



Alaska Board of Massage Therapists
PO Box 110806, Juneau, AK 99811-0806
(907) 465-3811

Email: BoardOfMassageTherapists@Alaska.Gov

Website: ProfessionalLicense.Alaska.Gov/BoardOfMassageTherapists

625 Hours Transcript Analysis Form Instructions

The Alaska Board of Massage Therapy ("Board") approved a course of study of 625 hours for individual licensure effective July 1, 2019, which is posted on the Board's website and detailed below.

Applicants are encouraged to consult their massage school or program in the completion of this form.

Please complete this form and provide the following documentation for the Board to review for approval of your application:

All Course syllabi and/or School Catalogue, which should include a course description for each course taken and outlines of class dates and subject matter covered.

Educational Requirements:

The minimum educational qualifications for licensure as a massage therapist include:

Completion of a course of study of at least 625 hours from an approved massage therapy school or program which shall comply with the requirements specified in the following table:

Description of Course Content:

Anatomy & Physiology, Pathology, and Kinesiology: Pertains to the education in the study of human anatomy, pathology, and kinesiology. These hours educate a massage therapist to identify human anatomy to perform palpation, massage technique, and contraindications.

- At least 40 hours in pathology, including indication and contraindications
- Muscular System
- Nervous System
- Osteology
- Circulatory System
- Kinesiology

Massage Theory and Practical Application: Pertains to education in the study of modality and application of the tasks in applying these studies as a massage therapist. These hours would include a massage students actual clinical work conducting massage therapy assessment and clinically related modalities and techniques.

- Assessment: Basic massage therapy techniques dedicated to the study of massage therapy and various clinically related modalities
- No more than 50 hours should address techniques that are exempt from license requirements
- Practical application not to exceed more than 20% (125 hours) of total hours of the massage program

Clinical Practice: Pertains to education in conducting massage therapy safely and competently as a professional massage therapist. The following topics are considered part of clinical practice:

- Universal and Standard Precautions
- Self-Care
- Body Mechanics
- Draping
- Record Keeping
- Business Practices and Professional Development
- Medical Terminology

Ethics and Law: Pertains to education in the study of professional ethical conduct, boundaries, relationships, and the study of state and local laws.

- Local and State Laws
- Therapeutic Relationships
- Professional Boundaries



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625 Hours Transcript Analysis Form

Applicant's Name:	
Applicant Address:	

Subject	Hours
Section A: Anatomy & Physiology, Pathology, Kinesiology	162 Hours
Section B: Massage Theory and Practical Application	275 Hours
Section C: Clinical Practice	138 Hours
Section D: Ethics and Law	50 Hours

SECTION A: 162 Hours: Anatomy & Physiology, Pathology, Kinesiology

Please list all courses specific to Section A to be considered towards the Alaska Massage Therapy Requirements for Licensure. Only list the number of hours in each course that were devoted to Section A subject matter. Additional pages may be added as necessary.

Course Name (from transcript)	Start Date	End Date	Hours Completed
Total Hours:			

SECTION B: 275 Hours: Massage Theory and Practical Application

Please list all courses specific to Section B to be considered towards the Alaska Massage Therapy Educational Requirements for Licensure. Only list the number of hours in each course that were devoted to Section B subject matter. Additional pages may be added as necessary.

Course Name (from transcript)	Start Date	End Date	Hours Completed
Total Hours:			



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625 Hours Transcript Analysis Form Continued

SECTION C: 138 Hours: Clinical Practice

Please list all courses specific to Section C to be considered towards the Alaska Massage Therapy Educational Requirements for Licensure. Only list the number of hours in each course that were devoted to Section C subject matter. Additional pages may be added as necessary.

Course Name (from transcript)	Start Date	End Date	Hours Completed
Total Hours:			

SECTION D: 50 Hours: Ethics & Law

Please list all courses specific to Section D to be considered towards the Alaska Massage Therapy Education Requirements for Licensure. Only list the number of hours in each course that were devoted to Section D subject matter. Additional pages may be added as necessary.

Course Name (from transcript)	Start Date	End Date	Hours Completed
Total Hours:			

Certification of Applicant:

I hereby certify that the information on this form is true and correct to the best of my knowledge and that all credentials supplied by me to support my application are true and correct. The Division may deny, suspend, or revoke the license of a person who has obtained or has attempted to obtain a license by fraud or deceit. The person may also be subjected to criminal charges for perjury or unsworn falsification. (AS 11.56.210)

Applicant Name:

Applicant's Signature:

Date: