

Nancy Dahlstrom
Lieutenant Governor
State Capitol
Juneau, Alaska 99811
907.465.3520
WWW.LTGOV.ALASKA.GOV



530 West 7th Ave, Suite 1700
Anchorage, Alaska 99501
907.269.7460
LT.GOVERNOR@ALASKA.GOV

**OFFICE OF THE LIEUTENANT GOVERNOR
ALASKA**

M E M O R A N D U M

TO: Sara Chambers, Boards and Regulations Advisor
Department of Commerce, Community and Economic Development

FROM: April Simpson, Alaska Administrative Code Coordinator
Office of the Lieutenant Governor

DATE: July 22, 2026

RE: Filed Permanent Regulations: Board of Professional Counselors

Board of Professional Counselors regulations re: Associate Counselors; Supervision (12 AAC 62.145 - 990)

Attorney General File:	2024200515
Regulation Filed:	7/22/2026
Effective Date:	8/21/2026
Print:	259, October 2026

cc with enclosures:

Beth Parsons, Paralegal
Department of Law

Lisa Gorman, Alaska Legal Analyst
LexisNexis

Sylvan Robb, Division Director
Department of Commerce, Community and Economic Development

Stefanie Davis, Regulations Specialist
Department of Commerce, Community and Economic Development



THE STATE
ALASKA
GOVERNOR MIKE DUNLEAVY

Department of Law

CIVIL DIVISION

FILED 20240721
JUL 21 2024
JUL 21 2024

July 21, 2026

The Honorable Nancy Dahlstrom
Lieutenant Governor
State of Alaska
P.O. Box 110015
Juneau, AK 99811-0015

Re: Approval and Submission of Regulations for Filing
12 AAC 62.145 - .990: Board of Professional Counselors - Associate
Counselors; Supervision

Our file: 2024200515

Dear Lieutenant Governor Dahlstrom:

Pursuant to AS 44.62.060, the Department of Law has reviewed the enclosed regulations adopted by the Board of Professional Counselors, concerning associate counselors and supervision of associate counselors by approved counselor supervisors.

Our review examined each regulation for legality, existence of statutory authority, clarity, compliance with the *Drafting Manual for Administrative Regulations*, and conformance with the procedural requirements of AS 44.62.010 - 44.62.290.

Based upon this review, the Department of Law approves each regulation as to form and legality. This letter constitutes the written statement of approval under AS 44.62.060(b) and (c) that authorizes your office to accept the regulations for filing.

We note that a companion Department of Commerce, Community and Economic Development project, 2025200593, addresses fees with respect to professional counselors, associate counselors, and approved counselor supervisors. We respectfully request that projects 2024200515 and 2025200593 be filed on the same date.

We hereby submit the regulations to you for filing under AS 44.62.040 on behalf of the Board of Professional Counselors.

Sincerely,

CORI MILLS
ACTING ATTORNEY GENERAL

By: Rebecca C Polizzotto
Rebecca C. Polizzotto
Chief Assistant Attorney General
Legislation, Regulations, and
Legislative Research Section

Digitally signed by
Rebecca C Polizzotto
Date: 2026.07.21
10:58:15 -08'00'

RCP/SCW/bhp

CC w/enclosure: Stefanie Davis, Regulations Specialist
Department of Commerce, Community and Economic Development

Harriet D. Milks, Assistant Attorney General
Department of Law

Steven C. Weaver, Assistant Attorney General
Department of Law

ORDER CERTIFYING THE CHANGES TO
REGULATIONS OF THE BOARD OF PROFESSIONAL COUNSELORS

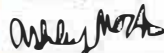
The attached regulations, dealing with adding regulations for the new associate counselor license type; and updating approved counselor supervision certification requirements, renewal requirements, reinstatement requirements, supervision requirements, continuing education, and definitions, are certified to be a correct copy of the regulation changes that the Board of Professional Counselors adopted at its July 10, 2026 meeting, under the authority of AS 08.29.020, AS 08.29.110, and AS 08.29.140 and after compliance with the Administrative Procedure Act (AS 44.62), specifically including notice under AS 44.62.190 and 44.62.200 and opportunity for public comment under AS 44.62.210.

