



## **AK PT/OT Board - Continuing Competency Mtg - June 12, 2025**

Alaska Division of Corporations, Business and Professional Licensing  
Juneau - Zoom  
2025-06-12 10:00 - 12:00 AKDT

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#### **4. Public Comment**

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#### **6. Action Items - Prioritized**

##### **A. Goal 3.B - Streamline PT Licensing - Transcript requirement**

Draft language for 12 AAC 54.030(a)(2) to define "national accreditation agency approved by the board" in regulation for recommendation to the Board at Oct, 2025 meeting.

##### **B. Goal 4.A - Review/Revise CE requirements as needed + Goal 4.B - Develop**

##### **Additional CE Opportunities.....12**

- Staff to collect data from other states on "does your state require/allow CPR as part of CE? If so, do you still feel it is relevant with the growing advent of telehealth? Minimum and maximum allowable.

- Review all 3 - NE, NC, CA - do a mark-up - what you like; don't like.

- Do we want to increase hours requirement - increase/decrease? Quantity doesn't necessarily mean quality.

- Note: keep CE requirement consistent w/industry standards with regards to contact hours vs. PDUs, etc.

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### **C. Goal 2.B - Informed Consent**

Informed Consent – The work on Informed Consent continues at a national level in the FSBPT Informed Consent Task Force. Goal 2.B previously tabled for discussion until results of draft language and supporting documents are approved nationally and distributed.

6/3/2025 - FSBPT Informed Consent Resources approved by FSBPT board and posted on their website at  
<https://www.fsbpt.org/Free-Resources/Regulatory-Resources/Informed-Consent>

### **D. Jurisprudence Questionnaire update**

Jurisprudence Questionnaire Update tabled from last meeting. Completion of SB74 - PT Compact Licensure regulations project needed to incorporate any necessary questions related to fingerprinting/background reports, compact licensure, etc.

### **E. Goal 2.A - Update FAQs on PT/OT website**

Tabled from last meeting.

### **7. Item from Regulations Committee 08/02/2024 mtg.**

Possible awareness campaign for telehealth visits - Patients always have the right to see your license. Best practice to include license# and title OT/OTA or DPT/PTA in your Zoom listing so it's very clear what your credentials are. Ideas - Patients Rights brochure (similar to what is given when you are admitted to the hospital) and included on website. Tabled from last meeting.

### **8. Next Steps**

### **9. Adjourn**



## Department of Commerce, Community, and Economic Development

# Virtual Meeting Code of Conduct

I understand that by participating in any virtual board meeting or event hosted by the Department of Commerce, Community, and Economic Development, **I am agreeing to the following code of conduct:**

### Expected Behavior

- All board members, invited guests, members of the public, and staff will be treated with respect.
- Be considerate, respectful, and collaborative with fellow participants.
- Demonstrate understanding that the boards are following a business agenda and may reasonably change it to ensure meeting efficiency.
- Speak only when recognized by the Chair. When speaking, adhere to the topic and time limits.
- Recognize the Chair has the authority to manage the meeting, and staff may intercede to assist, if needed.
- All participants are subject to State and Federal laws.

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### Unacceptable Behavior

- Harassment, intimidation, stalking, or discrimination in any form is considered unacceptable behavior and is prohibited.
- Physical, verbal or non-verbal abuse, or threat of violence toward any board member, invited guest, member of the public, staff, or any other meeting guest/participant by any meeting participant is prohibited.
- Disruption of any meeting or hosted online session is prohibited. Public participants should mute their microphones and turn off video when not recognized by the chair.
- Examples of unacceptable behavior include:
  - Interrupting the meeting without being recognized by the Chair.
  - Making harassing comments or exhibiting other disruptive unprofessional behavior.
  - Comments related to gender, gender identity or expression, age, sexual orientation, disability, physical appearance, body size, race, religion, national origin, or political affiliation;
  - Sharing screen or presenting video without being recognized by the Chair;
  - Inappropriate use of nudity and/or sexual images in presentations;

- Use of music, noise, or background conversations as a disruption. While this may happen briefly or incidentally, prolonged or repeated incidents are prohibited.
- Shouting, badgering, or continued talking over the speaker who has been recognized by the Chair.

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### **Reporting Unacceptable Behavior**

If you or anyone else in the meeting is in immediate danger or threat of danger at any time, please contact local law enforcement by calling 911. All other reports should be made to a member of the management team.

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### **Consequences**

If the director of the division/agency hosting the meeting determines that a person has violated any part of this code of conduct, staff or board members may take any of the following actions against any individual or group found to be in repeated violation of the code of conduct:

Sanctions may include, but are not limited to:

- Verbal or written warnings;
- Limiting a participant's ability to engage in the meeting, including muting, stopping video, or expelling a participant from the meeting;
- Suspending attendance at a future meeting or event – both virtual and in-person;
- Reporting conduct to an appropriate state entity/organization;
- Reporting conduct to local law enforcement.



## **AK PT/OT Board - Continuing Competency Mtg - June 12, 2025**

Alaska Division of Corporations, Business and Professional Licensing  
Thursday, June 12, 2025 at 10:00 AM AKDT to 12:00 PM AKDT  
Juneau - Zoom

### **Meeting Details:**

<https://us02web.zoom.us/j/83197688952?pwd=Mnz0UVjNH2X4Vngjs59PbrCwafnxx9.1>

**Meeting ID:** 831 9768 8952

**Passcode:** 169774

**Call-in:** +1 253 205 0468 US

## **Agenda**

### **1. Call to Order/Roll Call**

**10:00 AM**

Committee Members: Rebecca Dean, Valerie Phelps, Jonathan Gates

Continuing Competency/Education – Purpose: Better access to information to assist in clarifying statutory/regulatory guidelines as it applies to public safety and review the continuing professional practice and alternatives requirements and continuing education requirements for physical therapy and occupational therapy and make suggestions for modernization to the board.

### **2. Review/Approve Agenda**

**10:05 AM**

### **3. Approve Minutes - 03/13/2025**

**10:10 AM**

### **4. Public Comment**

**10:15 AM**

### **5. Board Correspondence**

**10:25 AM**

### **6. Action Items - Prioritized**

**10:40 AM**

#### **A. Goal 3.B - Streamline PT Licensing - Transcript requirement**

Draft language for 12 AAC 54.030(a)(2) to define "national accreditation agency approved by the board" in regulation for recommendation to the Board at Oct, 2025 meeting.

#### **B. Goal 4.A - Review/Revise CE requirements as needed + Goal 4.B - Develop Additional CE Opportunities**

- Staff to collect data from other states on "does your state require/allow CPR as part of CE? If so, do you still feel it is relevant with the growing advent of telehealth? Minimum and maximum allowable.
- Review all 3 - NE, NC, CA - do a mark-up - what you like; don't like.
  - Do we want to increase hours requirement - increase/decrease? Quantity doesn't necessarily mean quality.

- Note: keep CE requirement consistent w/industry standards with regards to contact hours vs. PDUs, etc.

### **C. Goal 2.B - Informed Consent**

Informed Consent – The work on Informed Consent continues at a national level in the FSBPT Informed Consent Task Force. Goal 2.B previously tabled for discussion until results of draft language and supporting documents are approved nationally and distributed. 6/3/2025 - FSBPT Informed Consent Resources approved by FSBPT board and posted on their website at <https://www.fsbpt.org/Free-Resources/Regulatory-Resources/Informed-Consent>

### **D. Jurisprudence Questionnaire update**

Jurisprudence Questionnaire Update tabled from last meeting. Completion of SB74 - PT Compact Licensure regulations project needed to incorporate any necessary questions related to fingerprinting/background reports, compact licensure, etc.

### **E. Goal 2.A - Update FAQs on PT/OT website**

Tabled from last meeting.

## **7. Item from Regulations Committee 08/02/2024 mtg.**

Possible awareness campaign for telehealth visits - Patients always have the right to see your license. Best practice to include license# and title OT/OTA or DPT/PTA in your Zoom listing so it's very clear what your credentials are. Ideas - Patients Rights brochure (similar to what is given when you are admitted to the hospital) and included on website. Tabled from last meeting.

## **8. Next Steps**

**11:55 AM**

## **9. Adjourn**

**12:00 PM**



# AK PT/OT Board - Continuing Competency Mtg - March 13, 2025 Minutes

Alaska Division of Corporations, Business and Professional Licensing

3/13/2025 10:00 AM AKDT

@ Juneau - Zoom

***These are DRAFT minutes prepared by staff of the Division of Corporations, Business and Professional Licensing. They have not been reviewed or approved by the Board.***

## 1. Call to Order/Roll Call

Committee Members: Rebecca Dean, Valerie Phelps, Jonathan Gates

Continuing Competency/Education – Purpose: Better access to information to assist in clarifying statutory/regulatory guidelines as it applies to public safety and review the continuing professional practice and alternatives requirements and continuing education requirements for physical therapy and occupational therapy and make suggestions for modernization to the board.

By authority of AS 08.01.070(2), and in compliance with the provisions of AS 44.62, Article 6, a scheduled Continuing Competence/Education committee meeting of the State Physical Therapy and Occupational Therapy Board was called to order at 10: 04 am on Thursday, March 13, 2025. Roll Call was done by Valerie Phelps.

Committee members present: Valerie Phelps, Rebecca Dean and Jonathan Gates.

Staff present: Shane Bannarbie, Program Coordinator and Sheri Ryan, Licensing Examiner.

## 2. Review/Approve Agenda

**Rebecca Dean moved to accept the agenda for the March 13, 2025 Continuing Competency Committee meeting as submitted. Jonathan Gates seconded. All in favor; none opposed. Motion passes unanimously.**

## 3. Approve 10-03-2024 Minutes

**Rebecca Dean moved to accept the minutes from the October 3, 2024 Continuing Competency Committee meeting as written. Jonathan Gates seconded. All in favor; none opposed. Motion passes unanimously.**

## 4. Public Comment

No members of the public connected; no public comment given.

## 5. Board Correspondence

No board correspondence submitted for the committee to address.

6. Action Items - Prioritized

A. Goal 3.B - Streamline PT Licensing - Transcript requirement

Staff to discuss Goal 3.B requirement of possible regulations project with Regulations Specialist to define "a national accreditation agency approved by the board" for AS 08.84.030(a)(1) in 12 AAC 54.030 and 12 AAC 54.100.

Add "CAPTE" to 12 AAC 54.030(a)(2); define accredited agency from AS 08.84.030(a)(1) to be CAPTE in regulation. Per Alison Osborne = housekeeping issue. Need to make recommendation to the PHY Board at October Board meeting.

Current language:

12 AAC 54.030(a)(2) the applicant's certified transcript sent directly to the department from a physical therapy school meeting the requirements of AS 08.84.030(a)(1);

AS 08.84.030(a)(1) have graduated from a professional physical therapy education program that includes supervised field work and is accredited by a national accreditation agency approved by the board.

**Action Item:**

Draft language for 12 AAC 54.030(a)(2) to define "national accreditation agency approved by the board" in regulation for recommendation to the Board at Oct, 2025 meeting.

