



THE STATE
of

ALASKA

Department of Commerce, Community, and Economic Development
Division of Corporations, Business and Professional Licensing

Board of Psychologists and Psychological Associate Examiners

PO Box 110806, Juneau, AK 99811

Phone: (907) 465-2550

Email: BoardOfPsychologists@Alaska.Gov

Website: ProfessionalLicense.Alaska.Gov/BoardOfPsychologists

Request for Alternate Supervision Plan

PART I Personal Information

Full Legal Name:			
Email Address:		Phone Number:	
License Sought:	<input type="checkbox"/> Psychologist	<input type="checkbox"/> Psychological Associate	Temporary License Number:

PART II Request for Alternate Supervisor

Supervisor Name:		Supervisor License Type:	
State License Held:		Supervisor License Number:	
Proposed Frequency of Face-to-Face Supervision*:			
<i>*(Requirement for Psychologists - 1 hour per week) *(Requirement for Psychological Associates - 1st year - 2 hours per week; 2nd year - 1 hour per week)</i>			
List supervisor's qualifications below. (Degrees, Certification, Licensure, Recognized Expertise) **			
<i>**Supervisor must be a licensed psychologist or a diplomate of the American Board of Professional Psychology 12 AAC 60.070</i>			
State your reasons for requesting an alternate supervisor below.			
Describe the nature and extent of supervision plan. (Must include focus on ethics.)			

Supervisee Signature

I hereby certify the above information is true and complete to the best of my knowledge.			
Applicant Printed Name:			
Applicant Signature:		Date Signed:	

Supervisor Signature

I hereby certify the above information is true and complete to the best of my knowledge.			
Supervisor Printed Name:			
Supervisor Signature:		Date Signed:	

Supervised experience includes direct client contact and preparation for direct client contact, staff meetings, case conferences, report writing, co-therapy, in-service training, and psychodiagnostic assessment. 12 AAC 60.990(a)(6)

“Direct services” means activities performed by a psychologist or psychological associate that are directly related to providing psychological services to a patient, including individual and family psychotherapy, psychological testing, report writing, studying test results, case consultations, and reviewing published works relating to the patient’s needs. 12 AAC 60.990(a)(9)

“Learning activities” means professional development activities approved by the supervisor who signed the applicant’s supervision plan, including individual readings, reading groups, consultation groups, college or university short courses, mail or internet-based education activities, facilitated discussion groups, topic-relevant audio and video presentations, workshops, seminars, and symposia. 12 AAC 60.990(a)(10)

12 AAC 60.080. CRITERIA FOR EVALUATION OF EXPERIENCE.

(a) In order to be credited with the experience required by 12 AAC 60.070, a psychologist or psychological associate applicant must meet the following minimum requirements:

- (1) the applicant’s supervised experience must have been in the same or a similar field of psychology as was the applicant’s education and training;
- (2) a year of experience must consist of not less than 1,500 clock hours completed in not less than 10 months and not more than 24 consecutive calendar months; during weeks the applicant works, the applicant must obtain at least 20 hours, but not more than 40 hours, of supervised experience per week;
- (3) during
 - (A) the first year of post master’s supervised experience, contact between the supervisor and the applicant must be for a minimum of two hours per week of face-to-face supervision, one hour of which must be individual face-to-face supervision, dealing with direct services provided by the applicant; an applicant must also obtain two additional hours per week in learning activities, as defined in 12 AAC 60.990(a)(10), covering case conferences, ethics, co-therapy, and other content assigned by the supervisor; and
 - (B) the second year of post master’s and the year of post doctoral supervised experience, contact between the supervisor and applicant must be for a minimum of one hour per week of individual face-to-face supervision dealing with direct services provided by the applicant;
- (4) at least 80 percent of the supervised experience must be with a licensed psychologist, a diplomate of the American Board of Professional Psychology, or a person holding a doctorate degree in psychology and who is considered by the board qualified to supervise; 20 percent of the supervised experience may be with a psychiatrist licensed under AS 08.64 or a similar law of another state, a psychological associate licensed under AS 08.86 or a similar law of another state, a clinical social worker licensed under AS 08.95 or a similar law of another state, a marriage and family therapist licensed under AS 08.63 or a similar law of another state, or a professional counselor licensed under AS 08.29 or a similar law of another state, who is qualified and competent in the specialty area that is the same or similar to the field of psychology in which the applicant received education and training;
- (5) repealed 5/18/85;
- (6) repealed 3/27/98;
- (7) repealed 3/27/98;

- (8) for a psychologist applicant, post doctoral experience may be earned in any post doctoral training program approved by the American Psychological Association or other program determined by the board to be equivalent;
- (9) of the supervised experience must be for activities constituting direct services, and at least 50 percent of the supervised experience must be face-to-face contact with patients.
- (b) Unsupervised independent private practice, including unsupervised practicums, clerkships, and externships, will not be considered as acceptable supervised professional experience.
- (c) For good cause shown to the board's satisfaction, the board will accept an alternate plan of supervision that varies from the requirement of (a)(3) of this section, if the applicant
 - (1) submits the alternate plan in writing to the board on a form provided by the department; and
 - (2) receives approval of the alternate plan by the board before beginning the alternate supervised experience.
- (d) A supervisor must verify in writing to the board the applicant's supervised experience, setting out the nature and extent of the supervision. A supervisor shall comprehensively document, on a form provided by the department, that during the applicant's supervised experience, the applicant was instructed in issues and concerns related to ethical behavior and that the applicant adequately understands and applies the ethical principles and guidelines.
- (e) For good cause shown to the board's satisfaction, the board will grant an extension up to 12 months for an applicant to complete the supervised experience required under 12 AAC 60.070.
- (f) Repealed 12/8/2005.