STATE OF ALASKA DEPARTMENT OF COMMERCE, COMMUNITY AND ECONOMIC DEVELOPMENT BOARD OF PROFESSIONAL COUNSELORS June 17-18, 2010 Homer, Alaska

Minutes of Meeting

By authority of AS 08.01.070(2) and in compliance with the provisions of AS 08.95.020, Article 1, a scheduled meeting of the Board of Professional Counselors was held June 17-18, 2010, in Homer, Alaska.

<u>Thursday, June 17, 2010</u>

Call to Order/Roll Call

Board Members Present and constituting a quorum of the Board were:

Shawnie Olson, Chairperson, Licensed Professional Counselor – Homer Jennifer Burkholder, Licensed Professional Counselor – Anchorage Lillian Mitchell, Public Member – Anchorage Ray DePalatis, Licensed Professional Counselor – Anchorage

Board Members Absent/Excused:

Emily Zimbrich, Licensed Professional Counselor - Haines

Attending at various times from the Department of Commerce, Community, and Economic Development, Division of Corporations, Business and Professional Licensing was:

Eleanor Vinson, Licensing Examiner David Newman, Investigator (by telephone)

Agenda Item 2 – Review Agenda

Upon a motion by Ray DePalatis and seconded by Lillian Mitchell, and approved unanimously, it was RESOLVED to accept the agenda.

Agenda Item 2 – Review Minutes

The minutes from the January 28-29, 2010 meeting were discussed.

Upon a motion by Jennifer Burkholder and seconded by Ray DePalatis, and approved unanimously, it was RESOLVED to accept the January 28-29, 2010 minutes as amended.

• • •

Agenda Item 3 – Review Application – Investigator

This item was cancelled.

<u> Agenda Item 4 – Investigator's Report</u>

Investigator Newman gave his report to the Board. At this time this Board has one open complaint and two open investigations. Five complaints/investigations have been closed since last meeting.

Agenda Item 5 – Public Comment

There was no public comment.

Agenda Item 6 – Old Business

6.A. Distance Counseling

ACA Code of Ethics/ NBCC Code of Ethics

Previously, there was discussion regarding distance counseling within the state of Alaska. There was discussion regarding the Board adopting rules that set standards for distance counselors. Both NBCC and ACA have sections on distant counseling. Included was discussion as to whether ethical guidelines should be statutory guidelines.

The Board is in consensus with putting the National Board for Certified Counselors' (NBCC) guidelines for internet counseling and the American Counseling Association's (ACA) Code of Ethics Section A.12 on the Board's internet website as a resource for licensees who have questions regarding distance counseling.

Upon a motion by Jennifer Burkholder and seconded by Lillian Mitchell, and approved unanimously, it was

RESOLVED that the Board of Professional Counselors recommend the NBCC guidelines as a resource for technology assisted distance counseling.

Upon a motion by Jennifer Burkholder and seconded by Lillian Mitchell, and approved unanimously, it was

RESOLVED that the Board of Professional Counselors put the ACA Code of Ethics, Section A12, on their website.

The Board wishes to provide direction for Licensed Professional Counselors who engage in the practice of technologyassisted distance counseling.

6.B. Supervision renewal/credits

There was previous discussion regarding requiring supervisors to have six contact hours of continuing education related to supervision of mental health professionals. The Board Chair has brought it back for discussion.

There was discussion pertaining to the fact that that not all supervisors are under LPC licensing and that it could put a barrier in the way of the licensees. The Board decided that this topic will be revisited in one year and that a statute change will be needed to implement a CEU requirement for supervisors.

6.D. Sunset Review

Chair Olson discussed the sunset audit. The Board has been renewed for ten years.

8. American Counseling Association report

Board Member Lillian Mitchell reported on attending the ACA annual training. She reported that it was outstanding training and great exposure for a Board Member as to what is currently going on in the counseling field.