This action is not expected to require an increased appropriation.

On the record, in considering public comments, the Board of Professional Counselors paid special attention to the cost to private persons of the regulatory action being taken.

The regulation changes described in this order take effect on the 30th day after they have been filed by the lieutenant governor, as provided in AS 44.62.180.

Date: 7/10/2026



Ashley Martin, Licensed Professional Counselor,
Chair
Alaska Board of Professional Counselors

FILING CERTIFICATION

I, Nancy Dahlstrom, Lieutenant Governor for the State of Alaska, certify that on July 22, 2026 at 1:15 P.m., I filed the attached regulations according to the provisions of AS 44.62.040 - 44.62.120.



Aeil Sim
Lieutenant Governor

Effective: August 21, 2026

Register: 259, October 2026

FOR DELEGATION OF THE LIEUTENANT GOVERNOR'S AUTHORITY

I, NANCY DAHLSTROM, LIEUTENANT GOVERNOR OF THE STATE OF ALASKA, designate the following state employees to perform the Administrative Procedures Act filing functions of the Office of the Lieutenant Governor:

April Simpson, Regulations and Initiatives Specialist

IN TESTIMONY WHEREOF, I have signed and affixed the Seal of the State of Alaska, in Juneau, on May 15th, 2023.



A handwritten signature in blue ink, reading "Nancy Dahlstrom", is written over a horizontal dotted line.

**NANCY DAHLSTROM
LIEUTENANT GOVERNOR**

Chapter 62. Board of Professional Counselors.

12 AAC 62 is amended by adding a new section to read:

12 AAC 62.145. Associate counselor license. (a) An applicant for an associate counselor license shall submit

(1) a complete application on a form provided by the department;

(2) verification that the applicant meets the requirements under

AS 08.29.110(a)(1), (2), (3), and (5);

(3) certified transcripts showing that the applicant meets the requirements of

12 AAC 62.120;

(4) the applicable fees as set out under 12 AAC 02.325;

(5) a supervision plan with a board approved counselor supervisor on a form provided by the department that includes a statement that the following topics will be covered:

(A) clinical skills;

(B) practice management skills;

(C) skills required for continuing competency;

(D) development of professional identity;

(E) ethical practice;

(F) legal and regulatory requirements; and

(6) official verification of a license from each jurisdiction where the applicant holds or has ever held a professional counselor license or an associate counselor license, if applicable.

(b) A holder of an associate counselor license under this section may only practice under supervision as described under 12 AAC 62.220.

(c) An applicant may not begin to receive supervised experience in this state until an associate counselor license is issued under this section and is in active status. (Eff.

8 / 21 / 2026, Register 259)

Authority: AS 08.29.020 AS 08.29.400

12 AAC 62.200 is repealed and readopted to read:

12 AAC 62.200. Approved counselor supervisor certification. (a) The board will certify as an approved counselor supervisor an applicant who meets the requirements of this section.

(b) An applicant for certification under this section shall

(1) submit a complete application on a form provided by the department;

(2) submit the applicable fee as set out under 12 AAC 02.325;

(3) be licensed in this state or another jurisdiction as

(A) a professional counselor;

(B) a psychiatrist;

(C) an advanced practice registered nurse who is licensed or certified to provide psychiatric or mental health services;

(D) a clinical social worker;

(E) a marital and family therapist;

(F) a psychologist; or

(G) a psychological associate;

(4) have five years of postgraduate counseling experience;

(5) certify that the applicant has adhered to and will continue to adhere to the code

of ethics adopted in (c) of this section;

(6) submit documentation of having completed at least 12 contact hours of continuing education related to supervision of professional counselors within the five years preceding the date of application; to be approved by the board, the 12 contact hours must meet the requirements of 12 AAC 62.320; and

(7) submit an official verification of the applicant's license in another jurisdiction, if the applicant is applying to be certified as an approved counselor supervisor from that jurisdiction.

(c) The code of ethics for an approved counselor supervisor certified under this section is the *AMHCA Code of Ethics*, adopted by reference in 12 AAC 62.900.