B. Goal 4.A - Review/Revise CE requirements as needed + Goal 4.B - Develop Additional CE Opportunities

Expand opportunities (ongoing project) through current regulatory projects by making recommendations to Board. Potential regulatory changes to what qualifies as "direct patient care" aka "to ensure the delivery of care." 12 AAC 54.420(c) + 12 AAC 54.715(c) - leadership courses, incentives to serve on task forces and as board members, attend board meetings, teaching and preparation time for course materials, preceptorship/supervision of students/interns

Questions to research for next meeting:

1. What are the diverse options in education and development?
2. How many hours do we want to require?
3. Do we want to change from CEU to PDU, continuing competency,
  1. What is the advantage of one over the other
  2. Common language is continuing competency
  3. How do we convert one to the other?



4. Kristen notes that CEU's is the gold standard because they include an assessment
4. Consider keeping CE requirements same for PT/PTA and OT/OTA for standardization of regulations, renewal processing, and audits.
- Committee to gather information from national associations (FSBPT and NBCOT) and random state research.

- Valerie Phelps to research board requirements for CE in AZ, MN, WA, and WI
- Rebecca Dean to research board requirements for CE in IN, NC, OH, and UT.
- Rebecca Dean to send email to FSBPT for state by state CE comparison resource for PT.

Reviewed research and brainstormed development of additional CE opportunities.

- AZ - CE documentation worksheet
- CA + NC requirements for submission
- NE model
- Like CA layout model; like options available in NC but matrix/worksheet difficult to follow; NE example also stands out as favorable.

Committee members discussed recommending increasing hours total but requiring CPR + Ethics (possibly informed consent) on top of current required 24 contact hours.

- Study groups as an additional CE opportunity discussed. This opportunity would be advantageous for rural Alaska as well as all Alaska. Further discussion needed on definition of participating provider involvement - licensed or certified healthcare professional. Would it be limited to industry specific professionals?
- Page 3 - Residency + fellowships do exist for PTA; they should receive credit.
- Page 3 - "Home" study program for PT by an approved provider -->change to "Independent" study program. Reviewed Dental Board regulation language 12 AAC 28.410(i) Not more than eight hours of continuing education taken through the Internet in a 24-hour period may apply to meet the continuing education hours required by 12 AAC 28.400 or 12 AAC 28.405. Discussed utilizing "one calendar day" versus "24-hour period" in draft language.

Committee discussed utilizing AKOTA and APTA-AK for communicating a 90-day warning with licensees CE due.

**Action Items:**

- Staff to collect data from other states on "does your state require/allow CPR as part of CE? If so, do you still feel it is relevant with the growing advent of telehealth? Minimum and maximum allowable.
- Homework - review all 3 models - NE, NC, CA - do a markup - what you like/don't like.
- Review CE requirement for possible increase to include subject matter requirements of informed consent, ethics, and sex trafficking.

#### C. Goal 2.B - Informed Consent

Informed Consent – The work on Informed Consent continues at a national level in the FSBPT Informed Consent Task Force. Goal 2.B tabled for discussion until results of draft language and supporting documents are approved nationally and distributed.

Tabled for additional information from FSBPT.

#### D. Jurisprudence Questionnaire update

Jurisprudence Questionnaire Update tabled from last meeting. Completion of SB74 - PT Compact Licensure regulations project needed to incorporate any necessary questions related to fingerprinting/background reports, compact licensure, etc.

Tabled for completion of SB74 regulations project.

#### E. Goal 2.A - Update FAQs on PT/OT website

Tabled from last meeting.

No action.

### 7. Item from Regulations Committee 08/02/2024 mtg.

Possible awareness campaign for telehealth visits - Patients always have the right to see your license. Best practice to include license# and title OT/OTA or DPT/PTA in your Zoom listing so it's very clear what your credentials are. Ideas - Patients Rights brochure (similar to what is given when you are admitted to the hospital) and included on website.

No action.

### 8. Disciplinary Matrix Project - assigned at Oct, 2024 board meeting

Board adopted Ohio Disciplinary Matrix as template. Assigned project to Continuing Competency Committee to update template for AK use.

Topic tabled to next meeting.

### 9. Next Steps

- Draft language for 12 AAC 54.030(a)(2) to define "national accreditation agency approved by the board" in regulation for recommendation to the Board at Oct, 2025 meeting.

- Staff to collect data from other states on "does your state require/allow CPR as part of CE? If so, do you still feel it is relevant with the growing advent of telehealth? Minimum and maximum allowable.
- Review all 3 - NE, NC, CA - do a mark-up - what you like; don't like.
  - Do we want to increase hours requirement - increase/decrease? Quantity doesn't necessarily mean quality.
  - Note: keep CE requirement consistent w/industry standards with regards to contact hours vs. PDUs, etc.
- Review CE requirement for possible increase to include subject matter requirements of informed consent, ethics, and sex trafficking.

#### 10. Adjourn

The State Physical Therapy and Occupational Therapy Board Continuing Competence/Education Committee meeting was adjourned at 11:57 pm on Thursday, March 13, 2025.

Next committee meeting scheduled for June 12, 2025.

## California CCE Rules

If you are a licensee that has renewed your license one (1) or more times, use this chart to help you determine the number of continuing competency hours required.

Renewal Payment Was Submitted to PTBC	Basic Life Support Hours	Ethics, Laws and Regulations Hours	Other Hours of Coursework Needed*	Total Hours Required
Before OR After the Expiration Date	4 Hours	2 Hours	24 Hours	30 Hours

*\*Other as used here means continuing competency activity from a traditional or alternate pathway pursuant to Section 1399.94 of Title 16 of the California Code of Regulations.*

[Home Table of Contents](#)**§ 1399.94. Authorized Pathways for Obtaining Hours.**

16 CA ADC § 1399.94

Barclays Official California Code of Regulations

Barclays California Code of Regulations

Title 16. Professional and Vocational Regulations

Division 13.2. Physical Therapy Board of California

Article 13. Continuing Competency Requirements and Inactive License Status

16 CCR § 1399.94

**§ 1399.94. Authorized Pathways for Obtaining Hours.**Currentness

Continuing competency hours must be obtained through an authorized pathway, which may be either traditional or alternate.

(a) Traditional pathways are those offered by an approved provider. There is no limit to the number of hours which may be accumulated through traditional pathways. The traditional pathways are:

- (1) Continuing education courses, including home and self-study courses, approved through an agency recognized by the board under the provisions of regulation section 1399.95; and
- (2) College coursework from an accredited institution.

(b) Alternate pathways are those offered by an entity other than an approved provider. Only those alternate pathways described in this section may be used to accumulate continuing competency hours. The number of alternate pathway hours that may be applied for a renewal cycle may not exceed any cap noted below. Hours may be granted only in accordance with the conversion formula for each alternate pathway noted below.

Alternate Pathways			
	<b>Description</b>	<b>Cap</b>	<b>Conversion</b>
(A)	Publishing a peer-reviewed journal article, case study, or book chapter.	16 hours	5 hours per article, study or chapter
(B)	Developing or presenting an approved college or continuing education course for the first time.	16 hours	4 hours for each course
(C)	Participating as a subject matter expert in the examination process for the Board, FSBPT, or ABPTS.	16 hours	6 hours per experience
(D)	Serving on a Board appointed task force.	16 hours	6 hours per experience
(E)	Performing in a role as a clinical instructor where the student's clinical experience is full time and lasts at least 4 weeks. Effective January 1, 2013, the clinical instructor must be credentialed by APTA or hold a substantially similar credential.	12 hours	1 hour per week
(F)	Attending a conference relating to the practice of physical therapy where proof of attendance is provided by the conference sponsor.	8 hours	2 hours per conference
(G)	Attending a conference offered by FSBPT, APTA, or a component thereof.	8 hours	4 hours per conference
(H)	Attending a Board meeting.	8 hours	2 hours per meeting
(I)	Completing a FSBPT practice review tool.	6 hours	6 hours per experience
(J)	Successfully passing one of the American Board of Physical Therapy Specialties' certified specialist examinations, including re-certification examinations.	6 hours	6 hours per examination
(K)	Completing training as an expert consultant for the Board.	6 hours	6 hours per training
(L)	Successfully passing the Board's California Law Examination.	2 hours	2 hours per examination

**Credits**

NOTE: Authority cited: Sections 2615 and 2649, Business and Professions Code. Reference: Sections 2644 and 2649, Business and Professions Code.

**HISTORY**

1. New section filed 10-7-2009; operative 11-6-2009 (Register 2009, No. 41).
2. Change without regulatory effect amending subsections (a)(1)-(2) filed 9-21-2015 pursuant to section 100, title 1, California Code of Regulations (Register 2015, No. 39).
3. Change without regulatory effect amending NOTE filed 7-6-2017 pursuant to section 100, title 1, California Code of Regulations (Register 2017, No. 27).

This database is current through 9/27/24 Register 2024, No. 39.

Cal. Admin. Code tit. 16, § 1399.94, 16 CAADC § 1399.94

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**END OF DOCUMENT**

**From:** [Rebecca Dean](#)  
**To:** ["Dr. Valerie Phelps"; Ryan, Sheri J \(CED\)](#)  
**Cc:** ["Rebecca Dean"](#)  
**Subject:** Nebraska Continuing Competency Requirements  
**Date:** Thursday, October 3, 2024 4:03:57 PM  
**Attachments:** [Nebraska Physical Therapy Continuing Competency Requirements PTAceptableCE 10032024.pdf](#)

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**CAUTION:** This email originated from outside the State of Alaska mail system. Do not click links or open attachments unless you recognize the sender and know the content is safe.

Ladies

Last resource for the day on our investigation. Nebraska quick and simple has it laid out on one sheet

Also..... I believe the trend is Continuing Competency

Rebecca S. Dean, MA, FACMPE

Healthcare Strategy and Implementation Executive

***MGMA Lifetime Achievement Recipient***

CEO Emeritus, Sportsmedicine & Orthopaedics Fairbanks

Former Practice Administrator, Tanana Valley Clinic Orthopedics and Sports Medicine

Former Director, Operations and Development, Tanana Valley Clinic Orthopedics and Sports Medicine

Dean & Associates, LLC

P O Box 70228

Fairbanks, AK 99707

Mobile: 907 388 3326

Email: [rsdean@att.net](mailto:rsdean@att.net)

## NEBRASKA PHYSICAL THERAPY CONTINUING COMPETENCY REQUIREMENTS

**Physical Therapists must have completed at least twenty (20) hours of acceptable continuing education or have met conditions of a waiver between 11/02/2019 through 11/01/2021.**

**Physical Therapist Assistants must have completed at least ten (10) hours of acceptable continuing education or have met conditions of a waiver between 11/02/2019 through 11/01/2021.**

**The Board does not approve continuing education programs or activities. In order for a continuing education activity or program to be accepted for renewal or reinstatement of a license, the activity or program must relate to physical therapy and may focus on research, treatment, documentation, management, or education.**

1 hour of credit will be awarded for each hour of attendance. Credit will not be awarded for breaks or meals. The following provides the hour calculations for acceptable continuing education.

