effect state-wide regarding all professional licensing. It deals with streamlining licensing for military personnel and their spouses.

8. Correspondence

a. Hatem/online therapy policies

This concerned a survey that Chair White will complete.

b. Priess/CEU face to face

Ms. Priess had questions regarding whether a course that is a telephone lecture, but with which you must email your teacher with questions after the lecture, would be considered “face-to-face”.
At this time, face-to-face is identified as the following:

If the video/internet conference is in real-time (not recorded), meets the requirements of someone attending a conference in person and attendance can be verified, it would be considered “face-to-face”.

The Board agreed that it would still be considered face to face, even if one had to email questions to the teacher/instructor.

c. Treveno/practicum in Alaska

Ms. Treveno had questions regarding graduate program practicum prior to graduation at the University of Alaska Anchorage. She was directed to contact the graduate school, as they would have to answer the questions on what they accepted or what they offered as part of their curriculum.

Board member Webber will also check with UAA instructors.

d. Peterson/CEU questions

Ms. Peterson asked for clarification regarding what continuing education is acceptable for MFTs; what are acceptable correspondence programs. She wanted to know about correspondence program providers being approved by the American Association of Marital and Family Therapy.

No providers are approved, only courses. She was referred to 12 AAC 19.320:

12 AAC 19.320. APPROVED CONTINUING EDUCATION ACTIVITIES. (a) To be accepted by the board, continuing education must contribute directly to the professional competency of a marital and family therapist and must be directly related to the skills and knowledge required to implement marital and family therapy principles and methods.

(b) The following continuing education activities are acceptable if they are related to marital and family therapy in accordance with (a) of this section:

- (1) postgraduate courses given by a regionally accredited academic institution, either audited or for credit;
- (2) courses offered by the American Association for Marital and Family Therapy;
- (3) courses offered by the Alaska Association for Marital and Family Therapy;

9. Board Business

a. Ethics reports

There were no Ethics reports submitted.

b. Task List

Ken McCarty: Liaison for AkAMFT

Pat White: survey

Leon Webber: contact UAA instructor; get info on distance counseling at AMFTRB meeting

c. Schedule next meeting

December 9, 2011 in Anchorage

March 16, 2012 in Juneau

d. Sign meeting minutes

Meeting minutes were signed

e. Travel Authorizations

The travel authorizations were signed.

f. Board travel/conferences

Leon Webber to attend Association of Marital and Family Therapy Regulatory Boards' annual meeting of state delegates.

On a motion duly made by Kenneth McCarty, seconded by JoAnn Young, and approved unanimously, it was

RESOLVED to adjourn meeting.

The meeting was adjourned at 4:47 pm.