Agenda Item 7 – Application Review/CEU Audit

Upon a motion by Jennifer Burkholder and seconded by Lillian Mitchell, and approved unanimously, it was

RESOLVED to approve the following applications:

PCO BY EXAMINATION

ATKINSON, JACOB CRAMER, MARA LORIAN, ALEXANDRA MAHAN, LUCY OLIVER, NATHANIEL WHITMAN, WHITNEY

PCO BY CREDENTIALS

DZIEKAN, KATHRYN HASKELL, KIMBERLY HARRIS, DOUGLAS MODDE-DAHLBERG, INA NICHOLS, MALCOLM

PROFESSIONAL COUNSELOR APPROVED SUPERVISOR

CANNAVA, PETER CHAMPION-READ, MAESHA FULLER, RICHARD JENNINGS, KARYL NICHOLS, MALCOLM YOUNG, LAUREEN

PCO REINSTATEMENT

GREENE, BARBARA

CONTINUING EDUCATION PROVIDERS' APPROVAL

Alaska Attachment & Bonding Assoc Attachment Disorders 301: Holding the Hope

Alaska Psychiatric Assoc/submitted by Lori Hickman 17th Continuing Medical Education Conference

Katherine Paulick/Lynn Canal Counseling Applying Theoretical Frameworks in Family Therapy & Family Skill Development

Rural Alaska Community Action Program Rural Providers' Conference

There were thirty-five continuing education audits for the licensure period 11/1/07 through 10/31/09. Nine audits were not accepted at this review.

Upon a motion by Jennifer Burkholder and seconded by Lillian Mitchell, and approved unanimously, it was

RESOLVED to approve the following continuing education audits:

BAEZ-TERRY, LAURA BENNETT, DARCI BRICKER, MICHAEL BROWNLOW, DEBORAH COLLINS-JACKSON, SANDRA FORSYTH, JO FORTUNY, JENNIFER **GRIFFITH, KIMMER** HENRY, ANNE HEUSEVELDT, JEFF JANZEN, BERNADINE MALLETTE, LOUIS MARSH, SHAWN MCCARTHY, MARY MCLAUGHLIN, JAMES MOORE, SARA NORTON, ANNE RANSOM, LINDA SIMMONS, MICHELE SPARKS, JEANINE STARR, ELEANOR SZUBERLA, ALICE TABACHNICK, SARAH TORRENCE, COLLEEN WEEG, KATHY

Upon a motion by Jennifer Burkholder and seconded by Ray DePalatis, and approved unanimously, it was RESOLVED to adjourn the meeting until June 18, 2010 at 9:00 am.

The Board adjourned at 6:30 pm

<u>Friday, June 18, 2010</u>

Call to Order/Roll Call

Board Members Present and constituting a quorum of the Board were:

Shawnie Olson, Chairperson, Licensed Professional Counselor – Homer Jennifer Burkholder, Licensed Professional Counselor – Anchorage Emily Zimbrich, Licensed Professional Counselor – Haines (by teleconference)

Board Members Absent:

Ray DePalatis, Licensed Professional Counselor – Anchorage Lillian Mitchell, Public Member – Anchorage

Attending at various times from the Department of Commerce, Community, and Economic Development, Division of Corporations, Business and Professional Licensing was:

Eleanor Vinson, Licensing Examiner Katherine Mason, Administrative Officer (by telephone)

Agenda Item 9 – New Business

9.A. NBCC Exams

This was information for the Board regarding additional testing time (one week per testing period) being added for the NCE exam by the National Board for Certified Counselors, who oversees the examination.

Agenda Item 10 – Correspondence

10.A. Kerry Turnbow regarding supervisor list

Licensee Turnbow had written asking if there could be a supervisor's list, updated regularly, on the website. The Board determined that not all supervisors wish to be on a website list, as they do not supervise except through their employment. It would also be expensive to maintain as it changes constantly. People may ask for the list and have it mailed or emailed to them.