NOTE: Nebraska Law Tutorial is no longer required for renewal or reinstatements. Passing the Tutorial with 100% can be used for 1 hour of continuing education.

### ACCEPTABLE CONTINUING EDUCATION

1. STATE AND NATIONAL MEETINGS. Programs at State and National meetings which relate to the theory or clinical application of theory pertaining to the practice of physical therapy.
2. FORMAL EDUCATION COURSES. The courses or presentations must be formally organized and planned instructional experiences in which the instructor has specialized experience or training to meet the objectives of the course and which have:  
(a) A date; (b) Location; (c) Course title; (d) Number of contact hours; (e) A signed certificate of attendance; and (f) Are open to all licensees and certificate holders.
3. HOME STUDY. The home study program must have a testing mechanism. A licensee or certificate holder may complete a maximum of 10 hours of continuing education by home study each 24-month renewal period.
4. MANAGEMENT COURSES. A licensee or certificate holder may complete a maximum of 4 hours of continuing education utilizing management courses each 24-month renewal period.
5. WEBINARS. A licensee or certificate holder may complete a maximum of 10 hours of continuing education utilizing webinars each 24-month renewal period. Webinars are continuing education activities that meet the following criteria: (a) There is a sponsoring group or agency; and (b) Attendance is not self-monitored. (Facilitator required.)
6. SCIENTIFIC REVIEW OF RESEARCH PAPERS. Completion and publication of a scientific review of a research paper for a professionally recognized database as approved by the Board. 1 contact hour will be awarded for each article published. A licensee or certificate holder will be awarded a maximum of 5 hours each 24-month period. Documentation must include a certificate of completion or a copy of the published review.
7. PUBLICATIONS. Participation in research or other scholarly activities that result in professional publication or acceptance for publication that relates to physical therapy and is intended for an audience of health care professionals. Licensees or certificate holders will be awarded a maximum of 10 hours each 24-month period. This includes:  
(a) Authoring an article in a non-refereed journal. Earn 5 hours per article: Documentation required – a copy of the article;  
(b) Authoring an article in a refereed journal. Earn 10 hours per article: Documentation required – a copy of the article;  
(c) Authoring or being a contributing author of a published textbook. Earn 10 hours per book: Documentation required – A copy of the title page;  
(d) Authoring a poster presentation. 5 hours per presentation: Documentation required – Letter of acknowledgement; and  
(e) Authoring a home study course. Earn 5 hours per course: Documentation - Letter of approval.
8. JURISPRUDENCE (NE LAW) EXAMINATION. 5 hours of continuing education will be awarded for passing the Jurisprudence (NELAW) Examination with a scaled score that is greater than or equal to 600. NOTE: NOT A FREE EXAM.
9. NEBRASKA LAW TUTORIAL. 1 hour of continuing education will be awarded for passing the Nebraska Law Tutorial with a score of 100%. FREE EXAM. <https://www.propofs.com/quiz-school/story.php?title=NTqwOTYx>
10. RESIDENCY OR FELLOWSHIP PROGRAM. A licensee or certificate holder will be awarded 1 hour for each month of participation for the completion of a residency or fellowship program approved by the American Board of Physical Therapy Residency and Fellowship Education. A letter verifying participation from the agency providing the program must be submitted. The dates of participation must be included in the letter.
11. SPECIALTY CERTIFICATION. Obtaining the initial Certified Strength and Conditioning Specialist (CSCS) certificate issued by the National Strength and Conditioning Association (NSCA). 4 hours of continuing education will be awarded for the Certified Strength and Conditioning Specialist (CSCS) certificate during the 24 months prior to the reinstatement application or license expiration date.



12. SUPERVISION. Direct supervision of students for clinical education:
  - (a) The physical therapist or physical therapist assistant who is supervising the student must be an American Physical Therapy Association Credentialed Clinical Instructor of record at the Basic Level;
  - (b) The student being supervised must be from an accredited physical therapist or physical therapist assistant program and participating in a full-time clinical experience of varying length. Full-time is defined as clinical experiences with durations of approximately 40 hours per week ranging from 1-18 weeks;
  - (c) 1 hour will be awarded for every 160 contact hours of supervision of full-time physical therapist student or physical therapist assistant student;
  - (d) A maximum of 8 hours for physical therapist and 4 hours for physical therapist assistant per 24-month renewal period may be awarded to each individual for supervision of a physical therapist student or physical therapist assistant student; and
  - (e) The physical therapist or physical therapist assistant must have documentation from the accredited educational program indicating the number of hours spent supervising a student.
13. CARDIOPULMONARY RESUSCITATION CERTIFICATION. 2 hours of credit will be awarded for a current Cardiopulmonary Resuscitation for the Healthcare Provider (CPR) certificate.
14. PRESENTATION. 1 hour credit will be awarded for each hour of scientific presentation by a licensee or certificate holder acting as an essayist or lecturer to licensed physical therapists and physical therapist assistants if the program relates to the theory or clinical application of theory pertaining to physical therapy. A licensee or certificate holder may receive continuing education credit for only the initial presentation during a renewal period, with a maximum of 4 hours of continuing education for presentations in a 24-month renewal period.

**From:** [Rebecca Dean](#)  
**To:** ["Dr. Valerie Phelps"; Ryan, Sheri J \(CED\)](#)  
**Subject:** North Carolina Continuing Competency Requirements  
**Date:** Thursday, October 3, 2024 2:53:57 PM  
**Attachments:** [North Carolina PT Continuing Competences Rules and Resource Information 10032024.pdf](#)  
[North Carolina PT Continuing Competency Chart of Activities 10032024.pdf](#)

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**CAUTION:** This email originated from outside the State of Alaska mail system. Do not click links or open attachments unless you recognize the sender and know the content is safe.

North Carolina Board of Physical Therapy Examiners Link for CC: [Continuing Competence Renewals \(ncptboard.org\)](#)

[Continuing Competence \(ncptboard.org\)](#)

Link for North Carolina Board of PT FAQ..... Excellent Resources when you open each one! Fits right into our discussions [Continuing Competence \(ncptboard.org\)](#)

North Carolina Documenting Evidence of Compliance of Continuing Competence Activities  
<https://www2.ncptboard.org/documents/continuingcompetence/Documenting%20Continuing%20Competence%20Activities.pdf>

Helpful in breaking out the activities options for CE

North Carolina Board of PT Pre Approved Providers for CE  
<https://www2.ncptboard.org/app/ContinuingCompetence/ProvidersAndCourseListing.php>

- **NCBPTE Pre-Approved Providers per Board rule 21 NCAC 48G.0108:**
  - A state chapter or section of APTA, APTA approved residency or fellowship
  - The Federation for State Boards of Physical Therapy (FSBPT)
  - A state PT licensure board in the US or Canada
  - IACET (International Association for Continuing Education and Training)
  - The NC Department of Public Instruction, NC Division of Public Health and NC AHEC (PT related activities)
- If a course is not posted here, check directly with the course provider to see if it has been pre-approved.

Also attaching scanned copies of this information for your quick access review

Rebecca S. Dean, MA, FACMPE

Healthcare Strategy and Implementation Executive

***MGMA Lifetime Achievement Recipient***

CEO Emeritus, Sportsmedicine & Orthopaedics Fairbanks

Former Practice Administrator, Tanana Valley Clinic Orthopedics and Sports Medicine

Former Director, Operations and Development, Tanana Valley Clinic Orthopedics and Sports Medicine

Dean & Associates, LLC

P O Box 70228

Fairbanks, AK 99707

Mobile: 907 388 3326

Email: [rsdean@att.net](mailto:rsdean@att.net)

# Continuing Competence Rules

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Thursday, October 3, 2024

## Continuing Competence Rules and Chart

The North Carolina Board of Physical Therapy Examiners recommended changes to the Rules concerning Continuing Competence requirements for license renewal. These changes were adopted by the Rules Review Commission and become effective February 1, 2015.

To review the updated Rules and Summary chart, click on the links. Updates have been highlighted for your convenience.

For questions regarding Continuing Competence, please contact the Board at:


Email: [PTBoard@ncptboard.org](mailto:PTBoard@ncptboard.org) and note "Continuing Competence Question" in the subject line.

Phone: (800) 800-8982 or (919) 490-6393

### Approved Rules

 [Continuing Competence Rules](#) Posted 05-01-2020


### Approved Chart


 [Continuing Competence Chart](#) Posted 09-05-2017



is needed for viewing documents.

### Previous document versions

 [Continuing Competence Rules](#) Updated 01-08-2009

 [Continuing Competence Chart](#) Updated 08-29-2013

 [Continuing Competence Rules](#) Updated 06-21-2013

 [Continuing Competence Chart](#) Updated 02-14-2014

 [Continuing Competence Rules](#) Updated 02-03-2015

**Questions?** Email [PTBoard@ncptboard.org](mailto:PTBoard@ncptboard.org).

**Website Feedback?** Email [NCPT\\_IT@ncptboard.org](mailto:NCPT_IT@ncptboard.org).

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# Continuing Competence Renewals

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Thursday, October 3, 2024

## Continuing Competence Requirements for License Renewal

(updated 09-30-2022)

The North Carolina Physical Therapy Practice Act requires that continuing competence activities be completed for license renewal. Continuing Competence is defined by NCBPTE rule as a "licensee's ongoing activities to augment knowledge, skills, behaviors and abilities related to the practice of physical therapy." Continuing education is one means of earning points however continuing competence encompasses a broad range of activities. Further descriptions for activities that meet the Board requirements for earning continuing competence points are found in the [Board's rules for Continuing Competence](#).

Detailed information can be found on the Board website under the Continuing Competence links. It is the responsibility of the licensee to read, understand and comply with the requirements. Summary information answering commonly asked questions can be found below:

### Reporting and Renewal periods defined:

Category	Frequency	Time Period
License renewal	Annual	By January 31
Continuing Competence Reporting Periods 30 points PT/20 points PTA	25 months	January 1 through January 31 (example: January 1, 2023 through January 31, 2025)

#### WHAT IS MY CONTINUING COMPETENCE REPORTING PERIOD?

To find your reporting period, use your login to access the online continuing competence report on the Board website.

Each PT licensee must accumulate 30 points and each PTA licensee must accumulate 20 points of continuing competence activities during the assigned reporting period to be eligible for license renewal. The points must include one mandatory point from a Jurisprudence Exercise. There is a 25-month period to complete the continuing competence requirement.

If you have questions about reporting periods for continuing competence, send an email inquiry to: [PTBoard@ncptboard.org](mailto:PTBoard@ncptboard.org) and note "Continuing Competence Question" in the subject line.

#### HOW DO I ACCESS MY CONTINUING COMPETENCE REPORT?

Click on the Continuing Competence tab on the home page of the Board website and look for the Continuing Competence Reporting button. Use your login information to access your online report. This web-based report is accessible 24/7 once your reporting period is open. New reporting periods are added to the online reporting system as soon as possible after license renewals end on January 31. After logging in, follow the directions on each page to directly enter activities into the report.

