



State of Alaska  
DEPARTMENT OF COMMERCE, COMMUNITY AND ECONOMIC DEVELOPMENT  
DIVISION OF CORPORATION, BUSINESS AND PROFESSIONAL LICENSING

**BOARD OF MARITAL AND FAMILY THERAPY**  
**Minutes of the meeting September 14, 2023**

By the Authority of AS 08.01.070(2) and AS 08.63.030, and in compliance with the provisions of AS 44.62, Article 6, a scheduled meeting of the Board of Marital and Family Therapy originated virtually via Zoom.

The Chair called the meeting to order at 9:03 am.

**Board Members Present Constituting a Quorum**

Noah Shields, Chair, Therapist/Counselor  
Shawnmarie Carpenter, Therapist  
Richard Clampitt, Therapist/Counselor  
Kayla Green, Member of the Public

**Board Members Absent**

None

**Staff Members Present**

Renee Carabajal, Program Coordinator II

**Members of the Public Present**

Lucia Roncalli  
Jennifer Fulton  
Kelsey Fox

**Agenda Item – Ethics Report**

No ethical issues to report.

**Agenda Item – Approve Agenda**

In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, it was resolved to accept the September 14, 2023, agenda as presented.

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter	X			
Richard Clampitt	X			
Kayla Green	X			

**Agenda Item – Approve Minutes**

In a motion duly made by Kayla Green, seconded by Shawnmarie Carpenter with unanimous consent, it was resolved to accept the April 27, 2023, minutes with corrections.

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter	X			
Richard Clampitt	X			
Kayla Green	X			

#### Agenda Item - Public Comment

There is no public comment on applications. Continuing education applications are discussed later in the meeting but there is no public comment during this time. If the person is online during application review and the questions about their application come up, we can then ask that individual for clarification or needed information.

Lucia Roncalli – Discussed Somatic Experiencing training in Anchorage February 2024, and the need for it in Alaska. Expressed the need for continuing education for this topic. This is a three-year cycle. We have trainers that are Reiker Practitioner, LPC, LCSW, SW, LMFT, and me, Medical Doctor. Trainers must have equivalent experience to a master's degree, but not necessarily a master's degree. If the Board wants further discussion at the review period this afternoon, I'd be glad to come in at that time.

Regarding this continuing education, licensed professional counselors is aware. It is best to start with licensed marital and family therapists and then discuss this with social work. Several OT and PT are aware and intrigued by this. DVR loves this, contacted me years ago and made presentations to them on this topic.

Renee Carabajal – If this Board approves this CE because it is a multi-disciplinary course it would be accepted by the other Boards, you will not have to seek individual support from the other Boards.

#### Agenda Item - Regulations Review

Review and update jurisprudence exam. It's 10 years old and needs to be made current.

Graduate Educational Experience (Associates) - For Marital and Family Therapy Theory and Marital and Family Studies, there isn't a space for how many credits those courses are worth. The Marital and Family Therapy application was updated in 2023 where the associate's application has not been updated since 2019. The publications team is working on updating the associate's application.

Associate License Under Statutes - License for supervised practice. It is a 4-year associate license. There is no renewal. The individual has no ability to practice under this license once the 4-year time limit is up. Does the Board want to recommend any changes to this? AAMFT what are their recommendations?

What does California do? California does not have an associate license. Because of the remote nature, it would be great to provide some way to extend based on extenuating circumstances and then the Board can decide on whether circumstances are appropriate. What did you find in states that do have this in their statutes? Alabama has it being able to be able to renew; licensees must complete continuing education to be able to renew. Arizona did not have a specific time limit on theirs. Section 08.63.110c language states may not be renewed. Are you proposing to change language? Yes, to read may be renewed with approval from the Board based off hardship.

LMFTA application and Section 08.63.110b2 has a discrepancy. There is nowhere in the application where the applicant must list where the practice is going to occur. The application should be congruent with the statute. This also needs to be added to the plan of supervision and verification of clinical experience. There is an incongruency with Section 08.63.120(2) and the LMFTA application for a different person to be the group supervisor. Renee to get with publication specialist to look at LMFTA what changes can be made to meet need of applicant, supervisors, and Board. Renee to email applications to board so the Board can review and make sure all necessary changes are made.

Renee recommended to the Board that the division seek that this be a department sponsored change.

"Instead of changing to 'may be renewed,' the better language for Section 08.63.110c may be 'a license for supervised practice expires 4 years from the date of issuance but may be extended at the discretion of the Board for extenuating circumstances.'"

