## Regulations Changes

**Board of Massage Therapists**

Updated 03/25/2020

<table>
<thead>
<tr>
<th>Effective Date</th>
<th>Regulation Number</th>
<th>Additions/Amendments</th>
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<tbody>
<tr>
<td>03/25/2020</td>
<td>12 AAC 79.100</td>
<td>“In-class supervised instruction” for qualifying education will now be defined as physical classroom OR through an online distance education IF the online distance monitoring program is approved by the board and may not include the practical application (hands-on) hours.</td>
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<tr>
<td>03/25/2020</td>
<td>12 AAC 79.110</td>
<td>Applicant’s by credential will be certified by a board approved credentialing entity</td>
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| 03/25/2020     | 12 AAC 79.200     | Is amended to state that:  
1. For license renewal, licensee will submit documentation of a current certification in cardiopulmonary resuscitation through the American Red Cross, American Heart Association, American Safety and Health Institute, or equivalent organization  
2. For license renewal, licensee will submit documentation that the massage therapist satisfied the continuing education requirements in 12 AAC 79.210 during the concluding licensing period.  
3. The board will reinstate a massage therapy license that has lapsed less than three years if the applicant meets the requirements of (b)(1), (2), and (3) of this section and submits  
   • Proof of current CPR  
   • Proof satisfactory to the board of CE completion  
4. A massage therapy license that has lapsed three years or more may not be reinstated. |
| 03/25/2020     | 12 AAC 210        | Is amended to state that:  
1. For a biennial licensing period that begins on or after July 1, 2017 must document completion of a least 16 CE credits during the concluding licensing period, all of which may be done online.  
2. For every other biennial licensing period that begins on or after October 1, 2019, a minimum of 2 of the 16 CE hours must be documented. |
| 03/25/2020     | 12 AAC 79.900     | Establishment Standards of Operation was added to Code of Ethics and Standards of Practice |
| 03/25/2020     | 12 AAC 79.930     | Regulation of Massage Therapy Establishments- if you own a massage establishment and are NOT currently licensed in Alaska as an acupuncturist, chiropractor, naturopath, massage |
therapist, physician, osteopath, paramedic, physician assistant, direct-entry midwife, advanced practice registered nurse, or physical or occupational therapist, applicants must submit:
1. Completed application provided by the department
2. Notarized Self Inspection Report provided by the department
3. Fees

Establishment is defined as a fixed or mobile place of business that engages in, conducts, or permits massage or massage therapy to be conducted for any form of compensation OR uses the word “massage” in any solicitation or advertisement.

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| 03/25/2020 | 12 AAC 02.396 | The following fees are created for massage therapy establishments:  
1. Non-refundable massage establishment registration fee $300  
2. Fee for each investigation of a unregistered massage therapy establishment $2,000 |
| 05/01/2019 | 12 AAC 79.130(c) | will state that an application is not complete until the background reports have been received |
|            | 12 AAC 79.900 | will amend the Code of Ethics to include “sexual advertising” to #8 |
| 04/17/2019 | 12 AAC 79.100 | is amended to state that:  
1. Transcripts must be sent directly to Division from the institution  
2. 500 hours are required on or before June 30, 2019  
3. 625 hours are required on or after July 1, 2019  
4. The only apprenticeship programs the board will accept must meet the requirements and standards of COMTA and ELAP  
5. BBP requirements will decrease to 2 hours on or after July 1, 2019 |
|            | 12 AAC 79.140 | 1. On or before June 30, 2019 applicants must show successful completion of at least 500 hours that include:  
   a. Anatomy, Physiology, Pathology, and Kinesiology: 130  
      i. At least 40 hours of pathology  
   b. Massage Theory and Practical Application: 220  
   c. Clinical Practice: 110  
   d. Ethics and Law: 40  
No more than 50 hours from exempt techniques. Practical Application may not exceed 20% of the total hours of the program |
2. On or after July 1, 2019, applicants must show successful completion of at least 625 hours that include:
   a. Anatomy, Physiology, Pathology, and Kinesiology: 162
      i. At least 40 hours of pathology
   b. Massage Theory and Practical Application: 275
   c. Clinical Practice: 138
   d. Ethics and Law: 50
   No more than 50 hours from exempt techniques. Practical Application may not exceed 20% of the total hours of the program

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<td>12 AAC 79.110</td>
<td>License verifications must be sent directly to the Division from the appropriate agency</td>
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<td>12 AAC 79.200</td>
<td>amended to state that beginning October 1, 2017 (the licensing period for 2017-2019) at least once every six years renewal applications must include fingerprints and the applicable fees.</td>
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<td>12 AAC 79.210</td>
<td>repealed and readopted to state that renewal applicants can complete up to 4 hours of BBP for CE’s once every six years on or before June 30, 2019 but after July 1, 2019 they can only complete 2 hours of BBP for CE’s once every 6 years.</td>
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<tr>
<td>12 AAC 79.920</td>
<td>created to address stale applications. If an application and/or specific documents (license verifications, fingerprint cards to generate background checks, etc), are older than 6 months, they will be determined to be stale and have to be resubmitted to qualify for licensure. This does not include transcripts or exam scores. If the board has approved an application but it is pending receipt of the license fee, the applicant has 6 months to submit the fee before they have to reapply. If an application goes stale and it is past a deadline for applying by a certain method…that method will no longer be available (transition).</td>
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