# Department of Commerce, Community, and Economic Development

## ALASKA BOARD OF MARITAL AND FAMILY THERAPY

BOARD OF MARITAL AND FAMILY THERAPY Laura Carrillo, Licensing Examiner

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**POSITION STATEMENT:** SUPERVISION RESPONSIBILITIES

**Date**: April 22<sup>nd</sup>, 2016

Status: New

Organized by: The Alaska Board of Marital and Family Therapy

Adopted by: The Alaska Board of Marital and Family Therapy

#### **PURPOSE**:

The Board of Marital Family Therapy holds to the following position regarding a supervisor's role.

### **HISTORY**:

**SUPPORTIVE MATERIAL**: 2016 AMFTRB guidelines on supervision competencies.

#### **SUMMARY:**

The role of the Supervisor is to prepare the Associate in the skills and requirements of the profession of Marital and Family Therapy in order to one day be recommended by the Supervisor as deemed capable to be licensed on their own. The priorities of the Supervisor is to oversee that the Associate:

- Does no harm to the public
- Knows the state statutes and regulations that govern the practice of marital and family therapy
- Is evaluated and trained in the skills of marital and family therapy
- Is aware and skilled in the 7 Psychotherapy Competencies (CSPCS):
  - 1. Supervision Relationship / Process
  - 2. Ethical / Legal Issues
  - 3. Management of Supervision Practice
  - 4. Methods, techniques & theory of psychotherapy
  - 5. Methods, techniques & theory of supervision
  - 6. Evaluation, Assessment, & Documentation
  - 7. Personal / Professional Development