**In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, the Board would like to request that the division seek a statutory change to Section 08.63.110c to amend the language to read a license for supervised practice expires (4) four years from date of issuance and may be extended at the discretion of the Board for extenuating circumstances.**

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter	X			
Richard Clampitt	X			
Kayla Green	X			

Renee to forward proposed changes to Director Robb.

#### **Agenda Item - Investigations**

Jasmin Bautista presented investigations report. Zero (0) cases for April 15 through September 13, 2023. No complaints received for this period. What is the timeframe when a complaint is filed, and action is taken? Turnaround on complaints is 6 months to 1 year. We try to close cases within this timeframe. Case reviews are to be completed within 30 days. Jasmin can provide training for new Board members, just let her know when. Renee was planning to have training at next meeting and have record of the training.

Off record at 10:08 am

On record at 10:15 am

#### **Agenda Item - Regulations**

Did regulation changes get made? We will start a formal regulations project and Renee will draft up an FAQ for the four changes the Board wants to make and get those to the regulation's specialist. First to department of law then it will come back to board for review and then go up for public comment.

**In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, to start a regulations project to make these changes as written.**

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			

Shawnmarie Carpenter	X			
Richard Clampitt	X			
Kayla Green	X			

Regulation Recommendations Proposed Legislation for FY 2024

12 AAC 19.320.(b)(10) Training may be synchronous method or by individual study.

(A) Individual study may fulfill up to one-half of the requirements for renewal and can be conducted through completion of a formal correspondence program, non-synchronous video or streaming, or other individual study program. Individual study programs will only be accepted if;

1. the program requires registration and provides evidence of successful completion; or
2. the licensee submits a signed statement verifying that the licensee has successfully completed the program from a licensee who is a supervisor approved under 12 AAC 19.210 and has supervised the licensee's study program under this paragraph.

12 AAC 19.990. (4) "one year of supervised clinical practice" means one academic year consisting of minimum of 12 months of active clinical practice;

12 AAC 19.990. (5) "asynchronous/non-synchronous," means no real-time communication is present or utilized;

12 AAC 19.990 (9) "synchronous" means a real-time interaction in person or by live-streaming.

12 AAC 19.990(10) "Another jurisdiction" means another state or district licensing Marital and Family Therapists that has similar requirements to the state of Alaska according to the Alaska Board of Marital and Family Therapists.

**Agenda Item - Application Review**

In accordance with the provisions of Alaska Statute 44.62.310(c) and Alaska Constitutional Right to Privacy Provisions, Richard Clampitt, moved that the Alaska State Board of Marital and Family Therapy enter into executive session for the purpose of discussing matter which by law, municipal charter, or ordinance are required to be confidential. Board Staff to remain during the session are Renee Carabajal. Kayla Green seconded the motion. Passed by unanimous consent.

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter	X			
Richard Clampitt	X			
Kayla Green	X			

Off record 10:25 am

On record 11:37 am

An individual was admitted to executive session pertaining to discussion of their application. No action was taken during executive session.

In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, to approve MFT Associate license #214583 pending group supervisor information provided to the division. Hours of supervision to be accrued at Kenaitze Indian Tribe unless amended supervision plan approved by the board.

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair			X	
Shawnmarie Carpenter	X			

Richard Clampitt	X			
Kayla Green	X			

**In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, to approve MFT license 210392 application by credentials.**

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter	X			
Richard Clampitt	X			
Kayla Green	X			

**In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, to approve MFT Associate license 211993 pending demonstration that course MFT 626 is primarily focused on Marital and Family Therapy theory per Sec 08.63.100(a)(30(B)(i) or documentation of another course that meets the requirement. Applicant to be requested to amend graduate educational experience to reflect that course MFT612 is primarily focused on Marital and Family Therapy theory.**

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter			X	
Richard Clampitt	X			
Kayla Green	X			

**In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, to approve MFT Associate license 214574 pending course descriptions for graduate educational experience Sec 08.63.100(a)(3)(B) courses CNDV 5329 and CNDV 5326 primarily focus on Marital and Family Therapy Theory. Courses CNDV 5320, CNDV 5327, CNDV 5350, and CNDV 5312 primarily focus on Marital and Family studies. Course SP 2020 primary focus for Human Development.**

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter			X	
Richard Clampitt	X			
Kayla Green	X			

Off record 11:42 am  
On record 11:49 am

**In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, to approve 4-Day Externship application for training.**

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter			X	
Richard Clampitt	X			
Kayla Green	X			

In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, to approve Part 1 of Year 1 of Somatic Experiencing Professional Training as provided by the instructor listed on the application for continuing education approval – Ariel Giarretto.