#### HOW DO I EARN POINTS FOR CONTINUING COMPETENCE ACTIVITIES?

Points may be earned in ways described in Board Rule 21 NCAC 48G .0109. Suggestions and information are available under the Continuing Competence links on the website.

Renewal card and receipt for renewal card only for accuracy.

## CONTINUING COMPETENCE REPORTING FOR LICENSE RENEWALS

After the first renewal, periodic reporting of continuing competence activities is required. Enter activities when completed into your Continuing Competence Report page (see above). When renewing at the end of a reporting period, all continuing competence activities, including Jurisprudence Exercise, must be completed by January 31.

**Questions?** Email [PTBoard@ncptboard.org](mailto:PTBoard@ncptboard.org).  
**Website Feedback?** Email [NCPT\\_IT@ncptboard.org](mailto:NCPT_IT@ncptboard.org).

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## **SUBCHAPTER 48G - RETENTION OF LICENSE**

### **SECTION .0100 - LICENSURE RENEWAL**

#### **21 NCAC 48G .0101 RENEWAL TIME**

#### **21 NCAC 48G .0102 RENEWAL APPLICATION**

*History Note: Authority G.S. 90-270.26; 90-270.32; P.L. 93-641;*

*Eff. February 1, 1976;*

*Readopted Eff. September 30, 1977;*

*Amended Eff. October 28, 1979;*

*Repealed Eff. December 30, 1985.*

#### **21 NCAC 48G .0103 RENEWAL FEE**

All applications for renewal must be accompanied by the payment of the current renewal fee.

*History Note: Authority G.S. 90-270.92; 90-270.99; 90-270.100;*

*Eff. February 1, 1976;*

*Readopted Eff. September 30, 1977;*

*Amended Eff. April 1, 1989; January 1, 1979;*

*Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 1, 2018.*

#### **21 NCAC 48G .0104 RENEWAL**

(a) If on active duty, and to whom G.S. 105-249.2 grants an extension of time to file a tax return, a member of the United States Armed Services is exempt from compliance with renewal requirements.

(b) The Board shall make available to each licensee having an active license, a renewal certificate bearing the current name of the licensee, license number and a January 31 expiration date.

*History Note: Authority G.S. 90-270.92; 90-270.99; 93B-15; 105-249.2;*

*Eff. February 1, 1976;*

*Readopted Eff. September 30, 1977;*

*Amended Eff. July 1, 2013; May 1, 1988; December 30, 1985; October 28, 1979;*

*Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 1, 2018.*

#### **21 NCAC 48G .0105 DEFINITIONS**

As used in this Subchapter, the following definitions apply:

(1) "Approved provider" means an entity that has been approved by the Board to provide continuing competence activities for licensees as provided in the rules in this Section.

(2) "Clinical Practice" means physical therapy consultation or patient care or client management or the supervision thereof.

(3) "Contact Hour" means at least 50 consecutive minutes of engagement in a continuing competence activity. Two segments of at least 25 consecutive minutes each is equivalent to one contact hour. Breaks and meals are not included in contact hours.

(4) "Continuing Competence" means the licensee's ongoing activities to augment knowledge, skills, behaviors, and abilities related to the practice of physical therapy.

(5) "Continuing Education" means courses of study designed to provide learning experiences for physical therapy licensees.

(6) "Documentation" means evidence of completion of continuing competence activities.

(7) "Jurisprudence Exercise" is an online set of questions concerning the Physical Therapy Practice Act, Board rules and Position Statements posted on the Board's website at <http://www.ncptboard.org>.

(8) "Licensee" means a physical therapist or physical therapist assistant licensed in North Carolina.

- (9) "Peer-reviewed" means judged by an independent panel of experts having special knowledge or skills in a particular field of study.
- (10) "Point" means a unit of continuing competence.
- (11) "Registered" means enrollment in a continuing competence activity.
- (12) "Reporting period" means a 25 month period commencing on January 1 during which the licensee must complete all continuing competence requirements. Points earned by a licensee may be counted toward completion during one reporting period only.
- History Note: Authority G.S. 90-270.92;*  
*Eff. January 1, 2009;*  
*Amended Eff. January 1, 2014;*  
*Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 1, 2018.*

## **21 NCAC 48G .0106 CONTINUING COMPETENCE REQUIREMENT**

- (a) For individuals licensed prior to January 1, 2009, during each reporting period thereafter, each physical therapist must accumulate 30 points, and each physical therapist assistant must accumulate 20 points of continuing competence activities to be eligible for license renewal.
- (b) For individuals whose date of initial licensure is after January 1, 2009, commencing on January 1 following the date of initial licensure, each physical therapist must accumulate 30 points and each physical therapist assistant must accumulate 20 points of continuing competence activities during the reporting period to be eligible for license renewal.
- (c) Up to 10 extra points earned during one reporting period may be carried over to the next reporting period, except that points earned for the Jurisprudence Exercise, Clinical Practice and Self-Assessment categories may not be carried forward.

*History Note: Authority G.S. 90-270.92;*  
*Eff. January 1, 2009;*  
*Amended Eff. January 1, 2014;*  
*Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 1, 2018.*

## **21 NCAC 48G .0107 STANDARDS FOR CONTINUING COMPETENCE ACTIVITIES**

The Board shall approve continuing competence activities which meet the following standards and provisions:

- (1) They have intellectual or practical content based on best available scientific evidence and the primary objective is to increase the participant's professional competence and proficiency as a licensee;
- (2) They constitute learning experiences dealing with matters directly related to the practice of physical therapy or patient welfare;
- (3) Live instruction, mechanically or electronically recorded, reproduced or transmitted material, other electronic media, or a computer website accessed via the Internet are used;
- (4) Continuing competence materials are prepared, and activities conducted, by an individual or group qualified by practical or academic experience in a setting physically suitable to the educational activity of the program or clinical experience and, when appropriate, equipped with suitable writing surfaces or sufficient space for taking notes;
- (5) Written materials are distributed to all attendees at or before the time a course is presented. These may include scientific materials based on written references printed from a computer presentation, computer website, or other electronic media. A written agenda, objectives or outline for a presentation satisfies this requirement when written reference materials are not suitable or readily available for a particular subject;
- (6) The provider remits costs as required by Rule .0112 of this Subchapter and keeps and maintains attendance records of each continuing competence experience sponsored by it in North Carolina; and
- (7) For activities that are directed to more than one discipline, or are directed primarily to another health care discipline, the Board is satisfied that the content of the activity would enhance physical therapy skills or aid in the practice of physical therapy.

*History Note: Authority G.S. 90-270.92;*  
*Eff. January 1, 2009;*  
*Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 1, 2018.*

## **21 NCAC 48G .0108 APPROVAL OF PROVIDERS AND ACTIVITIES**



- (a) The Board shall approve a provider if it is satisfied that the provider's programs have met the standards set forth in Rule .0107 of this Section.
- (b) Once a provider is approved, the continuing competence activities offered by that organization are approved for credit and no application must be made to the Board for approval.
- (c) The following organizations are approved providers:
- (1) Any agency or board responsible for licensing individuals to practice physical therapy in the United States or Canada;
  - (2) The American Physical Therapy Association (APTA), including any Sections, credentialed residencies and fellowships and its accrediting subsidiary;
  - (3) State Chapters of APTA;
  - (4) The Federation of State Boards of Physical Therapy (FSBPT), and any accrediting subsidiary;
  - (5) The International Association for Continuing Education and Training (IACET);
  - (6) Any providers approved or accredited by the agencies or organizations listed in Subparagraphs (1) through (5) of this Paragraph;
  - (7) Physical therapist and physical therapist assistant programs approved by an agency recognized by either the U.S. Department of Education or the Council on Postsecondary Accreditation; and
  - (8) The North Carolina Department of Public Instruction, North Carolina Division of Public Health and North Carolina Area Health Education Centers with regard to activities directly related to physical therapy.
- (d) The Board may at any time revoke the approval of a provider for failure to satisfy the requirements of Rule .0107 of this Section. The Board may evaluate an activity presented by an approved provider and, upon a determination that the activity does not satisfy the requirements of Rule .0107 of this Section, notify the approved provider that any presentation of the same activity is not approved for credit. The notice shall be sent by the Board to the approved provider within 30 days after receipt of the notification. The approved provider may request reconsideration of the decision by submitting a letter of appeal to the Board's Executive Director within 15 days of receipt of the notice of disapproval.
- (e) Any organization not approved as a provider that desires approval of a course or activity to be offered in North Carolina shall apply to the Board at least 60 days prior to the date the activity is scheduled. The application shall include the name and address of the activity provider, the date, location and schedule for the activity, a description of the qualifications of the presenters and the content of the activity, including written materials. An activity shall be deemed approved if notice of denial is not furnished to the organization within 30 days of the scheduled activity. An applicant denied approval of a program may request reconsideration of the decision by submitting a letter of appeal to the Board's Executive Director within 15 days of receipt of the notice of disapproval.
- (f) A licensee desiring approval of a course or activity that has not otherwise been approved shall apply to the Board at least 30 days prior to the date the activity is scheduled. The licensee shall furnish the name and address of the activity provider, the date, location and schedule of the activity and a description of the qualifications of the presenters and the content of the activity, including written materials. An activity shall be deemed approved if notice of denial is not furnished to the licensee within 10 days of the scheduled activity. An applicant denied approval of a program may request reconsideration of the decision by submitting a letter of appeal to the Board's Executive Director within 15 days of receipt of the notice of disapproval.
- (g) For continuing competence activities offered for credit in this State, the providers shall furnish to the Board the activity code number assigned by the Board and a list of all licensees completing the activity, including full name and license number, within 90 days of the completion of the approved activity.

*History Note: Authority G.S. 90-270.92;*

*Eff. January 1, 2009;*

*Amended Eff. January 1, 2014;*

*Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 1, 2018.*

## **21 NCAC 48G .0109 CONTINUING COMPETENCE ACTIVITIES**

- (a) Continuing Education activities are eligible for points as follows:
- (1) A registered attendee at courses or conferences offered live in real time by approved providers earns one point for each contact hour. The maximum number of points allowed during any reporting period shall be 29. The maximum number of points allowed during any reporting period for an interactive course offered through electronic media shall be 15. Credit shall not be given for the same course or conference more than once during any reporting period. The licensee shall retain the Certificate of Attendance issued by the approved provider.



(2) For registered participation in an academic course related to physical therapy offered for credit in a post-baccalaureate program unless the course is required for licensure, one semester hour earns 15 points, and the maximum number of points allowed during any reporting period shall be 29. The licensee shall obtain a letter grade of "C" or better, or "P" if offered on a pass/fail basis. Credit shall not be given for the same course more than one time. The licensee shall retain a transcript published by the approved provider or furnished by the academic institution.

(3) For attendance or participation in an activity related to physical therapy for which no assessment is received, two contact hours earns one point. The maximum number of points allowed during any reporting period shall be five. Credit shall not be given for the same activity more than one time. The licensee shall retain a certificate of completion, or if that is not available, a summary of the objectives of the activity and the time spent in the activity.

