June 25, 2021

Therapists,

As vaccinations for COVID-19 have reached large populations across the US, recommendations from the CDC continue to evolve over time. Recently the CDC has reported that fully vaccinated individuals can be indoors, without masks, without fear of spreading coronavirus. While this is a long-awaited moment, this recommendation has been made for private individuals.

There remains in place the CDC recommendation for all healthcare providers to continue to use appropriate PPE when providing care. While there is a wide range of interpretation as to what level of PPE is required for different levels of providers, the Alaska Board of Massage Therapists understands that masking is the first line of prevention as the COVID-19 pandemic continues. It will continue to be the view of this board that universal masking for therapists and clients is the minimal PPE standard for care until the CDC recommends differently.

We urge every therapist to keep themselves educated and up to date on current recommendations and safety protocols as we continue to navigate this pandemic together.

Respectfully,
David Edwards-Smith, Chairperson
Board of Massage Therapists