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter			X	
Richard Clampitt	X			
Kayla Green	X			

In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, to approve Part 2 of Year 1 and Year 2 of Somatic Experiencing Professional Training approved pending receipt of course agenda with hourly breakdown of each topic, description of learning purposes and objectives. All documents will be reviewed by the Board via Onboard prior to final approval. Trainer for Years 1 and 2 has been approved by the Board – Ariel Giarretto.

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter			X	
Richard Clampitt	X			
Kayla Green	X			

In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, to approve Year 3 of Somatic Experiencing Professional Training approved pending receipt of course agenda with hourly breakdown of each topic, description of learning purposes and objectives as well as list of all instructors with their qualifications and a resume or cover letter to verify they meet the requirements of 12 AAC 19.320(d). All documents will be reviewed by the Board via Onboard prior to final approval.

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter			X	
Richard Clampitt	X			
Kayla Green	X			

In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, to approve 7 hours of continuing education Choosing a Home in Couples Therapy as written or 7½ hours continuing education pending additional information to support the additional half-hour of continuing education.

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter			X	
Richard Clampitt	X			
Kayla Green	X			

Concern discussed regarding CE approved by another Board and the MFT Board does not approve the CE.

**In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, to approve Advanced Skills in Treating Complex PTSD and Disassociation, June 12<sup>th</sup> course as written in the application.**

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter	X			
Richard Clampitt	X			
Kayla Green	X			

**In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, to approve Disassociation 101 Foundational Skills, June 12<sup>th</sup> course as written in the application.**

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter	X			
Richard Clampitt	X			
Kayla Green	X			

**In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, to approve Perpetrator Identified Parts Non-Verbal Communication EMDR, June 13<sup>th</sup> course as written in the application.**

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter	X			
Richard Clampitt	X			
Kayla Green	X			

The motion made by Richard Clampitt to approve beyond the impasse, Special Topics in Couples Therapy pending an agenda that demonstrates the date and time of the course work as written in the syllabus did not have the vote of the Chair, but after the motion was seconded by Kayla Green, an objection was communicated, and the motion went into discussion. After discussion, Richard Clampitt requested his motion be withdrawn (Robert's Rules) and the board agreed to withdraw that motion. A new motion was then brought forward by Richard Clampitt.

**In a motion duly made by Richard Clampitt, seconded by Kayla Green with unanimous consent, to approve Special Topics in Couples Therapy as requested pending receipt of agenda to show dates and times of training that correspond with the syllabus as well as a description of learning purposes and objectives for each session and clarification regarding if the training is synchronous or asynchronous.**

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter	X			
Richard Clampitt	X			
Kayla Green	X			

Off record 12:58 pm

On record 1:35 pm

195

196 **Agenda Item - License Portability/Compact Work-Group Discussion**

197 Seventeen individuals are interested in participating as part of a work group. Use criteria as fully licensed  
198 as first cut off for work group. Consider geography as part of cut off. Concern discussed about each state  
199 getting only one vote towards their license requirements and this could pose a real issue for Alaska. One  
200 aspect of the work group can be to answer some of the specific questions the Board has regarding the  
201 compact. Another aspect of the work group could be to answer questions as to why the Board is not in  
202 support of a compact. AAMFT has done a lot of research on compacts, the group could look at what  
203 other states are doing regarding compacts for LMFTs. From a division standpoint the work group should  
204 look at the legislative hurdles surrounding compacts. The list of seventeen individuals will be sent to the  
205 Board for review with recommendation of who should sit on the work group. Shawnmarie Carpenter has  
206 one 30-minute timeframe available to spend time with the work group.

207

208 Some of the things we would like the work group to focus on are legislative hurdles, limited voice in  
209 compact, uniqueness of Alaska, financial impact on licensed MFT's, pay on insurance, specifically cost of  
210 being a part of the compact, how many licensees would we need in the compact to make it feasible for  
211 Alaska, what are some of the benefits to be a part of a compact.

212 Have one member of the work group give an update at the next Board meeting.

213 **Agenda Item - Future Meeting Dates**

214 We looked at meeting in Juneau on January 18<sup>th</sup> to discuss recommendations for proposed legislation.  
215 Also looked at having in-person meetings in Anchorage in April or May. Recommendation is to meet with  
216 local legislators first and to hold off meeting in Juneau for the time being. Next meeting will be in  
217 Anchorage January 18<sup>th</sup> in-person meeting. Board meetings are required to be public noticed 20 days  
218 prior to the Board meeting. The agenda is available two weeks prior to the Board meeting. Tentative  
219 Board meeting date set for April 11<sup>th</sup> in-person or via Zoom to be determined.

