

## Board Breakdown of Massage Curriculum\* (Definition of Massage School)

The board will evaluate every transcript submitted with an Application by Examination to ensure that it meets or exceeds the following breakdown. Remedial courses may be assigned at board's discretion to enable a pathway to licensure for the applicant.

<u>Content</u>	<u>500 Hours**</u>	<u>625 Hours**</u>
<b>Anatomy &amp; Physiology Pathology, Kinesiology:</b> -At least 40 hours in pathology, including indications and contraindications. -Muscular system -Nervous system -Osteology -Circulatory System -Kinesiology	<b>130</b>	<b>162</b>
<b>Massage Theory and Practical Application:</b> -Assessment-Basic massage therapy techniques dedicated to the study of massage therapy and various clinically related modalities. -No more than 50 hours should address techniques that are exempt from license requirements. -Practical application not to exceed more than 20% of total hours of the massage program	<b>220</b>	<b>275</b>
<b>Clinical Practice:</b> -Universal and standard precautions -Self-care -Body mechanics -Draping -Record Keeping -Business Practices and professional development -Medical terminology	<b>110</b>	<b>138</b>
<b>Ethics and Law:</b> -Local and state laws -Therapeutic relationships -Professional boundaries	<b>40</b>	<b>50</b>
* the Board of Massage Therapists reserves the right to adjust these numbers if the total program hours change. ** July 1, 2015- June 30, 2019- 500- hour requirement July 1, 2019- Present- 625-hour requirement		

From September 10-11, 2018 meeting minutes  
 Effective April 17, 2019