



# AK PT/OT Board - Regulations Committee Mtg - June 20, 2025 Minutes

Alaska Division of Corporations, Business and Professional Licensing  
6/20/2025 10:00 AM AKDT  
Videoconference

## 1. Call to Order/Roll Call

Committee Members: Valerie Phelps and Rebecca Dean. Alternate - Tori Daugherty  
The Physical Therapy and Occupational Therapy Board Regulations Committee meeting was called to order on Friday, June 20, 2025 at 10:00 am by Valerie Phelps.

Roll call taken:

Committee members present: Valerie Phelps, Tori Daugherty, and Rebecca Dean.

Staff present: Sheri Ryan, Licensing Examiner.

Guest: Kristen Neville, State Affairs Manager, AOTA

## 2. Review/Approve Agenda

**Tori Daugherty motioned to accept the agenda as submitted. Motioned seconded by Rebecca Dean. All in favor; none opposed. Motion passes unanimously.**

## 3. Approve Minutes - 05/14/2025

**Rebecca Dean moved to accept the May 14, 2025 Regulations Committee meeting minutes as submitted. Tori Daugherty seconded the motion. All in favor; none opposed. Motion passes unanimously.**

## 4. Public Comment

No public comment given.

## 5. Regulations Projects

### A. Definition of Employment and Professional Reference Requirements for licensure by credentials - PT and OT

Draft language reviewed. Added "administrator" in addition to "supervisor". Added limitation of "within the 36 months immediately preceding the date the application is received" to the professional reference relationship so that it reflects current assessment of character and not from 5-10 years ago. Discussed need for modifying submission of professional reference when applying by examination but determined not necessary. Right touch regulation standards. Recent graduate - limitation already exists when applying by

examination that applicant has to pass national exam within last 24 months to qualify.

Mark-up done of Verification of Experience form.

Break taken - recording stopped 11:00 am.

Recording resumed 11:06 am. Roll call:

Committee members present: Tori Daugherty, Rebecca Dean, Valerie Phelps.

Staff present: Sheri Ryan

Guest: Kristen Neville, State Affairs Manager, AOTA

B. OTA/PTA supervision Question Research

- Who can write progress reports or discharge notes? FAQ
- Who can sign off on progress/discharge notes? FAQ

No discussion.

i. How many can be supervised?

Each member to read 12 AAC 54.500(e) and 12 AAC 54.800(b) and draft language based on meeting discussion from 5/14/2025.

Reviewed draft language submissions and discussed in-depth. Domino effect of PT/OT supervision of PTA/OTA and PTA/OTA supervision of aides and techs. Reviewed MT and ID definitions - states that would be geographically similar to AK in rural health care needs. Discussion on gathering stakeholder input from APTA-AK and AKOTA on this topic. Staff advised that committees are made up of board members only. To have stakeholder involvement in process, would need creation of work group. To facilitate a work group, would required full board approval. Could invite state associations to give public comment on topic without forming work group.

AOTA does not support ratios or limits/caps for supervision as it does not allow for customized situations. Referred to AOTA Guidelines on Supervision document.

Other licensed personnel discussed. Athletic Trainers and Massage Therapists would be working under their own license and practice act and not directly supervised by a PT or OT. Patient collaboration is a referral situation - lateral - not treatment supervised by a therapist.

Committee discussed possibility of clarifying responsibilities of aides/technicians to perform rehabilitation services and ability of therapists to delegate billable services to aides/technicians or any un-licensed personnel.

ii. Clarification around telehealth and supervision

- Telehealth questions when an assistant is alone?
- Can an aide or assistant perform evaluations for a PT/OT on the other end of a telehealth visit. Can this be cross professional? Is there a way to write regulations around risk and responsibilities

No discussion.

iii. Under what circumstances is a co-signature needed/required?

No discussion.

iv. What about PTAs and OTAs supervising aides/technicians (aka unlicensed personnel)?

- Can a PTA or OTA supervise a technician - What about a certified or professional technician and patient care

No discussion.

C. Explore Supervised Service Delivery by Examination - PT and OT

Previously tabled for SB74 Regulations project completion to use Supervised Service Delivery by Credentials as template. Revisit

No discussion.

6. Next Steps

Continue discussion on PTA/OTA supervision at next meeting.

Committee members to review:

- FSBPT webinar on supervision - Effective PT/PTA Teams Enhance Public Protection: <https://youtu.be/zOjWpq7aN0c?si=K0bKKU92IOpzzUz6>
- Wyoming 083-3-3 Supervision of OTA - levels of supervision
- AOTA Guidelines for Supervision document
- AZ PTA supervision matrix documents (3)

Homework:

- Redraft regulation language for AK PTA/OTA supervision based off discussion from 06/20/2025 committee mtg.
  - Consider no ratio or limits/caps or language that allows PT/OTs to supervise to their skill/comfort level.
  - Consider language that limits ability for aides to bill for rehabilitation services

7. Adjourn

The Physical Therapy and Occupational Therapy Board Regulations Committee meeting was adjourned at 12:10 pm on Friday, June 20, 2025.

Next meeting scheduled for Friday, July 17, 2025 at 10:00 am.

**Approved by Regulations Committee July 17, 2025.**