

Annual Report

Fiscal Year 2019

ALASKA BOARD OF MARITAL AND FAMILY THERAPY



**Department of Commerce, Community
and Economic Development**

**Division of Corporations, Business
and Professional Licensing**

This annual performance report is presented in accordance with
Alaska statute AS 08.01.070(10).

Its purpose is to report the accomplishments, activities, and the
past and present needs of the licensing program.

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Goals and Objectives (continued)

Part I (continued)

FY 2019's goals and objectives, and how they were met:

- 16) The board will continue to review and explore title vigilance. The board regularly reviews and is open to explore issues relating to title vigilance.
- 17) The board will continue to be source of information for legislatures and executive branches of the state government. The board will continue to represent its missions, goals, and mandates as it interacts with legislators and executive branches.
- 18) The board will continue its goals to increase board education to improve its function by sending delegates to national conferences and/or trainings such as "Clear" and American Association of Marital and Family Therapy Regulation Board (AMFTRB). While it was anticipated one board licensee member will attend the Clear conference and the AMFTRB, paperwork was not submitted to the board member with enough time to secure travel. It is the Board's goal to send Karen Cunningham, LMFT, to the next AMFTRB meeting. One of Alaska's Board Members, Karen Cunningham, LMFT, has been nominated for the Secretary Position for the AMFTRB and other members support her nomination.
- 19) The board will continue their affiliation and full membership with the American Association of Marital and Family Therapy Regulations Board (AMFTRB).
- 20) The board will continue to review and explore title vigilance. The board regularly reviews and is open to explore issues relating to title vigilance.
- 21) The board will continue to be source of information for legislatures and executive branches of the state government. The board will continue to represent its missions, goals, and mandates as it interacts with legislators and executive branches.

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Goals and Objectives

Part II

FY 2020's goals and objectives, and proposed methods to achieve them.

Describe any strengths, weaknesses, opportunities, threats and required resources:

Goal 1: The board will pursue joint recommendations from AAMFT, COAMFT, and AMFTRB regarding certification, Registration, or compact agreements to facilitate license portability.

Objective 1: Continue to seek input from the National Organization, AAMFT, the APA and various MFT Boards.

Objective 2: Continue to draft a proposal for legislation of statutes and regulations.

Goal 2: The board of Marital and Family Therapy will continue to review statutes and regulations to be consistent with the practice of marital and family therapy.

Objective 1: Continue to recommend other statutes and regulations as needed.

Goal 3: The board will continue to review applications of marriage and family therapists by credentials, by examination, or supervisor status, and for associates in an established manner.

Goal 4: The board will continue its responsibility to improve the process of approving continuing education, while maintaining professional standards.

Objective 1: Continue to approve training relevant to the profession in a changing post-modern world.

Objective 2: Continue to standardize and streamline the process for approval of continuing education while maintaining the integrity of the mission of the Board

Goal 5: The board will continue to work closely with the investigator assigned at their request.

Goal 6: The board will continue use of brief evaluations with each Board meeting.

Goal 7: The board will continue to work with the Division of Corporations, Business and Professional Licensing with the goal to continue to reduce fees as is reasonable to maintain a balanced budget.

Objective 1: Continue to clarify budget needs.

Objective 2: Continue to review expenses at each regular scheduled Board meeting.

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Goals and Objectives

Part II

FY 2020's goals and objectives, and proposed methods to achieve them.

Describe any strengths, weaknesses, opportunities, threats and required resources:

Goal 8: The board will continue to work with the Governor's office to fill vacant Board seats in a timely manner.

Objective 1: Continue to encourage the Governor's office to reappoint current members or appoint a new member in a timely manner.

Goal 9: The board will continue collaborative relations with the Division of Corporations, Business and Professional Licensing.

Objective 1: Continue to communicate with the licensing examiner.

Goal 10: The board will be a presence and information source for legislators and executive branches of the state government.

Objective 1: Complete forms provided to Board members after each contact made with a legislator or legislative office on behalf of the Board.

Objective 2: Continue to be updated on the functions of the investigator's office.

Goal 11: The board will continue work on distance therapy and teletherapy to allow for therapists not licensed in Alaska, and not establishing a practice in Alaska, to do limited sessions with people residing in Alaska.

Objective 1: Continue to revise and finalize draft of the Board's teletherapy regulations, which address both the provision of distance therapy and distance supervision.

Goal 12: The board will continue to review research and consider new technological advances as it pertains to therapy, Supervision, and training.

Objective 1: Continue to address these issues during the legislative session.

Objective 2: Seek support, awareness, and endorsements by legislative members and the Governor.

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Goals and Objectives (continued)

Part II (continued)

FY 2020's goals and objectives, and proposed methods to achieve them.

Describe any strengths, weaknesses, opportunities, threats and required resources:

Goal 13: The board will continue to require licensing as an MFT associate before acquiring clinical and supervision hours.

Objective 1: Continue to address the issue of previous experience and labor mobility before this change.

Objective 2: Continue to review current statutes and regulations and propose changes necessary to match national trends.

Goal 14: The board will research and consider ways of insuring MFT licensees have knowledge of their statutes and regulations.

Objective 1: Send mail outs to licensees to update and inform them of current statutes and regulations.

Goal 15: The board will continue their affiliation and full membership with the Association of Marital and Family Therapy (AAMFT) and the Regulation Board (AMFTRB).

Objective 1: Continue to attend annual meetings to maintain an Alaska perspective and stay informed of what is occurring nationwide.

Goal 16: The board will continue its goals to increase Board education to improve its function by sending delegates to national conferences and/or trainings such as the American Association for Marriage and Family Therapy's yearly conference; the American Association for Marriage and Family Therapy's (AAMFT) yearly Regulatory Board (AAMFTRB) meeting; and the Council on Licensure, Enforcement & Regulation's (CLEAR) annual conference.

Goal 17: The board will continue to review and explore title vigilance.

Objective 1: Continue to regularly review and be open to exploring issues relating to title vigilance.

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Sunset Audit Recommendations

Date of Last Legislative Audit: May 9, 2017
Board Sunset Date: June 30, 2026

Audit Recommendation: No new recommendations were made as part of this audit.

Action Taken:

Next Steps:

Date Completed: