

Esthetics Procedures Continuum FINAL – February 2025

~~This document does not reflect any decision making by an Alaska professional licensing work group or board; This document is a working draft and does not define current Alaska requirements;~~

This chart may be used in whole or in part to assist Alaska professional licensing boards understand the procedures in question, as well as assist in clarifying current and future scope of practice of:

- Currently licensed estheticians under the Board of Barbers and Hairdressers
- Future advanced esthetician licensees (requires statute change)
- Persons performing these procedures under medical supervision: In the context of this document, “medical supervision” means on-site supervision by a physician, physician assistant, or APRN operating within the supervisor’s scope of practice and all statutes and regulations pertaining to the supervisor’s license. May be currently allowable or require statute or regulation change to clarify necessary training and education.

Recommendation: At its February 2025 meeting, the Medical Spa Services Work Group voted unanimously to support the Board of Barbers and Hairdressers in seeking statutory changes to require continuing education for certain complex esthetics practices and a new license to allow people who have had training and education in advanced esthetics to practice without medical supervision. (See column with [blue](#) header, below.)

Numbering refers to additional information available in the [Esthetics Procedures List](https://www.commerce.alaska.gov/web/cbpl/ProfessionalLicensing/MedicalSpaServicesWorkGroup.aspx), available on the Medical Spa Services Work Group website: <https://www.commerce.alaska.gov/web/cbpl/ProfessionalLicensing/MedicalSpaServicesWorkGroup.aspx>

Can currently be performed under the existing 350-hour Alaska esthetician license	Recommend statute to require continuing education under existing 350-hour license	Recommend statute to require additional training and continuing education as part of a 900+ hour advanced esthetician license (no medical supervision)	Currently requires medical supervision of any delegated duties
ACTION REQUESTED: Clarify in regulation (currently proposed by Board of Barbers and Hairdressers)	ACTION REQUESTED: Board of Barbers and Hairdressers work on legislative proposal	ACTION REQUESTED: Medical Board, Board of Nursing, and Board of Barbers and Hairdressers collaborate on legislative proposal	ACTION REQUESTED: Medical Board and Board of Nursing clarify in regulation and in white paper
EFFECT OF ACTION: Licensed estheticians will understand what procedures they may perform under their current license	EFFECT OF ACTION: Public safety will be increased; estheticians may continue to perform these services while being held accountable for training	EFFECT OF ACTION: Highly trained estheticians can perform limited advanced esthetics services without medical supervision	EFFECT OF ACTION: Persons supervising, delegating, and performing these services will have clarity on expectations; public safety and awareness will be increased
<p>1. Ultrasonic devices Epidermis Impact: Superficial</p> <p>2. Oxygen Concentrator devices Epidermis Impact: Superficial</p> <p>3. Electrotherapy devices (galvanic current, High Frequency) Epidermis Impact: Superficial</p> <p>4. Mechanical brush devices Epidermis Impact: Superficial</p> <p>5. Vacuum spray devices Epidermis Impact: Superficial</p> <p>6. Steamers Epidermis Impact: Superficial</p> <p>7. LED (light emitting diode) devices. Epidermis Impact: Superficial/Light</p> <p>8. Microcurrent devices Epidermis Impact: Superficial</p> <p>9. Microdermabrasion devices, including hydradermabrasion devices. Epidermis Impact: Superficial</p> <p>10. Skin analysis equipment Epidermis Impact: None</p> <p>11. Thalassotherapy (application of sea water) Epidermis Impact: Superficial</p> <p>12. Thermotherapy (application of heat), manually applied or with the use of devices.</p>	<p>3. Electrotherapy devices (galvanic current, high frequency) Epidermis Impact: Superficial</p> <p>9. Microdermabrasion devices, including hydradermabrasion devices. Epidermis Impact: Superficial</p> <p>13 & 14. Superficial and light chemical exfoliation; alpha hydroxy acids, beta hydroxy acids, modified Jessner solutions, trichloroacetic acid less than 20% and vitamin based acids. Epidermis Impact: Superficial at lower concentrations</p> <p>15. Low-level ultrasound devices (Sonophoresis) Epidermis Impact: Superficial</p> <p>17. Class 2 radiofrequency devices Epidermis Impact: Medium</p> <p>22. Dermaplaning devices* Epidermis Impact: Superficial</p> <p>24. Collagen induction device (microneedling) including microchanneling or nanostamp below 1mm, not OTC devices* Epidermis Impact: Superficial</p> <p>(NEW) Semi-permanent hair removal by nonablative IPL</p> <p>*Requires correction of definition in AS 08.13.220</p>	<p>13 & 14. Medium chemical exfoliation including higher-level concentrations, Jessner solutions and TCA Epidermis Impact: Medium</p> <p>16. HIFU (High Intensity Focused Ultrasound) Epidermis Impact: Superficial: Medium Dermis Impact: Deep</p>	<p>13 & 14. Deep chemical exfoliation Epidermis Impact: Deep</p> <p>18. Class 3 laser and radiofrequency devices other than hair removal Epidermis Impact: Medium Dermis Impact: Deep</p> <p>19. Lipolysis Dermis Impact: Deep</p> <p>24. Collagen induction device (microneedling) above 1.0mm Dermis Impact: 1.5mm-2.5mm</p> <p>(NEW) Cosmetic injectables: Prescription drugs intended to treat wrinkles, lines, and other cosmetic complaints, such as botulinum toxin (Botox) and other neuro-modulators, hyaluronic acid gel (Juvederm), calcium hydroxylapatite (Radiesse), polylactic acid (Sculptra)</p> <p>(NEW) Semi-permanent hair removal by ablative laser</p>

<div>Epidermis Impact: Superficial</div> <div>13 & 14. Superficial and light chemical exfoliation; alpha hydroxy acids, beta hydroxy acids, modified Jessner solutions, trichloroacetic acid less than 20% and vitamin based acids. Epidermis Impact: Superficial at lower concentrations</div> <div>15. Low-level ultrasound devices (Sonophoresis) Epidermis Impact: Superficial</div> <div>17. Class 2 radiofrequency devices Epidermis Impact: Medium</div> <div>19. Cryotherapy (application of cold, not lipolysis), manually applied or with the use of devices. Epidermis Impact: Superficial</div> <div>20. Hydrotherapy Epidermis Impact: Superficial</div> <div>21. Cellulite appearance and contouring treatments (creams, wraps, etc.) Epidermis Impact: Superficial</div> <div>22. Dermaplaning devices* Epidermis Impact: Superficial</div> <div>23. Mechanical stimulation (facial massage) Epidermis Impact: Superficial/Medium</div> <div>(NEW) Semi-permanent hair removal by nonablative IPL</div> <div>*Requires correction of definition in AS 08.13.220</div>			
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