10.B. Clampitt re: Internet Counseling

A licensee had asked for guidelines regarding distance counseling. The Board had responded that all licensed professional counselors are responsible to know the ACA Code of Ethics, which has a section on distance counseling; and that the NBCC standards are logical for counselors to follow and will be posted on the Board website

Agenda Item 11 – AKCA Liaison Report

Jennifer Burkholder is the Board Liaison with the Alaska Counseling Association. She reported that the portability summary was forwarded to them and that AKCA had put it in their newsletter.

She will report that the Board has recommended the NBCC guidelines for distance counseling and information will be posted on the website.

Agenda Item 12 – Budget Report

Kathy Mason, Administrative Officer, met with the Board by telephone. She noted that the Board had a roll-forward positive amount of \$205,000. There will be more costs than income this year, which will bring it down, as this is not a renewal year. The fees will not be raised until the roll-forward is decreased.

The Board expressed great concern at reducing the license fees now only to raise them in the future because of the Administration's desire to reduce the BPC budget. The Board is also concerned about future legal fees as it appears that there are some cases that will not be resolved as hoped and may end up in court.

Agenda Item 13 – Regulations

13.A. 12 AAC 62.110

The Board discussed the previous regulation change to 12.AAC 62.110. At the time the following regulation was written, there was a different process for individuals to be allowed to take the accepted examination for licensure.

12 AAC 62.110. EXAMINATION.

(c) An applicant approved to sit for the examination under 12 AAC 62.100(c) who fails the examination may be reexamined at the next scheduled examination, if the applicant submits to the department a written request for reexamination and the examination fee established in 12 AAC 02.325 at least 90 days before the scheduled date of the examination

The process no longer involves the Board needing to receive requests to retake the examination, nor does the Board or Department on behalf of the Board currently receive the examinations fee. The Board had previously voted to remove "if the applicant submits to the department a written request for reexamination and the examination fee established in 12 AAC 02.325 at least 90 days before the scheduled date of the examination" from 12AAC 62.110

Upon a motion by Jennifer Burkholder and seconded by Emily Zimbrich, and approved unanimously, it was

RESOLVED to move to accept the changes for 12 AAC 62.110(c) presented to the Board by the Regulations Specialist and instruct the Regulations Specialist to send the changes out for public notice

13.B. 12 AAC 62.200(b)

The regulation now reads:

12 AAC 62.200. APPROVED COUNSELOR SUPERVISOR CERTIFICATION.

(b) The "Ethical Guidelines for Counseling Supervisors" of the Association for Counselor Education and Supervision (ACES), American Counseling Association (ACA), 1993 edition, incorporated by reference in this section, is adopted by reference as the code of ethics for an approved counselor certified under this section.

The Board had previously instructed that it be changed from "1993" edition to "2005" edition.

Upon a motion by Jennifer Burkholder and seconded by Emily Zimbrich, and approved unanimously, it was

RESOLVED to move to accept the changes for 12 AAC 62.200(b) presented to the Board by the Regulations Specialist and instruct the Regulations Specialist to send the changes out for public notice

Agenda Item 13. Board Business

11. A. Task List:

<u>11. B. Sign Wall Certificates</u> Wall certificates were signed.

<u>11. C. Future Meetings</u> September 16-17, 2010 – Anchorage – begin at 10:00 am on the first day and at 9:00 am on the second day

<u>11. D. Sign Meeting Minutes</u> Minutes from previous meeting were signed.

<u>11. E. Travel Authorizations</u> Travel authorizations were signed by Board members and paperwork turned in.

<u>11. F. Ethics reports</u> No ethics reports this meeting

<u>11. G. Conferences/training</u> CLEAR – The Board requested that Eleanor Vinson be sent Alaska Social Work and Counseling Association conference – Zimbrich American Association of State Counseling Boards (AASCB) – Olson and Vinson