

Department of Commerce, Community, and Economic Development

BOARD OF PROFESSIONAL COUNSELORS

P.O. Box 110806 Juneau, Alaska 99811-0806 Main: 907.465.2550 Fax: 907.465.2974

ALASKA STATE BOARD OF PROFESSIONAL COUNSELORS

POSITION STATEMENT: Supervision Hours

Date: August 15th, 2025

Status: Approved.

Organized by: The Alaska State Board of Professional Counselors

Adopted by: The Alaska State Board of Professional Counselors

PURPOSE: The board of Professional Counselors holds to the following position statement regarding supervision hours. The purpose is to clarify the intent and interpretation of the following statutory language under AS 08.29.110(a)(6):

"...at least 3,000 hours of supervised experience in the practice of professional counseling performed over a period of at least two years under the supervision of a supervisor approved under AS 08.29.210..."

SUMMARY:

The Board interprets AS 08.29.110(a)(6) to require a cumulative minimum of 24 months (730 days) of professional experience during which the applicant was actively working under the supervision of an approved supervisor. Breaks in supervision are permitted, but only time that is attested to by a supervisor will be counted toward the two-year requirement.

This position is not intended to require applicants to track incidental absences, vacations, or leave, unless such periods result in a break in supervision as documented by the supervisor. The Board relies on the supervisor's attestation to determine the scope and duration of supervision.