(4) For registered participation in a non-interactive course offered by an approved provider by videotape, satellite transmission, webcast, DVD, or other electronic media, one hour of participation earns one point. The maximum number of points allowed during any reporting period shall be 10. Credit shall not be given for the same course more than once during a reporting period. The licensee shall retain a certificate of completion provided by the course provider.

(5) For participation in a study group consisting of at least three licensees conducted either live or in real time through electronic media, whose purpose is to advance the knowledge and skills of the participants related to the practice of physical therapy, two hours of participation in the study group earns one point. The maximum number of points allowed during any reporting period shall be 10. The licensee shall retain a biography of each participant, a statement of the goals of the study group, attendance records for each participant, assignments for each participant and an analysis by each participant specifying the knowledge and skills enhanced by participating in the study group.

(6) For participation in a self-designed home study program for the purpose of advancing the knowledge and skill of the participant related to the practice of physical therapy, three hours of home study earns one point. The maximum number of points allowed for home study during any reporting period shall be five. The licensee shall retain a description of the plans and objectives of the home study, an analysis of the manner in which the plans and objectives were met, and a certification of the time spent on the project.

(7) For participation in continuing education required by credentialed residencies and fellowships, one point shall be granted for each contact hour. The maximum number of points for each reporting period shall be 29. The licensee shall retain the certificate of attendance issued by the American Physical Therapy Association ("APTA") credentialed residency or fellowship.

(8) For completion of a home study physical therapy program furnished by an approved provider, one hour of home study earns one point. The maximum number of points during any one reporting period allowed shall be 10. The licensee shall retain a certificate of completion issued by the approved provider.

(b) Points are awarded for advanced training as follows:

(1) For fellowships conferred by organizations credentialed by the APTA in a specialty area of the practice of physical therapy, 10 points shall be awarded for each full year of clinical participation, up to a maximum of 20 points per reporting period for this activity. The licensee shall retain the certificate conferred on the licensee or evidence that all requirements of the fellowship program have been met.

(2) For completion of a residency program in physical therapy offered by an APTA credentialed organization, 10 points shall be awarded for each full year of clinical participation, up to a maximum of 20 points per reporting period for this activity. The licensee shall retain the certificate conferred on the licensee or evidence that all requirements of the residency program have been met.

(3) For specialty certification or specialty recertification by the American Board of Physical Therapy Specialization ("ABPTS"), 20 points shall be awarded upon receipt of such certification or recertification during any reporting period. The licensee shall retain evidence from ABPTS that the certification or recertification has been granted.

(4) For a physical therapist assistant, Advanced Proficiency designation by the APTA for the PTA earns 19 points per reporting period. The licensee shall retain evidence from APTA that the designation has been awarded.

(c) Achieving a passing score on the Federation's Practice Review Tool ("PRT") earns 10 points. Taking the PRT without achieving a passing score earns five points. The licensee shall retain the certificate of completion and performance report. Points shall be awarded only one time for any specific practice area.

(d) Clinical Education activities are eligible for points as follows:



(1) For completion of a course offered by an approved provider for a licensee to become a Credentialed Clinical Instructor recognized by APTA, one course hour earns one point, and the maximum number of points awarded during any reporting period shall be 29. The licensee shall retain a credential certificate issued by the approved provider. Credit for completing the same course shall be given only once.

(2) For enrollment in a course offered by APTA for a licensee to become a Credentialed Clinical Instructor Trainer, one course hour earns one point, and the maximum number of points awarded during any reporting period shall be 29. The licensee shall retain a Trainer certificate issued by APTA. Credit for completing the same course shall be given only once.

(3) For serving as a Clinical Instructor for a physical therapist or physical therapist assistant student, resident, or fellow for a period of at least 80 hours, 40 hours of direct on-site supervision earns one point, and the maximum number of points awarded during any reporting period shall be eight. The licensee shall retain verification of the clinical affiliation agreement with the accredited educational program for the student supervised and a log showing the number of hours spent supervising the student.

(e) Presenting or teaching for an accredited physical therapy educational program; a transitional Doctor of Physical Therapy ("DPT") program; an accredited program for health care practitioners licensed under the provisions of Chapter 90 of the North Carolina General Statutes; or a state, national, or international workshop, seminar or professional health care conference earns two points for each hour of presentation or teaching. The licensee shall retain written materials advertising the presentation or teaching, or other evidence of the date, subject, goals and objectives of the presentation, and any written materials prepared by the licensee. A maximum of six points shall be allowed during any reporting period, and credit shall not be given for teaching or presenting the same subject matter more than one time during any reporting period.

(f) Research and published books or articles shall be eligible to accumulate up to a maximum of 15 points as follows:

(1) Submission of a request to a funding agency for a research grant as a Principal or Co-Principal Investigator earns 10 points. The licensee shall retain a copy of the research grant that shall include the title, an abstract, the funding agency, and the grant period. Points shall be awarded only one time during any reporting period.

(2) Having a research grant funded as a Principal Investigator or Co-Principal Investigator earns 10 points. The licensee shall retain a copy of the research grant that shall include the title, an abstract, the funding agency, the grant period and documentation of the funding received in a given period. Points shall be awarded only one time during a reporting period.

(3) Service as a Grants Reviewer earns one point for each two hours of grant review and a maximum of five points shall be allowed. The licensee shall retain a description of all grants reviewed and any reports generated in connection with the reviews, including the dates of service, the agency for whom the review was performed, and the hours spent on the grant review. Points shall be awarded only once for each grant reviewed during the reporting period.

(4) The author or editor of a book published by a third party entity dealing with a subject related to the practice of physical therapy earns 10 points. The licensee shall retain a copy of the published book and a list of consulted resources. Points shall be awarded only one time during any reporting period.

(5) The author or editor of a chapter in a book published by a third party entity dealing with a subject related to the practice of physical therapy earns five points. The licensee shall retain a copy of the published book and a list of consulted resources. Points shall be awarded only one time during any reporting period.

(6) The author of a published peer-reviewed article relating to the practice of physical therapy earns 10 points. The licensee shall retain the article, names and employers of the reviewers, and a list of consulted resources. Points shall be awarded only one time during any reporting period.

(7) The author of a published non peer-reviewed article or book-review or abstract relating to the practice of physical therapy earns four points. The licensee shall retain the article and a list of consulted resources. Each article, book-review, or abstract shall count one time only. A maximum of four points shall be awarded during any reporting period.

(8) The author of a published peer-reviewed abstract, book review, or peer-reviewed abstract for a poster or presentation related to the practice of physical therapy to a professional health care group earns five points for a presentation, up to a maximum of 15 points during any reporting period, and credit for the same poster or presentation shall not be awarded more than one time. The licensee shall retain a copy of the poster or presentation and a list of consulted resources.

(g) Clinical practice shall be eligible for points as follows:

(1) For each year during the reporting period that a licensee is engaged in clinical practice for 1,750 hours or more, three points shall be awarded. The licensee shall retain certification from the employer(s) for whom



the services were performed including year and hours worked or document practice hours as the owner of a practice.

(2) For each year during the reporting period that a licensee is engaged in clinical practice for at least 1,000 hours but less than 1,750 hours, two points shall be awarded. The licensee shall retain a certification from the employer(s) for whom the services were performed including year and hours worked or document practice hours as the owner of a practice.

(3) For each year during the reporting period that a licensee is engaged in clinical practice for at least 200 hours but less than 1,000 hours, one point shall be awarded. The licensee shall retain a certification from the employer(s) for whom the services were performed including year and hours worked or document practice hours as the owner of a practice.

(h) Professional Self-Assessment earns five points for completion of an approved Reflective Practice Exercise. This exercise shall be approved if it is a process for a licensee to evaluate current professional practice abilities, to establish goals to improve those abilities, to develop a plan to meet those goals, and to document that the objectives are being accomplished. The licensee shall retain evidence of completion of all elements of the Reflective Practice Exercise. Points shall be awarded only one time during any reporting period.

(i) Workplace Education shall be eligible for points as follows:

(1) Presentation or attendance at an in-service session related to the practice of physical therapy, including health care issues related to the practice of physical therapy, shall be allowed. The licensee shall retain a roster or certificate of attendance signed by a representative of the employer. Two hours of attendance earns one point. One hour of presentation earns one point. A maximum of five points may be earned during any one reporting period. Credit for the same in-service shall not be granted more than one time.

(2) Presentation or attendance at an in-service session devoted to general patient safety, emergency procedures, or governmental regulatory requirements shall be allowed. The licensee shall retain a roster or certificate of attendance signed by a representative of the employer. Two contact hours of in-service are equivalent to one point, which shall be the maximum credit granted during any reporting period. Credit for the same in-service shall not be granted more than one time during any reporting period.

(j) Professional Service shall be eligible for points as follows:

(1) Participation in a national physical therapy or interdisciplinary (including physical therapy) organization as an officer or chair of a physical therapy services committee, physical therapy services task force member, or delegate to a national assembly earns five points for each full year of participation, up to a maximum of 10 points during any reporting period. The licensee shall retain organizational materials listing the licensee's participation, a statement of the responsibilities of the position, and a summary of the activities of the licensee.

(2) Participation in a state physical therapy or interdisciplinary (including physical therapy) organization as an officer or chair of a physical therapy services committee earns four points for each full year of participation, up to a maximum of eight points during any reporting period. The licensee shall retain organizational materials listing the licensee's participation, a statement of the responsibilities of the position, and a summary of the activities of the licensee.

(3) Participation in a local or regional physical therapy or interdisciplinary (including physical therapy) organization as an officer or chair of a physical therapy service committee earns two points for each full year of participation, up to a maximum of four points during any reporting period. The licensee shall retain organizational materials listing the licensee's participation, a statement of the responsibilities of the position, and a summary of the activities of the licensee.

(4) Participation as a member of a physical therapy professional organization committee involved with physical therapy services earns one point for each full year of participation, up to a maximum of two points during any reporting period. The licensee shall retain organizational materials listing the licensee's participation, a statement of the responsibilities of the committee, and a summary of the work of the committee.

(5) Participation in unpaid volunteer service to the general public and healthcare professionals related to physical therapy earns one point for at least 20 hours spent on service activities during each year, up to a maximum of two points during any reporting period. The licensee shall retain published materials describing the service activity.

(6) Membership in the APTA for one year earns one point. A point may be earned for each year of membership during the reporting period. The licensee shall retain proof of membership in the APTA.

(7) Membership in an APTA Section for one year earns one-half point. The licensee shall retain proof of membership in the APTA Section. Points shall not be awarded for membership in more than one Section.



(8) Selection by the Federation for participation as an item writer of exam questions for the National Physical Therapy Examination (NPTE) or by the American Board of Physical Therapy Specialties (ABPTS) earns five points for each year of participation. The licensee shall retain documentation of participation by the Federation or ABPTS.

(9) Participation in clinical research, clinical trials, or research projects related to the practice of physical therapy earns 1 point for each hour of participation, up to a maximum of 10 hours per reporting period. The licensee shall retain a log of hours of participation including date, activity performed, location of the research, and primary investigator.

(k) During each reporting period, every licensee shall complete a jurisprudence exercise provided by the Board. The jurisprudence exercise shall be available online at the Board's website, at <http://www.ncptboard.org> and a certificate of completion shall be issued to a licensee at the conclusion of the exercise, at which time one point shall be awarded to the licensee. The maximum number of points allowed during a reporting period is three.

