

Certificate of Medical Examination

The State of Alaska requires an examination to determine that all State of Alaska licensed marine pilots, deputy marine pilots, and authorized pilot trainees are of sound health, with no physical or mental limitations that would hinder or prevent performance of duties. This form is to be completed by the applicant and examining licensed physician (MD or DO) and submitted with the initial application for a marine pilot license, biennial license renewal of a marine pilot license, and the application for a marine pilot trainee authorization to commence supervised maneuvers. In accordance with 12 AAC 56.028 and 56.029, a valid United States Coast Guard license with an endorsement of first-class pilotage without tonnage restrictions is required for licensure as a State of Alaska Pilot and satisfies the physical agility requirements for State licensure.

Applicant: Complete the identifying information below and forward a copy of this form to the exan	nining licensed
Applicant: physician (MD or DO).	

Appl	icant Name:		License Number:			
Mailing Address:		P.O. Box or Street City	State		Zip	
Place	e of Birth:		Date of Birth:			
 Are you currently taking any medications (prescription or over-the-counter) or do you have an active prescription for an existing condition? If yes, identify all medications below and explain fully to the examining physician. 			Yes	No		
 Do you have any medical condition, physical impairment, or mental condition which may interfere with the performance of your duties as per 12 AAC 56.025(a)(10) and 12 AAC 56.080(b)(2)? If yes, identify below and explain fully to the examining physician. 				Yes	No	
3.	Are you curr physician?	ently under the care of any health care professionals other	than the examining			
	• • •	tify all health care professionals and the conditions for which care of (not including the examining physician) in #4 below an physician.			Yes	No
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Examining Physician:

Complete this bottom part for the applicant identified above and return the form directly to the Alaska Board of Marine Pilots at the letterhead address.

Physician Name: (MD or DO)				Phone Number:		
Mailing Address:	P.O. Box or S	Street City			State	Zip
Height/Weight						
Height (ft, in):			Weig	ht (lbs.):		
Eyes – Distant Vision (Snellen)						
<i>Without Glasses</i> (Left Eye):				out Glasses t Eye):		
<i>With Glasses (if wo</i> (Left Eye):	orn)			<i>Glasses (if worn)</i> t Eye):		
Eyes – Color Visior	1					

Is color vision normal when Ishihara or other color plate test is used?	Yes	No No
<i>If no</i> , can applicant pass lantern, yarn or other comparable test?	Yes	No No

Ears – Ordinary Conversation

Record the greatest distance heard below in feet. Normal denominators are considered to be 20 feet.

Left Ear (ft):		Right Ear (ft):	
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Urinalysis

Drug Screening Urinalysis Completed? If yes, the lab must mail results directly to the division at the letterhead address.	Yes	No No

Other Findings

Describe any anomalies in each of the following areas (including diseases, scars and brief history, if pertinent). Indicate if normal or if additional follow-up is recommended.	Normal	Follow-up Recommended
1. Eyes, ears, nose and throat (Including tooth & oral hygiene)		
2. Head and back (including face, hair and scalp)		
3. Speech (note any malfunction)		
4. Skin and lymph nodes (including thyroid gland)		

Other Findings (continued)

Describe any anomalies in each of the following areas (including diseases, scars and brief history, if pertinent). Indicate if normal or if additional follow-up is recommended.	Normal	Follow-up Recommended
5. Abdomen		
6. Peripheral blood vessels		
7. Extremities		
8. Urinalysis (if indicated)		
a. Specific Gravity		
b. Sugar		
c. Blood		
d. Albumen		
e. Casts		
f. Pus		
9. Respiratory tract (x-ray if indicated)		
10. Heart pulse (size, rate, rhythm, function)		
11. Back		
12. Neurological & mental health		
13. Medications review		

Select ONE (1) of the following:

I find no disqualifying factors at this time that would prevent this person from performing the duties of a marine pilot.

I recommend follow-up as noted below.

Summarize any medical findings which, in your opinion would materially limit this person's performance of duties or that you recommend for follow-up (if none, so state). Please note any issues with eyesight, hearing, blood pressure, physical agility, and cognitive capabilities as per 12 AAC 56.025(a)(10) and 12 AAC 56.080(b)(2)

Signatures

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Acknowledgement of Pilot Duties by E	Examining Physician:
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- Pilot Responsibilities: Marine pilots ensure the safe navigation of ships, directing movements based upon their unique knowledge of local weather, tides, current, hydrography and vessel handling characteristics. In addition to coping with the physical challenges of being at sea, the marine pilot must sift various and often simultaneous inputs from the bridge crew, radio traffic, complex navigation instruments, and their own senses to judiciously and timely arrive at a proper course of action. The pilot must communicate orders and coordinate with various bridge crew and other vessel traffic to ensure the safety of the vessel, the crew and cargo and the marine environment.
- Physical and Mental Abilities: A marine pilot must be able to perform assigned shipboard functions and meet the demands that would reasonably arise during emergency response at any time of day or night, frequently during adverse weather and coping with the motion of the vessel while continuing in their duties; including (but not limited to) being capable of safely transferring between vessels at sea, climb a rope ladder and have the cognitive ability to process multiple inputs of information and make decisions without delay.
- **Fitness-For-Duty**: A marine pilot must not have any medical or physical condition which will prohibit, obstruct, or negatively affect the full performance of their duty and be free from any medical conditions that pose a risk of sudden incapacitation which would affect transferring to and from and operating or working on vessels.
- Physician Acknowledgement: I have read the above information and understand the duties and responsibilities of a State of Alaska marine pilot and have taken them into consideration during my evaluation of the above applicant.

Examining Physician Printed Name:		
Examining Physician Signature:	Date Signed:	
Applicant Printed Name:		
Applicant Signature:	Date Signed:	