

Unacceptable Continuing Education

In the meeting on June 11-12, 2018, the Board of Massage Therapists has determined that the following will **not** be accepted for use as continuing education in conjunction with massage license renewal. Anyone who has completed continuing education on the following topics before September 1, 2018 may choose to ask the board to review their course on a case by case basis for approval. This list will be used as a tool for board review of reinstatement applications and licensee audit review and is subject to change with board approval.

Continuing Education- *Professional development activities that enhance and expand the skills and knowledge of massage therapists that enable them to render competent service to clients, the profession, and the public in accordance with AS 08.61.100(5).*

1. Diagnoses (allopathic-based) of clinical conditions
2. Physically invasive modalities (e.g., ear candles, intra-anal, intra-vaginal modalities, etc.)
3. Incorporation of chiropractic/osteopathic (e.g., ballistic, thrust oriented or other services and procedures) which require additional licensure or certification (i.e., Yoga or Pilates Instructor Certification, Physical Therapy, Personal Training, Weight Training, Cosmetology).
4. Performing hypnosis diagnoses (allopathic-based) of clinical conditions
5. Implementation of allopathic medical/surgical procedures
6. Prescription of herbs, nutritional supplements, essential oils and /or pharmaceuticals
7. Performing an aesthetician facial or exfoliation of cells from the body
8. Performing electrical stimulation, using electrical devices on clients or ultrasound of any kind.
9. Psychological counseling
10. Psychic, clairvoyance, telepathic, astrology, religious practices
11. Dry needling and acupuncture
12. Breaking or removing tissue from the body
13. Cannabis oil
14. CBD oil
15. Energy work that does not involve “the application of professional therapeutic touch”
16. Aura techniques
17. Crystal healing
18. Qi Gong or Tai Chi
19. Fire cupping or any procedure that works with fire
20. Breast massage as part of anything other than medical procedures or prescribed by a physician. Content is accepted when breast massage content includes learning about oncology; specifically, breast cancer procedures, surgeries and other pathologies.
21. Erroneous, misleading titles of modalities; a description of the course must be added to the title if the modality cannot be easily deciphered by the title.
22. Articles or online content that does not include a final examination.
23. Animal Massage