*History Note: Authority G.S. 90-270.92;*

*Eff. January 1, 2009;*

*Amended Eff. April 1, 2015; February 1, 2015; January 1, 2014;*

*Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 1, 2018;*

*Amended Eff. May 1, 2020.*

## **21 NCAC 48G .0110 EVIDENCE OF COMPLIANCE**

(a) Each licensee shall submit a completed Continuing Competence Reporting Form with an application for license renewal. The form shall be found on the Board's website at <http://www.ncptboard.org>.

(b) Licensees shall retain evidence of compliance with continuing competence requirements for a period of four years following the end of the reporting period for which credit is sought for an activity.

(c) Documentary evidence for continuing education activities shall include the following for each activity:

(1) name of approved provider;

(2) name of accrediting organization;

(3) title;

(4) date;

(5) hours for presentation; and

(6) record of attendance or participation by provider.

(d) The Board shall conduct random audits to ensure continuing competence compliance. Within 30 days from receipt of an Audit Notice from the Board, the licensee shall furnish the Board with the documentary evidence required by Rule .0109 of this Section showing completion of the points required for the audited reporting period.

(e) Requests for extensions of time for up to an additional 30 days to respond to the Audit Notice shall be submitted to and granted by the Board's Executive Director. For circumstances beyond the control of the licensee related to physical or medical hardship sustained by the applicant or his or her immediate family, the Board shall grant an additional period of time to respond to the Audit Notice.

(f) If the results of the audit show a licensee has not completed the required points, and the number of additional points needed by the licensee is 10 or fewer, the licensee shall complete the remaining points within 90 days from the date the Board notifies the licensee by electronic communication or U.S. Postal Service mail of the deficiency. For circumstances beyond the control of the licensee or for personal hardship, the Board shall grant an additional period of time to respond to the Audit Notice.

(g) Failure to respond to the Board's Audit Notice in a timely fashion, or failure to provide the necessary documentary evidence of compliance pursuant to this Rule shall subject the licensee to disciplinary action pursuant to 21 NCAC 48G .0601(a)(10).

*History Note: Authority G.S. 90-270.92;*

*Eff. January 1, 2009;*

*Amended Eff. February 1, 2015; January 1, 2014;*

*Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 1, 2018.*

## **21 NCAC 48G .0111 EXEMPTIONS**

(a) To qualify for an exemption from the rules in this Subchapter, a licensee must furnish the applicable information required on the Continuing Competence Compliance Form.

- (b) A member of the United States Armed Services is exempt pursuant to Rule. 0104 of this Section from compliance if on active duty for such period of time as G.S. 105-249.2 would grant an extension to file a tax return. The reporting period shall commence on January 1 following the licensee's discharge from active duty.
- (c) The Board shall grant an exemption from completing applicable continuing competence requirements to any licensee who becomes disabled or sustains a personal hardship that makes completion of continuing competence requirements impractical. The exemption may last for a period not to exceed two years, which shall be granted to the applicant based upon the applicant's documented treatment of care.
- (d) In cases of personal or family hardships, including medical issues or deployment, the Board shall allow the licensee up to an additional one year to complete the applicable continuing competence requirements.
- (e) Upon written application to the Board, any licensee who is 65 years of age or older and is not engaged in practice or patient treatment shall be granted an exemption from completing continuing competence requirements.
- (f) Other requests for partial exemptions for hardships or circumstances beyond the control of the licensee shall be granted by the Board upon written application of the licensee.
- (g) A licensee seeking an exemption pursuant to this Rule shall provide written documentation to the Board to support the exemption.

*History Note: Authority G.S. 90-270.92; 93B-15;*

*Eff. January 1, 2009;*

*Amended Eff. January 1, 2014;*

*Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 1, 2018.*

## **21 NCAC 48G .0112 COSTS**

- (a) The Board shall not assess a fee for approval of continuing competence activities offered by approved providers.
- (b) The Board shall charge one hundred fifty dollars (\$150.00) per activity to a non-approved provider seeking approval of a continuing competence activity offered to licensees in this State.
- (c) The Board shall charge twenty-five dollars (\$25.00) to a licensee seeking approval of a continuing competence activity that is not offered by an approved provider.

*History Note: Authority G.S. 90-270.92;*

*Eff. March 3, 2009;*

*Amended Eff. January 1, 2014;*

*Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 1, 2018.*



Documenting Evidence of Compliance of Continuing Competence Activities  
Compliant records to keep demonstrating proof of activity completion if randomly audited.  
(updated 5/18/21)

<b>Continuing Education</b>	<b>What Documentation or Records to Keep</b>
Registered attendance at courses or conferences offered live, in real time by approved providers (onsite or via electronic media)	-Retain the Certificate of Attendance by the approved provider
Registered Participation in academic course related to PT in a post-baccalaureate program unless course is required for licensure	-Retain transcript published by the approved provider or furnished by the academic institution -Grade of "C" or better or "P" if Pass/Fail
Attendance or participation in a activity related to PT for which no assessment is received	-Retain certificate of course completion or summary of the objectives of the activity and time spent in the activity
Registered participation in a non-interactive course by an approved provider by videotape, satellite, webcast, DVD or other electronic media, assessment is given	-Retain a certificate of completion by the approved provider
Participation in a study group (at least 3 licensees) conducted live or in real time through electronic media, whose purpose is to advance the knowledge and skills of the participants related to the practice of PT	-Retain: -biography of each participant, -statement of goals of the group, -attendance records for each participant, -assignments – for each participant, -analysis by each participant specifying knowledge and skills enhanced by participation in the study group
Participation in a self-designed home study program for the purpose of advancing the knowledge and skills of the participant related to the practice of PT	-Retain description of plans and objectives of home study, analysis of the manner in which the plans and objectives were met, and time spent in the activity
Participation in continuing education required by credentialed residencies and fellowships	-Retain a certificate of attendance issued by the APTA credentialed residency or fellowship
Completion of Home Study program for PT by an approved provider	-Retain a certificate of completion issued by the approved provider
<b>Advanced Training (Certification and Recognition)</b>	
APTA Credentialed fellowships in a specialty area of PT per year (points awarded at the end of the fellowship only)	-Retain certificate of completion or evidence that all requirements of the fellowship program have been met
APTA Credentialed residency in PT participation	-Retain certificate of completion or evidence that all requirements of the residency program have been met
Specialty Certification or recertification by the ABPTS	-Retain evidence ABPTS certification/re-cert granted
PTA Advanced Proficiency designation by APTA	-Retain evidence APTA designation awarded
<b>Clinical Education</b>	
Licensee completes course offered by an approved provider to become an APTA Credentialed Clinical Instructor	-Retain certificate of credential issued by the approved provider
Enrollment in APTA Credentialed Clinical Instructor Trainer course	-Retain Trainer certificate issued by APTA
Serving as Clinical Instructor for PT or PTA student, resident or fellow under licensee direct on-site supervision	-Retain verification of clinical affiliation agreement with accredited institution for the student supervised <u>and</u> log of number of hours spent supervising the student
<b>Presenting/Teaching</b>	
Presenting or Teaching at an accredited PT educational program, accredited program for health care practitioners licensed under provisions of Chapter 90 of the NC General Statutes or a state, national, or international workshop, seminar or professional health care conference (credit will be given only one time during any reporting period)	-Retain written materials advertising the presentation or teaching or other evidence of the date, subject and goals and objectives of the presentation and any written materials prepared by the licensee.
<b>Clinical Practice</b>	
Clinical Practice, 1750 hours or more per year for each year during the reporting period	-Certification from employer or documentation of practice hours worked as practice owner. Documentation should include total clinical practice hours worked separated by year (see website forms- Do not retain any financial information for CC purposes. <b>Time sheets and W-2's are not accepted</b>



Clinical Practice, for at least 1000 hours but less than 1750 hours per year for each year during the reporting period	-Certification from employer or documentation of practice hours worked as practice owner (see website forms- Documentation should include total clinical practice hours worked separated by year) <b>Time sheets and W-2's are not accepted</b>
Clinical Practice, for at least 200 hours but less than 1000 hours per year for each year during the reporting period	-Certification from employer or documentation of practice hours worked as practice owner (see website forms- Documentation should include total clinical practice hours worked separated by year) <b>Time sheets and W-2's are not accepted</b>
<b>Professional Membership and Service (PT or interdisciplinary group)</b>	
National PT or interdisciplinary organization as officer or committee chair, task force member or delegate to a national assembly at least one year	-Organizational materials listing licensee participation -statement of position responsibilities -licensee activity summary
State PT or interdisciplinary organization as officer, committee chair for at least one year	-Organizational materials listing licensee participation -statement of position responsibilities -licensee activity summary
Local or regional PT or interdisciplinary organization as officer, committee chair for at least one year	-Organizational materials listing licensee participation -statement of position responsibilities -licensee activity summary
Member of PT professional organization committee involved with PT services for at least one year	-Organizational materials listing licensee participation -statement of position responsibilities -Summary of the work of the committee
Unpaid volunteer service to the general public and healthcare professionals related to PT for at least 20 hours during a one year period	-Licensee submits published materials describing the service activity
Membership in APTA for one year	-Proof of membership in APTA (each year during the reporting period)
Membership in APTA Section (one section only) one year	-Proof of membership in APTA Section (each year during the reporting period)
Item Writer for FSBPT NPTE exam or ABPTS specialty exam	-Documentation of Participation provided by the FSBPT or ABPTS
Participation in clinical research, clinical trials or research projects related to the practice of physical therapy	- Retain a log of hours of participation including date, activity performed, location of the research and primary investigator
<b>Jurisprudence Exercise</b>	
NCBPTE Jurisprudence Exercise	-Certificate of Completion by NCBPTE
<b>Workplace Education/Facility-based Education</b>	
Presentation or attendance at in-service related to PT (credit given one time for same presentation per period)	-Retain roster or certificate of attendance that includes title, time, date signed by a representative of the employer
Presentation or attendance at an in-service related to general patient safety, emergency procedures or governmental regulatory requirements (credit given one time for presentation per period)	-Licensee retains roster or certificate of attendance that includes title, time, date signed by a representative of the employer
<b>Professional Self-Assessment/Reflective Practice</b>	
Completion of Approved Reflective Practice Exercise (one time per reporting period)	-Retain evidence of completion of all elements of the Self-Assessment/Reflective Practice Exercise
<b>Research and Publishing</b>	
Submission of a request to a funding agency for a research grant as Principal or Co-principal investigator (one time per reporting period)	-Retain copy of research grant which includes title, abstract, funding agency and grant period
Obtaining funding of a research grant as Principal or Co-Principal investigator (one time per reporting period)	-Retain copy of research grant which includes title, abstract, funding agency, grant period, documentation of funding and period of funding



Service as a Grants Reviewer (one time per reporting period)	-Retain description of all grants reviewed, reports generated of reviews including dates of service, the agency for which review performed and hours spent
Author or Editor of a book published by a third party dealing with a subject related to the practice of PT	-Retain a copy of the published book and a list of consulted resources
Author or editor of a chapter in a book published by a third party dealing with a subject related to the practice of PT	-Retain a copy of the published book and a list of consulted resources
Author of a published peer-reviewed article relating to the practice of physical therapy	-Retain a copy of the article, names and employers of the reviewers, and a list of consulted resources
Author of a published non peer-reviewed article, book-review or abstract relating to the practice of physical therapy	- Retain the article, book review or abstract and a list of consulted resources
Author of a published peer-reviewed abstract, book review or peer-reviewed abstract for a poster or presentation related to the practice of physical therapy to a professional health care group	-Retain a copy of the poster or presentation and a list of consulted resources
Participation in clinical research, clinical trials, or a research project related to the practice of physical therapy	- a log of hours of participation including date, activity performed, location of the research and primary investigator

**Requirements:**

*Physical Therapists:* Document 30 points in each 25 month reporting period.

