



**NATIONAL-INTERSTATE COUNCIL OF STATE BOARDS OF COSMETOLOGY (NIC)
REFERENCES**

This list provides the references used to develop and support the content covered in the NIC
Theory and Practical examinations.

The references are always the same for the Theory and Practical examinations.

BODY PIERCING

REFERENCES

APP Procedure Manual

2013 Edition

Association of Professional Piercers

safepiercing.org

Customer Service: info@safepiercing.org

1.888.888.1277

The Piercing Bible

March 2009

Elayne Angel

<http://piercingbible.com/>

Milady's Standard Esthetics: Fundamentals

2013, 11th Edition

Milady

www.miladypro.com

Customer Service: info@milady.com

800.998.7498 ext. 2700

BLOOD EXPOSURE PROCEDURE FOR EXAM PURPOSES

A. For Injury on the Candidate:

1. Stop the service
2. Sanitize hand or puts on glove (over minor cut)
3. Remove supplies from the First Aid Kit
4. Remove gloves and dispose
5. Wipe minor cut with antiseptic
6. Apply adhesive bandage
7. Place all single use items in trash
8. Apply finger guard or glove
9. Return to service

B. For Injury on the Client:

1. Stop the service
2. Sanitize hands or puts on gloves
3. Remove supplies from First Aid Kit
4. Wipe minor cut with antiseptic
5. Apply adhesive bandage
6. Place all single use items in trash
7. Return to service

Effective date July 1, 2020