



Medical Spa Services Work Group

Alaska Division of Corporations, Business and Professional Licensing

Agenda for Wednesday, October 31, 2024, at 10:00 AM AKDT

All times approximate and subject to change

Website: <https://www.commerce.alaska.gov/web/cbpl/ProfessionalLicensing/MedicalSpaServicesWorkGroup>

Microsoft Teams: [Join the meeting now](#)

Meeting ID: 265 631 387 30

Passcode: dwBzUo

10:00 a.m. **CALL TO ORDER**

- Roll call
- Declarations of conflicts of interest
- Clarify the purpose of the Work Group:
 - Identify “lifestyle enhancement” services that have a medical nexus and are currently performed or likely to be performed outside of a medical clinic or without appropriate supervision.
 - Identify existing statutes and regulations that govern current requirements for training, licensure, and supervision of these procedures.
 - Clarify how licensing boards could—jointly or in part—explain existing statutes and regulations that would help the public and licensees understand how these procedures should be safely administered according to the current laws of the state.
 - Suggest changes in statute that would allow defensible and transparent pathways forward for appropriately trained and supervised individuals to provide these services without imposing undue economic or regulatory barriers.
 - Carry forward work group updates and work products to the member boards for their subsequent review and action.

10:10 a.m. **PUBLIC COMMENT**

Each speaker will be limited to three minutes. To offer written comments, please email sara.chambers@alaska.gov for distribution to the group five business days prior to the meeting.

10:30 a.m. **ADVANCED ESTHETICS**

- Review esthetics procedures from the last meeting
- Work on the continuum for current and future recommended scopes of practice
 - Considerations under current law pertaining to esthetics:
 - What procedures and modalities can a licensed esthetician perform without additional training or education?
 - What procedures and modalities require direct supervision by a medical professional, and how is that defined?
 - What procedures and modalities may only be performed by a medical professional, and how is that defined?

- What special training, if any, is required of any person performing these services?

11:00 a.m. **IV HYDRATION**

- Review updated matrix and issues list regarding IV hydration
- Review FDA definition of compounding and how it relates to onsite crafting of intravenously delivered medicines
 - Considerations under current law pertaining to IV hydration:
 - What are the standards for evaluating, diagnosing, and treating a person with IV fluids, including additives?
 - Who may perform these activities?
 - Who may “craft” an IV hydration product on site (i.e. compounding)?
 - What type and level of supervision is required?
 - What special training, if any, is required?
 - What are the facility safety and sanitation requirements for IV hydration clinics, including mobile locations?

11:45 a.m. **PLANNING FUTURE MEETINGS**

- Assign next steps and schedule future meetings
- Continue review and research of procedures and issues presented
 - Definition and regulation of medical spas
 - Cosmetic injectables (Botox, Juvederm, etc.)
 - Prescriptions such as semaglutide and sildenafil
 - Nonsurgical lipolysis (cryo, injection, radiofrequency, laser, etc.)
- Identify opportunities for boards to review recommendations, adopt regulations, or seek statutory changes to solve the problems presented

11:50 a.m. **FINAL THOUGHTS**

12:00 a.m. **ADJOURN**