*Physical Therapist Assistants:* Document 20 points in each 25 month reporting period.

All PT and PTA licensees must complete a jurisprudence exercise each 25 months that is equal to 1 point and will be counted toward the total.

**Definitions:**

One (1.0) CEU = 10 contact hours

10 contact hours, 10 classroom hours or 10 Course hours= 10 points;

1 contact hour equals 60 minutes of activity

.5 contact hour equals 30 minutes of activity



# Providers and Course Listings

[Home](#) | [Continuing Competence Home](#) | [Approved Providers and Course Listings](#)**Thursday, October 3, 2024****New [Approved Providers and Course Listings](#) - Updated July 23, 2024**

- The NCBPTE *only* lists courses that have been submitted to NCBPTE and been approved. *It is not a comprehensive listing of all available courses.* The Board does not provide advertising for all continuing competence activities; thus licensees should seek other options for information about continuing competence activities.
- The listing is in an Excel Spreadsheet and organized in pages by year. Click the tab at the bottom to view the year desired.
- **NCBPTE Pre-Approved Providers per Board rule 21 NCAC 48G.0108:**
  - A state chapter or section of APTA, APTA approved residency or fellowship
  - The Federation for State Boards of Physical Therapy (FSBPT)
  - A state PT licensure board in the US or Canada
  - IACET (International Association for Continuing Education and Training)
  - The NC Department of Public Instruction, NC Division of Public Health and NC AHEC (PT related activities)
- If a course is not posted here, check directly with the course provider to see if it has been pre-approved.
- **FSBPT-Certified Activities:**

FSBPT-certified activities will be considered approved in North Carolina and licensees should count the activity under the appropriate category for the amount of contact hours or points the NCBPTE would allow, as defined in 21 NCAC 48G.0105. If assistance is needed with determining the correct contact hours or points, provide a timed agenda of the activity to the Board office and the activity will be assigned a value.

**Questions?** Email [PTBoard@ncptboard.org](mailto:PTBoard@ncptboard.org) and note "Continuing Competence Question" in the subject line.

**Questions?** Email [PTBoard@ncptboard.org](mailto:PTBoard@ncptboard.org).  
**Website Feedback?** Email [NCPT\\_IT@ncptboard.org](mailto:NCPT_IT@ncptboard.org).

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## NORTH CAROLINA BOARD OF PHYSICAL THERAPY EXAMINERS

*Created in 1951 by the General Assembly to establish and maintain minimum standards for the practice of physical therapy to protect the safety and welfare of the citizens of North Carolina.*

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What are you looking for?

## NCBPTE Continuing Competence Resources:

### Professional Self-Assessment/Reflective Practice Exercise

North Carolina PT/PTA licensees may earn points toward their continuing competence requirement for license renewal by completing a Self-Assessment/Reflective Practice Exercise (RPE). There are three options:

1. Completion of the NCBPTE Self-Assessment/RPE listed below.
2. Completion of a Board pre-approved Self-Assessment/RPE\* that includes the following elements:
  - a. Evaluation of current professional practice abilities,
  - b. Establishment of goals to improve those abilities,
  - c. Development of a plan of action to meet those goals,
  - d. Documentation of accomplishment of the goals.
3. If you are a school-based physical therapist, completion of the [NC DPI Rubric to Evaluate NC School-Based PTs link](#) combined with the school district's specific [School Based PT Summary Rating Form](#) (or similar form) meets Board Rule requirements for an approved Self-Assessment/RPE. (The Board voted in favor of this third option for school-based physical therapists at its December 2022 meeting.)

\*For option 2, NC PT/PTA licensees may submit an alternative Self-Assessment/RPE for Board approval prior to completing it. Otherwise, licensees should choose option 1 (appropriate for all PT/PTA licensees) or option 3 (appropriate only for school-based NC PTs) for Self-Assessment/RPE.

For information on the pre-approval process, send an email to [PTBoard@ncptboard.org](mailto:PTBoard@ncptboard.org) and note in subject line: CC Approval Request.

#### NCBPTE Self-Assessment/RPE

To earn 5 points toward the Self-Assessment Continuing Competence Category, all five parts outlined below must be completed in their entirety with documentation.

The purpose of the exercise is to help NC PT/PTA licensees assess their level of competence, develop professional goals, construct an action plan for improvement, and to track progress toward goals. This exercise can assist NC PT/PTA licensees in the development of a professional road map. As a result, it should be a working document that is referenced and updated on a regular basis throughout the reporting period. Retain a copy of all materials as documentation of the continuing competence activity.

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**Evaluation of current profession practice abilities.** (Complete steps 1-3 to satisfy this element of the NCBPTE Self-Assessment/RPE.)

(1) Provide a current resume/curriculum vitae in standard professional format

(2) Professionalism - Self-Assessment:

Complete the following Self-Assessment (PT or PTA) and keep a copy for your records.

**PT: Professionalism Core Values:**

<https://www.apta.org/your-practice/ethics-and-professionalism/professionalism-in-physical-therapy-core-values-self-assessment>

**PTA: Values-based Behaviors for the PTA**

<https://www.apta.org/your-practice/ethics-and-professionalism/values-based-behaviors-for-the-pta-self-assessment>

### (3) Clinical Practice - Self Assessment:

Complete the following Self-Assessment (PT or PTA) and keep a copy for your records. The NCBPTE Clinical Practice Self-Assessment was developed using the APTA *Minimum Required Skills of Physical Therapist or Physical Therapist Assistant Graduates at Entry Level*.

 [NCBPTE Clinical Practice Self-Assessment PT](#)

 [NCBPTE Clinical Practice Self-Assessment PTA](#)

**Establishment of goals, development of a plan of action to meet those goals, documentation of accomplishment of the goals.** (Complete Steps 4 and 5 to satisfy these elements of the NCBPTE Self-Assessment/RPE.)

#### (4) Reflective Practice Exercise – Professionalism Form (see below)

After completing Step 2, use the results to complete the NCBPTE's **Reflective Practice Exercise – Professionalism Form** (PT or PTA), which will assist the licensee in establishing professional goals, developing a plan of action, and documenting when goals are met.

 [RPE I Professionalism PT](#)

 [RPE I Professionalism PTA](#)

#### (5) Reflective Practice Exercise – Clinical Practice Form (see below)

After completing Step 3, use the results to complete the appropriate NCBPTE Reflective Practice Exercise – Clinical Practice Form, which will assist the licensee in establishing clinical goals, developing a plan of action, and documenting when goals are met.

Appropriate use of each RPE Clinical Practice form is as follows: RPE II is specifically designed for PTAs; RPE III is specifically designed for PTs; and RPE IV is specifically designed to be a generic form which can be used for a NCBPTE pre-approved, clinical practice self-assessment/RPE exercise other than the ones listed in Step 3.

 [RPE II Clinical Practice PTA](#)

 [RPE III Clinical Practice PT](#)

 [RPE IV Clinical Practice PT/PTA](#)

**Questions?** Email [PTBoard@ncptboard.org](mailto:PTBoard@ncptboard.org).  
**Website Feedback?** Email [NCPT\\_IT@ncptboard.org](mailto:NCPT_IT@ncptboard.org).

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**NOTE: THE RULES HAVE BEEN UPDATED AND WERE APPROVED BY THE RULES REVIEW COMMISSION 01-15-15 and are effective 02-01-15. THE CHART HAS BEEN UPDATED TO REFLECT CHANGES MADE IN THE FINAL APPROVED RULES**

## Activities for Demonstrating Continuing Competence

**DISCLAIMER:** The Chart below was developed as a “**guide**” and to help clarify the Board’s Rules for licensees seeking information regarding the requirements for continuing competence; however, it is not a substitute for the Rules themselves. To the extent that the chart may be inconsistent with the Rules, the Board’s rules control decisions regarding the requirements.

### Requirements:

*Physical Therapists:* Document 30 points in each 25 month reporting period.

*Physical Therapist Assistants:* Document 20 points in each 25 month reporting period.

All PT and PTA licensees must complete a jurisprudence exercise each 25 months that is equal to 1 point and will be counted toward the total.

### Definitions:

One (1.0) CEU = 10 contact hours

10 contact hours, 10 classroom hours or 10 Course hours= 10 points;

Activity must be at least 50-60 minutes to earn one hour of credit.

Clinical Skills and Expertise				
Activity	Value	Documentation	Limitations and Criteria for Physical Therapists	Limitations and Criteria for Physical Therapist Assistants
Continuing Education				

Registered attendance at courses or conferences offered live, in real time by approved providers (Example: onsite attendance at approved activity ) .0109 (a) (1)	1 contact hour = 1 point	Certificate of Attendance by the approved provider	Up to 29 points maximum may be earned for each reporting period.	Up to 19 points maximum may be earned for each reporting period
Registered attendance at courses or conferences offered through electronic media live, in real time by approved providers (Example: live participation at electronic media approved activity ) .0109 (a) (1)	1 contact hour = 1 point	Certificate of Attendance by the approved provider	Up to 15 points maximum may be earned for each reporting period	Up to 15 points maximum may be earned for each reporting period
Formal academic, post-baccalaureate coursework related to physical therapy by an approved provider .0109 (a) (2)	1 semester or course credit hour = 15 contact hours = 15 point	Transcript provided by the academic institution	Up to 29 points may be maximum may be earned for each reporting period.	Up to 19 points maximum may be earned for each reporting period
Attendance or participation in activities related to PT without an assessment element (examples: activities related to PT scope of practice but not approved, audited coursework, electronic, non-approved courses, etc.) .0109 (a) (3)	2 contact hours = 1 point	Certificate of completion or summary report of learning objectives and hours spent.	5 points maximum may be earned for each reporting period.	5 points maximum may be earned for each reporting period.
Approved Provider course with registered participation via electronic media, non-interactive (completed "on-demand" or at	1 contact hour = 1 point	Certificate of completion by the approved provider	10 points maximum may be earned for each reporting period.	10 points maximum may be earned for each reporting period.