(d) If the license required under this section to be an approved counselor supervisor lapses, the approved counselor supervisor certification lapses immediately.

(e) If the license required under this section to be an approved counselor supervisor expires or is revoked, suspended, voluntarily surrendered, or returned, the approved counselor supervisor certification expires immediately.

(f) The board may deny an application for an approved counselor supervisor certification if the applicant

(1) has been disciplined by a licensing jurisdiction within three years before the date of the application or at any time after the date of the application and before approval; or

(2) has violated the ethical standards of a profession in which the applicant currently holds a license, as established by the jurisdiction that issued the license, within three years before the date of the application or at any time after the date of the application and before approval.

(g) A certified approved counselor supervisor shall report to the board a disciplinary action taken against the certified approved counselor supervisor by another licensing jurisdiction. The board must receive the report not later than 30 days after the date of the disciplinary action. (Eff. 10/30/99, Register 152; am 1/28/2005, Register 173; am 12/29/2006, Register 180; am 7/12/2008, Register 187; am 1/14/2011, Register 197; am 9/20/2015, Register 215; am 2/20/2022, Register 241; am 11/1/2024, Register 252; am 8 / 21 / 2026, Register 259)

Authority: AS 08.29.020 [AS 08.29.210] **AS 08.29.400**
AS 08.29.110

12 AAC 62.220(b) is amended to read:

(b) To meet the supervised experience requirements of AS 08.29.110(a)(6), the board will accept the hours of supervised experience [,] accumulated by an applicant for licensure

(1) [,] under the supervision of a person that is certified before the supervision begins [,] as an approved counselor supervisor under 12 AAC 62.200; or

(2) with a supervisor in another jurisdiction with substantially similar requirements; the supervision experience must be verified on a form provided by the department.

12 AAC 62.220(d) is amended to read:

(d) At least 50 hours of the 100 hours of direct [FACE-TO-FACE] supervised experience required under AS 08.29.110(a)(6) must be accumulated by an applicant in a one-on-one setting with a supervisor certified as an approved counselor supervisor under 12 AAC 62.200. An applicant may accumulate the remaining 50 hours of supervised experience in a one-on-one

setting or a group setting with a supervisor certified as an approved counselor supervisor under 12 AAC 62.200. [AN APPLICANT MUST ACCUMULATE A MINIMUM OF ONE HOUR OF SUPERVISION MONTHLY.]

12 AAC 62.220(e) is amended to read:

(e) An applicant may receive supervision by telephonic or electronic means on an [ZOOM, MICROSOFT TEAMS, APPLE FACETIME, OR ANOTHER] audio and video platform that permits the supervisor and the applicant to engage in direct communication [THAT IS FACE-TO-FACE]. During supervision, the supervisor and applicant must have their microphone and camera activated.

12 AAC 62.220(f) is amended to read:

(f) In this section, "direct" ["FACE-TO-FACE"] means happening precisely at the same time during which the supervisor and applicant are able to communicate in real time.

12 AAC 62.220 is amended by adding a new subsection to read:

(g) Except as provided in 12 AAC 62.225(h), after March 31, 2027, the board will not accept any supervision hours received outside of an associate counselor license towards total supervision hours. (Eff. 10/30/99, Register 152; am 1/28/2005, Register 173; am 2/20/2022, Register 241; am 8 / 21 / 2026 Register 259)

Authority: AS 08.29.020 AS 08.29.110 [AS 08.29.210]

12 AAC 62 is amended by adding a new section to Article 2 to read:

12 AAC 62.225. Supervision plan. (a) To receive the supervised experience set out under AS 08.29.110(a)(6), an applicant for an associate counselor license shall submit a supervision plan to the board on a form provided by the department and signed by both the applicant and the approved counselor supervisor.

(b) At the completion of supervision, an associate counselor shall submit a completion-of-supervision document to the board for each approved counselor supervisor. The completion-of-supervision document must be submitted on a form provided by the department and must

(1) be signed by the supervisor;

(2) indicate the total number of hours completed; and

(3) indicate the supervisee's competency level in each of the areas required for competency.

