



THE STATE  
of

**ALASKA** *Department of Commerce, Community, and Economic Development  
Division of Corporations, Business and Professional Licensing*

**Board of Marital and Family Therapy**

PO Box 110806, Juneau, AK 99811

Phone: (907) 465-2550

Email: [BoardOfMaritalAndFamilyTherapy@Alaska.Gov](mailto:BoardOfMaritalAndFamilyTherapy@Alaska.Gov)

Website: [ProfessionalLicense.Alaska.Gov/BoardOfMaritalFamilyTherapy](http://ProfessionalLicense.Alaska.Gov/BoardOfMaritalFamilyTherapy)

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## Continuing Education Provider's Approval Form Instructions

In order for the Board of Marital and Family Therapy to review programs offered by providers for continuing education, complete form #08-4087 and submit to the letterhead address for Board review.

You must attach:

1. Course/seminar/workshop agenda with hourly break-down of each topic
2. Description of the learning purposes and objectives
3. List of instructors

In accordance with 12 AAC 19.320(a), to be accepted by the Board, continuing education must contribute directly to the professional competency of a marital and family therapist and must be directly related to the skills and knowledge required to implement marital and family therapy principles and methods. The definition of the "practice of marital and family therapy" means:

*... the diagnosis and treatment of mental and emotional disorders that are referenced in the standard diagnostic nomenclature for marital and family therapy, whether cognitive, affective, or behavioral, within the context of human relationships, particularly marital and family systems; marital and family therapy involves:*

- (a) the professional application of assessments and treatments of psycho-therapeutic services to individuals, couples, and families for the purpose of treating the diagnosed emotional and mental disorders.*
- (b) an applied understanding of the dynamics of marital and family interactions, along with the application of psychotherapeutic and counseling techniques for the purpose of resolving intrapersonal and interpersonal conflict and changing perceptions, attitudes, and behaviors in the area of human relationships and family life.*

Therefore, your continuing education program must be in accordance with the regulations as stated above. Attach other information, i.e., syllabus, workshop outline, that is pertinent for the Board to review regarding your program. Once the information has been received, the board will review, and you will be notified by letter of the Board's decision.

- Topics must be relevant to the continuing education of marital and family therapists. Programs designed for members of the general public, paraprofessional counselors or lay members of a church or other helping organizations to do counseling of individuals do not qualify for Board approval.



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## Continuing Education Provider's Approval Form

### **PART I** Sponsoring Organization or Provider Information

<b>Full Name:</b>			
<b>Mailing Address:</b>	P.O. Box or Street	City	State Zip
<b>Email Address:</b>		<b>Phone Number:</b>	
<b>Person Submitting Form:</b>		<b>Contact Phone:</b>	

### **PART II** Course, Seminar or Workshop Information

<b>Title:</b>			
<b>Location:</b>		<b>Date(s) Attended:</b>	
<b>Delivery Type:</b>	<input type="checkbox"/> Live (In-Person) <input type="checkbox"/> Classroom <input type="checkbox"/> Distance <input type="checkbox"/> Online <input type="checkbox"/> Other: _____		
	<b>Topic</b>	<b>Number of Hours</b>	
<input type="checkbox"/>	Addictions		
<input type="checkbox"/>	Adult Therapy		
<input type="checkbox"/>	Childhood and Adolescent Therapy		
<input type="checkbox"/>	Counseling Techniques		
<input type="checkbox"/>	Diagnosis and Treatment		
<input type="checkbox"/>	Domestic Abuse		
<input type="checkbox"/>	Emotional, Mental, Behavioral Health		
<input type="checkbox"/>	Ethics and Boundaries		
<input type="checkbox"/>	Marriage and Relationships		
<input type="checkbox"/>	Supervisory		
<input type="checkbox"/>	Other: _____		

**PART II** Course, Seminar or Workshop Information *(continued)*

Total Hours Requested:	
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**PART III** Attachments

The following must be attached:

- Course/Seminar/Workshop agenda with hourly break-down of each topic.
- Description of the learning purposes and objectives.
- List of all Instructors.

**PART IV** Signature

Applicant Printed Name:	
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Applicant Signature:		Date Signed:	
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