time determined by licensee online activities, webinar, video or audio course, teleconference, etc)  .0109 (a) (4)				
Participation in study group to advance knowledge of PT and clinical skill (3 or more licensees involved) conducted live or in real time via electronic media  .0109 (a) (5)	2 study hours = 1 point	Biographies of participants and group attendance records verifying time spent, study group goals, analysis of goal attainment and learning	10 points maximum may be earned for each reporting period.	10 points maximum may be earned for each reporting period.
Home study-self-designed-(CE articles, journals, courses, other self-designed experiences, etc.) for the purpose of advancing the knowledge and skill of the participant  .0109 (a) (6)	3 study hours = 1 point	Record of home study objectives, activities and time spent to meet objectives, analysis of learning outcomes	5 points maximum may be earned for each reporting period.	5 points maximum may be earned for each reporting period.
Continuing education participation required by credentialed residencies or fellowships  .0109 (a) (7)	1 contact hour = 1 point	Certificate of attendance issued by the credentialed residency or fellowship.	Up to 29 points maximum may be earned for each reporting period	N/ A
Completion of Home Study program for PT by an approved provider (may include activities completed on paper, via electronic media and as a part of other course requirements)  .0109 (a) (8)	1 study hour = 1 point	Certificate of attendance issued by the approved provider	10 points maximum may be earned for each reporting period.	10 points maximum may be earned for each reporting period.
<b>Advanced Training (Certification and Recognition)</b>				



Clinical participation in APTA Credentialed Fellowship .0109 (b) (1)	Clinical participation of 1 year = 10 points	Certificate conferred on licensee	20 points maximum may be earned for each reporting period.	N/A
Clinical participation in APTA Credentialed Residency .0109 (b) (2)	Clinical participation of 1 year = 10 points	Evidence that all requirements have been met	20 points maximum may be earned for each reporting period.	N/A
ABPTS specialty certification or re-certification .0109 (b) (3)	Receipt of certification or re-certification = 20 points	Notification from ABPTS granting certification or re-certification.	20 points maximum may be earned for each reporting period.	N/A
APTA Certification for Advanced Proficiency for the PTA .0109 (b) (4)	Receipt of Designation	Notification from APTA granting recognition	N/A	19 points maximum may be earned for each reporting period.  May be used only one time.
<b>Clinical Education</b>				
Become an APTA Credentialed Clinical Instructor .0109 (d) (1)	1 course hour = 1 point	Credential certificate	29 points maximum may be earned for each reporting period. May be used one time only	19 points maximum may be earned for each reporting period. May be used one time only
Become APTA Credentialed Clinical Instructor Trainer .0109 (d) (2)	1 course hour = 1 point	Trainer certificate	29 points maximum may be earned for each reporting period. May be used one time only	19 points maximum may be earned for each reporting period. May be used one time only
Serve as an on-site, directly supervising, Clinical Instructor for full time entry-level PT	1 point for every 40 hours of supervising for a period of	Verification of the clinical supervision agreement with the accredited educational	8 points maximum may be earned for each reporting period.	8 points maximum may be earned for each reporting period.



or PTA student; resident or fellow  .0109 (d) (3)	at least 80 hours	program for the student supervised and a log showing the number of hours spent supervising the student.		
<b>Presenting/teaching</b>				
Presenting or teaching ( <i>Primary or co-presenter for course or conference</i> ) in accredited PT or PTA program (adjunct)  .0109 (e)	1 hour teaching = 2 points	Date, lecture/course title, name of institution, goals and objectives; letter from instructor indicating time spent in classroom.	6 points maximum may be earned for each reporting period.	6 points maximum may be earned for each reporting period.
Lecturer in accredited program for other licensed health professionals  .0109 (e)	1 hour teaching = 2 points	Written materials advertising the presentation; Subject and goals and objectives of the presentation; written materials prepared by licensee	6 points maximum may be earned for each reporting period.	6 points maximum may be earned for each reporting period.
Primary or co-presenter in state, national or international workshop, seminar or professional conference (one time presentation per topic; preparation time not included)  .0109 (e)	1 hour teaching = 2 points	Written materials advertising the presentation; Subject and goals and objectives of the presentation; written materials prepared by licensee	6 points maximum may be earned for each reporting period.	6 points maximum may be earned for each reporting period.
<b>Clinical Practice</b>				
Full Time Practice – defined as greater than or equal to 1750 hours worked per year  .0109 (g) (1)	3 points / year for each year	Certification from employer or documentation of clinical practice hours as an owner of a practice	6 points maximum may be earned for each reporting period.	6 points maximum may be earned for each reporting period.
Part Time Practice - defined as at least 1000 hours but less than 1750 hours	2 points / year for each year	Certification from employer or documentation of clinical practice hours	4 points maximum may be earned for each reporting	4 points maximum may be earned for each reporting

worked per year .0109 (g) (2)		as an owner of a practice	period.	period.
PRN - defined as at least 200 hours but less than 1750 hours to 200 hours worked per year .0109 (g) (3)	1 point / year for each year	Certification from employer or documentation of clinical practice hours as an owner of a practice	2 points maximum may be earned for each reporting period.	2 points maximum may be earned for each reporting period

<b>Activities Related to Professional Roles</b>				
<b>Professional Membership and Service (PT or interdisciplinary group)</b>				
<b>Activity</b>	<b>Value</b>	<b>Documentation</b>	<b>Limitations and Criteria for Physical Therapists</b>	<b>Limitations and Criteria for Physical Therapist Assistants</b>
National level office or chair of national committee or task force member or delegate to a national assembly .0109 (j) (1)	5 points / year for each year of service	Organizational materials listing participation, responsibilities and activities	10 points maximum may be earned for each reporting period.	10 points maximum may be earned for each reporting period.
State level office or chair of state level committee.0109 (j) (2)	4 points / year for each year of service	Organizational materials listing participation, responsibilities and activities	8 points maximum may be earned for each reporting period.	8 points maximum may be earned for each reporting period.
Local / regional / district level office or committee chair .0109 (j) (3)	2 points / year for each year of service	Organizational materials listing participation, responsibilities and activities	4 points maximum may be earned for each reporting period.	4 points maximum may be earned for each reporting period.
Committee member – as it relates to professional activities .0109 (j) (4)	1 point for each year of service	Organizational materials listing participation, responsibilities and activities	2 points maximum may be earned for each reporting period.	2 points maximum may be earned for each reporting period.

Unpaid PT related community service to general public or other healthcare professionals  .0109 (j) (5)	20 hours or more per year = 1 point	Minimum 20 hours per year volunteering. Published materials describing activity	2 points maximum may be earned for each reporting period.	2 points maximum may be earned for each reporting period.
APTA Membership  .0109 (j) (6)	1 point/year	APTA membership card with proof of each membership year	2 points maximum may be earned for each reporting period	2 points maximum may be earned for each reporting period.
APTA Section(s) Member  .0109 (j) (7)	½ point / year	APTA membership card that identifies Section membership, with proof of each membership year.	1 point maximum may be earned for each reporting period; regardless of number of section memberships	1 point maximum may be earned for each reporting period; regardless of number of section memberships
Item writer of exam questions for NPTE other specialty exam for FSBPT or ABPTS  .0109 (j) (8)	5 points for each year of participation	Documentation of participation by FSBPT or ABPTS	10 points maximum may be earned for each reporting period	10 points maximum may be earned for each reporting period
Participation in clinical research, clinical trials or research projects related to PT  .0109 (j) (9)	1 hour = 1 point	Log of hours of participation including date, activity performed, location of research and primary investigator	10 points maximum may be earned for each reporting period	10 points maximum may be earned for each reporting period
<b>Jurisprudence Exercise</b>				
Jurisprudence exercise – REQUIRED  .0109 (k)	Each jurisprudence exercise can only be taken once during the 2-year period.	Certificate of completion	3 points may be earned for each reporting period.	3 points may be earned for each reporting period.

<b>Workplace Education / Facility-based Education</b>				
In-service (presentation) related to the practice of physical therapy  .0109 (i) (1)	1 hour = 1 point	Attendance roster or certification required by a representative of the employer.	5 points maximum may be earned for each reporting period.	5 points maximum may be earned for each reporting period.
In-service attendance related to the practice of physical therapy  .0109 (i) (1)	2 hours = 1 point	Attendance roster or certification required by a representative of the employer.	5 points maximum may be earned for each reporting period.	5 points maximum may be earned for each reporting period.
Safety training or governmental regulatory (CPR/AED, Risk Management, OSHA/Safety, HIPAA, etc.)  .0109 (i) (2)	2 hours = 1 point	Attendance roster or certification required by a representative of the employer.	1 point maximum may be earned for each reporting period.	1 point maximum may be earned for each reporting period.
<b>Professional Self Assessment / Reflective Practice</b>				
Reflective Practice Exercise – that describes process of evaluation of current clinical abilities; goals to improve clinical abilities; plan to meet those goals; objectives accomplished.  .0109 (h)	5 points	Evidence of completion of all elements of the exercise.	5 points, maximum may be earned for each reporting period.	5 points, maximum may be earned for each reporting period.

<b>Research and Publishing</b> <b>Note: 15 points maximum may be earned for continuing competence requirements from this category.</b>				
Research Grant Submitted (as principal investigator or co-PI) .0109 (f) (1)	10 points for submission of a research grant.	Title, abstract, funding agency, grant period documented.	10 points maximum may be earned for each reporting period.	10 points maximum may be earned for each reporting period.
Research Grant Funded (as principal investigator or co-PI) .0109 (f) (2)	10 points for serving as a principal investigator or co-PI	Title, abstract, funding agency, documentation of funding, funding period documented	10 points maximum may be earned for each reporting period.	10 points maximum may be earned for each reporting period.
Service as grants reviewer .0109 (f) (3)	2 hours grant review = 1 point	Dates of service, agency reviewed for, hours of involvement	5 points maximum may be earned for each reporting period. Points are awarded only once for each grant reviewed during the reporting period.	5 points maximum may be earned for each reporting period. Points are awarded only once for each grant reviewed during the reporting period.
Author/editor of a book published by a third party related to the practice of PT .0109 (f) (4)	10 points	Copy of published book and resources	10 points maximum may be earned for each reporting period.	10 points maximum may be earned for each reporting period.
Author/editor of published book chapter related to the practice of PT .0109 (f) (5)	5 points	Copy of published book chapter and resources	5 points maximum may be earned for each reporting period.	5 points maximum may be earned for each reporting period.
Published peer-reviewed article related to the practice of PT .0109 (f) (6)	10 points	Copy of article, names and employers of reviewers and consulted resources.	10 points maximum may be earned for each reporting period.	10 points maximum may be earned for each reporting period.

Published non-peer reviewed article, book review or abstract related to the practice of PT .0109 (f) (7)	4 points	Copy of article and resources.	4 points maximum may be earned for each reporting period. Each article, review or abstract earns points only once.	4 points maximum may be earned for each reporting period. Each article, review or abstract earns points only once.
Published peer-reviewed abstract, book review or peer-reviewed abstract for poster or presentation related to the practice of PT .0109 (f) (8)	5 points	Copy of abstract of poster or presentation and resources	15 points maximum may be earned for each reporting period. Credit for same presentation awarded only one time for credit.	15 points maximum may be earned for each reporting period. Credit for same presentation awarded only one time for credit.