

This report contains summary data from the Prescription Drug Monitoring Program (PDMP). Data is provided as a courtesy for the board and is intended to be used for informational purposes only.

## Notices

- We received approval for the Provider Outlier Module which will be available by October.
- Appriss is rolling out some changes to the patient report. Changes will be implemented on August 25<sup>th</sup>. Appriss is sending communication about the changes.
- License integration will be implemented in September.
- The communications module will be rolling out by the end of the year.
- We are continuing to discuss the Delinquent Reporting Notice with the states who have implemented the system and are anticipating enabling this feature. This enhancement will send notices to providers when at least one day of reporting is missed.

There are differences in the number of pharmacists licensed by the Board of Pharmacy and the number of pharmacists registered in the PDMP. The registration counts in the federal user role categories also include non-Alaska licensed pharmacists and some Alaska-licensed pharmacists have opted to register even though not required to by statute and regulations.

### Registration

### Portal (Professional license system)

Number of licensed Pharmacists: 1,078 (includes 8 Emergency Permits) Number of PDMP Pharmacist registrations: 745 Number of Pharmacists dispensing: 752

# AWARxE (PDMP)

Number registered with the PDMP: 1,044 Pharmacists – 812 PIC – 99 IHS Dispenser – 116 VA Dispenser - 17

### **Delinquent Reporters**

The process for addressing delinquent reporters is under revision, pending further discussion from the Board of Pharmacy and ongoing work with Appriss.

### Recommendations

• Encourage the use of authorized delegates.

### **Recommendations to Prescribing Boards**

- Encourage increased reviewing, including the use of authorized delegates
- Issue periodic reminders to licensees on mandatory reviewing and reporting
- Provide guidance to licensees on prescribing practices related to the use of dangerous combinations
- Set daily MME in regulation
- Develop a plan for communication with licensees about mandatory reporting
- Develop a disciplinary matrix to guide appropriate actions taken against licensees who do not comply with mandatory registration and use

### Contact: Lisa Sherrell | PDMP Manager | <u>akpdmp@alaska.gov</u> | 907-465-1039



#### MME Use

Q1/Q2 2021

The CDC recommends that primary care clinicians should reassess evidence of the benefits and risks to the individual when increasing dosage to greater or equal to 50 MME/day and avoid increasing to greater or equal to 90 MME/day when possible due to an increased risk of complications. The CDC also recommends avoiding concurrent benzodiazepine and opioid prescriptions, given the high risk of adverse drug-drug interactions, specifically respiratory depression and death.

CDC checklist for prescribing opioids - <u>https://www.commerce.alaska.gov/web/portals/5/pub/PDMP\_OpiodPrescribeCDC\_06.2018.pdf</u>

CDC guidelines for prescribing opioids for chronic pain https://www.commerce.alaska.gov/web/portals/5/pub/PDMP\_OpiodPrescribeCDCPain\_2018.10.pdf

	# Providers	# Providers	# Providers	# Providers	Dangerous Combo	
Provider	Prescribing at	Who Reviewed	Prescribing	Prescribing	Benzo	Benzo Opioid
Туре	Least Once	0 Patients	>90MME	>120MME	Opioid	Carisoprodol
DEN	333	54% (181)	6% (19)	2% (6)	26% (85)	0
MED	1282	29% (370)	21% (273)	13% (165)	33% (425)	2% (24)
NUR	543	18% (98)	11% (62)	8% (43)	25% (138)	1% (7)
OPT	5	80% (4)	0	0	0	0
PA	347	14% (49)	19% (67)	12% (41)	29% (99)	1% (4)
VET	193	73% (141)	4% (8)	3% (6)	5% (9)	0