220 Need to look at technological loop being closed. We may not need to meet as much if the technological  
221 loop of voting is closed. Communication of whether our vote is being received or not would be great. If  
222 you are voting anything other than yes, then please email vote to Renee or Jeanne as well as voting in  
223 Onboard.

224 **Agenda Item - New Business**

225 The annual report is the best way to present proposed legislation to the local legislators via emails,  
226 letters, and phone calls.



During the coming fiscal year (FY24), the board will pursue amendments to legislation and statutes, specifically:

Sec. 08.63.100. Qualifications for license to practice. (a) (B) (i) nine semester or twelve quarter hours of course work in marital and family therapy; (ii) nine semester or twelve quarter hours of course work in marital and family studies; (iii) nine semester or twelve quarter hours of course work in human development; (iv) three semester or four quarter hours of course work in professional studies or professional ethics and law; (v) three semester or four quarter hours of course work in research; and (vi) nine semester or twelve quarter hours of supervised clinical practice in marital and family therapy; (C) after receiving a degree described in (B) of this paragraph, has practiced supervised marital and family therapy in Alaska or another jurisdiction, including 1,700 hours of clinical contact with couples, individuals, and families; the 1,700 hours of clinical contact must include at least 200 hours of individual or group supervision approved by the board, at least 100 hours of which must be individual supervision;

Sec. 08.63.120. (b)(2) (D) Delete an advanced practice registered nurse under AS 08.68 who is certified to provide psychiatric or mental health services by an entity recognized by the Board of Nursing;

Sec. 08.63.130. Delete Temporary license for the practice of marital and family therapy. (a) The board shall issue a temporary license for the practice of marital and family therapy to an applicant who satisfies the requirements of AS 08.63.100(a)(1), (2), and (3)(A), (B), and (C) and has been approved by the board to take the marital and family therapy examination. (b) A person may practice under a temporary license until the board issues the results of the first marital and family therapy examination given after issuance of the person's temporary license and either issues or denies a license under AS 08.63.100 to the person. (c) If a licensee under this section fails the marital and family therapy examination, the board may not renew the person's temporary license.

Add, Senior license for the practice of marital and family therapy. (a) The board shall issue a senior license for the practice of marital and family therapy to an applicant who has been licensed in the state of Alaska under this chapter for over 10 years and is collecting Social Security benefits due to reaching retirement age.

Sec. 08.63.900. Definitions. Delete (3) "course" means a class in a graduate program at an accredited educational institution or an institution approved by the board;

Sec 08.63.900 (5) (b) (6) "supervision" means synchronous consultation, direction, review, evaluation, and assessment of the practice of the person being supervised, including direct observation and the review of case presentations, audio recordings, and video recordings

The value with compact is the ability to support our members in Alaska as they travel or transition to a new state.

Discussed possibility of changing statute so travelers can continue seeing their therapists without threat of criminal offense. Agenda item for next meeting to look at language allowing for grace period or courtesy licensure. Renee to propose this to law about amending the statute regarding this. Scope of teletherapy practice may be a good place to put this language. We can look at limiters next meeting.

**In a motion duly made by Shawnmarie Carpenter, seconded by Richard Clampitt with unanimous consent, to amend 12 AAC 19.400 Scope of Teletherapy Practice to add (b) provisions for traveling/transitioning clients to maintain continuity of care with established provider within limited parameters. Specific language for parameters to be determined by board following department of law review for statutory authority prior to public comment period.**

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter	X			
Richard Clampitt	X			
Kayla Green	X			

Renee will let Director Robb and Deputy Director Saviers know that Board members will be reaching out to their local legislators.

243 What can be sent out on listserv? Anything can be sent out via listserv (i.e., new position statements,  
244 regulations changes, results from work group or when work group will present to the Board, public  
245 comment period, open Board positions, direction to the webpage for new minutes, and next scheduled  
246 Board meeting dates.)

247 **In a motion duly made by Kayla Green, seconded by Richard Clampitt with unanimous consent, it was**  
248 **resolved to adjourn the September 14, 2023, Board meeting at 3:00 pm.**

Board Member	Approve	Deny	Recuse	Absent
Noah Shields, Chair	X			
Shawnmarie Carpenter	X			
Richard Clampitt	X			
Kayla Green	X			

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Date Final Minutes Approved by the Board: <input type="checkbox"/> Meeting <input checked="" type="checkbox"/> OnBoard	November 24 <sup>th</sup> , 2023
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250