(c) At the start of supervision, the approved counselor supervisor and the supervisee shall create a supervision progress report that tracks the supervision hours completed. The supervisor shall track the supervision hours on the progress report.

(d) An approved counselor supervisor shall make supervision progress reports available to the board upon request not later than 30 days after the request.

(e) The supervision required under AS 08.29.110 may not be completed in less than 24 months.

(f) The board may accept supervision hours earned through a similar and equivalent license in another state upon receipt of an application for an associate counselor license in the state. (Eff. 8 / 21 / 2026, Register 259)

Authority: AS 08.29.020 AS 08.29.110 AS 08.29.120

12 AAC 62.300 is amended to read:

12 AAC 62.300. License and certification renewal. (a) A licensee applying for renewal of a professional counselor license **or an associate counselor license shall** [MUST]

(1) submit a complete renewal application[,] on a form provided by the department, including a statement of the continuing education contact hours under 12 AAC 62.310 completed by the applicant during the concluding license period; and

(2) pay the license renewal fee **as set out under** [ESTABLISHED IN] 12 AAC 02.325.

(b) An approved counselor supervisor certification expires on October 31 of odd-numbered years. An approved counselor supervisor applying for renewal of an approved counselor supervisor certification shall

(1) have a current, active license for a profession set out under 12 AAC 62.200(b)(3);

(2) complete three continuing education contact hours specific to supervision; the three continuing education contact hours specific to supervision may be included in the total continuing education contact hours required for license renewal under 12 AAC 62.310;

(3) submit a complete renewal application on a form provided by the department; beginning November 1, 2028, a renewal application must include a statement of the continuing education contact hours under (2) of this subsection completed by the applicant during the concluding licensing period; and

(4) pay the required certification renewal fee as set out under 12 AAC 02.325.

(Eff. 10/30/99, Register 152; 8 / 21 / 2024 Register 259)

AS 08.29.140

12 AAC 62.340 is repealed and readopted to read:

12 AAC 62.340. License and certification reinstatement. (a) An applicant for reinstatement shall submit the items required in (b) or (c) of this section for review and approval by the department. An application that does not clearly demonstrate qualifications for reinstatement must be reviewed and approved by the board.

(b) The board or department will reinstate a license that has been lapsed for more than 60 days and less than five years if the applicant

(1) submits proof of completion of the continuing education contact hours for the most recent biennial licensing period; and

(2) meets all other requirements under AS 08.29 and this chapter for license renewal.

(c) The board or department will reinstate an approved counselor supervisor certification if the certification was lapsed due to noncompliance with the continuing education requirements in 12 AAC 62.300, or due to a lapse in the license for a profession set out under 12 AAC 62.200(b)(3), if the applicant applying for reinstatement submits

(1) a complete renewal application on a form provided by the department;

(2) proof that the applicant holds an active, current, and unrestricted license for a profession set out under 12 AAC 62.200(b)(3);

(3) the required fee as set out under 12 AAC 02.325; and

(4) proof of completion of the continuing education contact hours required under 12 AAC 62.300(b)(2), completed within two years before the date of the application for

Register 259, October am 8/21/26 2026

Register 259)

Authority: AS 08.01.100 AS 08.29.020 AS 08.29.140

12 AAC 62.350(c)(1) is amended to read:

(1) active duty personnel in the United States Army, Navy, Air Force, Space Force, Marine Corps, or Coast Guard;

(Eff. 10/16/2012, Register 204; am 8/21/2026 Register 259)

Authority: AS 08.29.020 AS 08.29.140

12 AAC 62.990(c) is amended by adding a new paragraph to read:

(7) "competency" means having sufficient knowledge, skills, and professional judgment in counseling to independently and safely apply the principles, methods, or procedures of the counseling profession included in the definition of "practice of professional counseling" in AS 08.29.490. (Eff. 10/30/99, Register 152; am 1/28/2005, Register 173; am 11/10/2019, Register 232; am 2/20/2022, Register 241; am 6/30/2024, Register 250; 8 / 21 / 2026 . Register 259)

Authority: AS 08.29.020

((Publisher, please change the period at the end of 12 AAC 62.990(c)(6) to a semicolon.)))